

St. Ives Local

FREE

NOVEMBER / DECEMBER 2023 | ISSUE 53



Winter Wonderland St Ives Bay at Christmas

THE ST IVES BAY MAGAZINE



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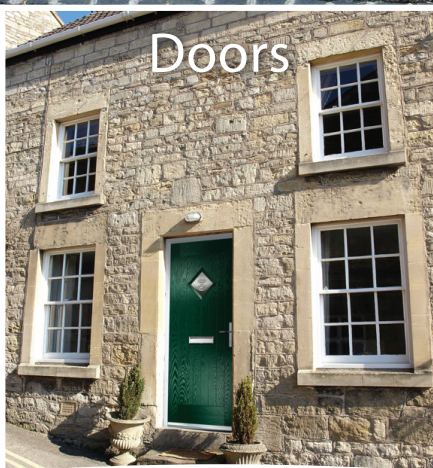
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Welcome...

The nights are darker, but they're about to be illuminated with winter lights.

Christmas is coming and we have a preview of many events coming up over the next couple of months, along with our now traditional gift guide. Our towns may not be as busy as they were in the summer, which is all the more reason to support local independent businesses when buying for your nearest and dearest. We're delighted to welcome some new local advertisers, too, giving you more ideas for gifts, and also for those special seasonal family gatherings.

It's been a big year for St Ives Local, developing not only the magazine but our web and social media presence, too. And we've welcomed the fabulous Nicole Tesseyman to our team, as our Advertising Manager. She's helping us build partnerships with local businesses. If you'd like to talk to Nicole about advertising or advertorial opportunities, call her on 07791 678571 or email nicole@stiveslocal.uk. If she seems familiar, she's also a talented singer/songwriter – keep a look-out for her concerts and pub music sessions!



Don't forget, we deliver more than 18,000 copies of St Ives Local to homes and businesses in the St Ives and Hayle postcode areas. Log onto our website – stiveslocal.uk – follow us on Facebook, Instagram, and X (formerly known as Twitter), and send us your stories, reports, and listings. And if you visit or contact any of our advertisers, tell them you found them via St Ives Local.

We wish you a Happy and Peaceful Christmas. We'll see you again with our New Year issue – we're taking bookings now!

Liz and Darren Norbury

Editors

07444 199081 | hello@stiveslocal.uk



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Wednesdays 4pm, 5.30pm & 7pm or
Thursdays 8am & 9.30am
Tel: Trisha 07813180075

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Town Deal projects gain momentum

The St Ives Town Deal projects are gathering momentum, with the closure of the Guildhall signalling a major stage of redevelopment getting under way.

The farmers and antiques market have moved temporarily to the Island Centre while the refurbishment gets under way. The Guildhall has been managed by the town council since 2013. It has always provided a space for live performance and entertainment for the local community. Now the town council aims to:

- re-develop the front of the building to provide a warm welcome to all;
- re-invest in the fabric of the building, fit for the 21st century, bringing in energy efficiency and sound reduction measures, plus a high-quality audio and visual set-up;
- introduce a versatile and comfortable new seating system, that is quick to turn around to make the space more flexible; and
- create a diverse programme of events and activities.

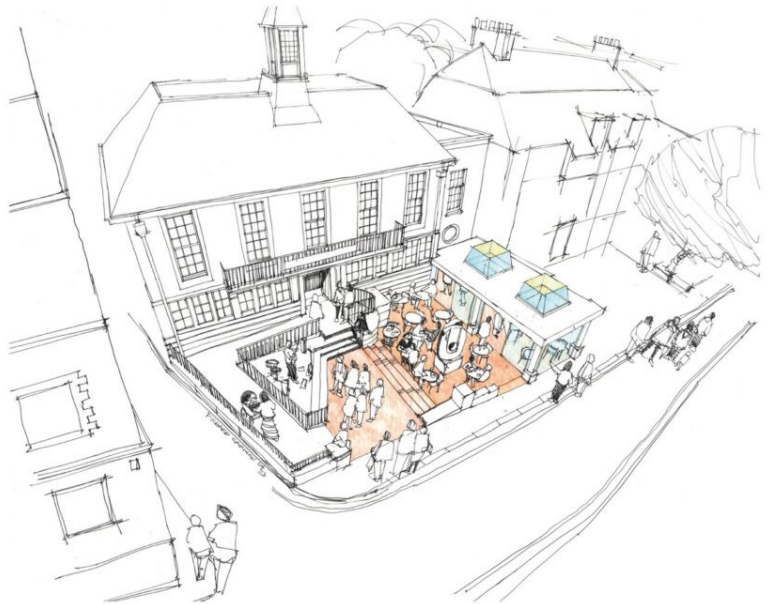
Work is getting under way, too, on the St Ives Theatre, home to the hugely successful and influential Kidz R Us team. The theatre has received its first grant payment of £109,000 from the Town Deal Fund, as part of a £1.5m project to refurbish and extend the venue.

Planning permission for the project was granted in January 2023, with work on the first phase – the roof and façade of the converted Wesleyan chapel – beginning later the same month. Led by Shaun Rothwell and a team from Rothwell Historical Restoration, this phase was completed at the beginning of April, enabling the theatre to stage



its summer programme. Work on the second phase of the project, which is supported by funding from the Town Deal, is currently due to begin in early January.

Nine projects in St Ives have been approved to share £19.9m from the government's Town Deal. These include plans to create a low-carbon transport system, support local business and jobs, and develop new skills and supply chains, as well as provide new and transformed housing and community assets. Of these six projects — St Ives Community Orchard and Nature Reserve, Leach Pottery, St Ives Guildhall, Housing and Rugby Club relocation, St Ives Enterprise Grants scheme, and St Ives Theatre — have now received their first grant payments from the fund.





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www.cornishrivieraholidays.co.uk

Hayle in Bloom needs help to keep flourishing

Hayle in Bloom has once again achieved Gold status in the South West in Bloom contest – and the group is now seeking two new volunteers to lead its enthusiastic team of award-winning gardeners.

Hayle in Bloom volunteer Paul Clark said: “Hopefully locals and visitors alike have enjoyed the benefits of the work carried out over many years by our volunteers in trying to make Hayle look its best. The majority of our individual entries were rated as outstanding by South West in Bloom this year, which is something for everyone in Hayle to feel proud of.”

Since the departure of chair and secretary Richard and Jill Barber earlier this year, vice-chair Nigel Powell and his wife Jose have taken on the positions on a temporary basis until Hayle in Bloom’s AGM in February, but none of the group’s existing volunteers are in a position to lead the group after that. Anyone interested in becoming chair or secretary doesn’t need to have any gardening



experience, says Paul, and they may or may not wish to “get their hands dirty”.

“There is a structure already in place and help on hand when needed, and we have an excellent treasurer in Barry Conner, In the meantime, Richard, Jill, Nigel and Jose all intend to continue looking after various beds, Volunteers will also carry on with their own beds, and any grants or donations received will be used to fill a few selected tubs and baskets. We’re all very keen to continue taking part in the South West in Bloom competition.”

Hayle in Bloom meets on the last Monday of the month for 10 months of the year. To find out more, contact Paul Clark on 07584 060100 or Barry Conner 07717 205804.

Town clerk Louise shortlisted for national award

St Ives Town Council clerk Louise Dwelly will find out soon whether she has won a prestigious National Star Council Award.

After an exhaustive evaluation process, an expert panel of judges has shortlisted six exceptional individuals as the best town clerks in the country. The awards celebrate excellence and innovation in the local council sector. “This accolade demonstrates what we in St Ives have known for some years – that Louise is one of the best town clerks in the business,” said St Ives mayor, Johnnie Wells. “Her dedication to excellence is truly commendable, and on behalf of all councillors I extend my heartfelt congratulations to her for reaching this significant milestone.”

Louise said: “I am very surprised and thrilled to be shortlisted for the national awards. Local councils are often overlooked, but they really are at the forefront of their communities. I became a town clerk three years ago, and it has been a challenging, exciting, and dynamic journey, with so many rewarding experiences and teamwork. It’s very simply the best job I ever had.” The award winners will be announced during a National Association of Local Councils Parliamentary reception, on 29th November, at the House of Lords.





St. Ives Library
& VISITOR INFORMATION



Left Luggage

Free Wi-Fi

Shop

Christmas Craft Fayre

Saturday 2nd December • 09:30-16:00

Festive stalls from local makers. Free entry.

Festive Frolics

Saturday 16th December

Father Christmas & the elves take over the library!

Follow us on social media for updates!

@stiveslibrary

St. Ives BOX OFFICE

We're home to St Ives Box Office, selling tickets for events at venues all over town. Pop in, give us a call on **01736 796297** or visit **stives.ticketsolve.com** to see what's on and book your tickets.

Weekly Activities



Rhyme Time

Wednesdays
10:45-11:15

Songs & stories for pre-school children and their carers.



Art Club

Saturdays
10:00-11:00 & 11:15-12:15

Each week, art teacher Peach explores new artists and techniques.



@stiveslibrary
@visitstives

St Ives Library & Visitor Information Centre
Gabriel Street
TR26 2LX

Open Mon - Sat • 09:30 - 16:00

01736 796297
info@visitstives.org.uk
stivestowncouncil-cornwall.gov.uk



St Ives Town Council

The nights are longer - it's lighting up time

It may seem like summer's only just gone, but the season of Christmas is nearly upon us. St Ives Bay becomes a magical place in winter, and there's plenty going on for locals and visitors alike.

Aimed at bringing a little sparkle and magic to the street in darker evenings, St Ives BID's Winter Lights programme commenced as soon as the clocks went back on 29th October. Incidentally, despite being one of the biggest sets of town lights in Europe, St Ives' are also incredibly energy efficient. The Fore Street lights, for example, cost just 7p a day to run.



he will be greeted by the mayor, Johnnie Wells. The big switch-on of the town Christmas lights will take place from Café Art between 7pm and 7.30pm where the main tree in the square will also be lit.

The big night, of course, is Wednesday, 13th December, when Father Christmas will make his annual arrival in town on the Lifeboat. Coming ashore at about 6:30 pm, he will then process along The Wharf into Fore Street, Market Square, High Street, Tregenna Place, and then on to Café Art in Royal Square where



Although yet to be confirmed officially as we went to press, we expect the New Year's Eve celebrations, and midnight fireworks, to take their usual colourful form. Watch our social media for more details. Speaking of fireworks, get yourselves to Porthminster Beach on 5th November for a display hosted by St Ives Town Football Club.

Ugly Butterfly

Sustainable | Local | Luxury

Ugly Butterfly by Adam Handling, on the stunning coast of Carbis Bay, showcases the wealth of local produce, to create our seasonal tasting menu. The kitchen and bar utilise all parts of an ingredient to ensure nothing is wasted. There's no such thing as an ugly butterfly, in the same way there's no such thing as food waste.

Book now for lunch, dinner or afternoon tea
reservations@uglybutterfly.co.uk | 01736 805800
 Bring this magazine to your booking for a free glass of bubbles.

We are a traditional local pub between St Ives and Penzance, which serves great pub grub and offers accommodation. We have a large car park, and welcome motorhomes and campervans. We're very dog-friendly, and we have fantastic views from our large beer garden, with amazing sunsets, as you'll see from our Facebook page:

The Engine Inn, Crippleasease.

Tel: 01736 741311
Email: frostiepippin@hotmail.com
 The Engine Inn, Crippleasease, Nancladra, Penzance, TR20 8NF

Christmas Show!

Nicole Tesseyman & Her "Little Larks" Returning To The Arts Club!

"The Grinch Vs Christmas Joy!"

Tickets
 Adults £7.00
 Children £4.00
 Tickets! On The Door

**Saturday
 25th November
 5pm - 6pm**

St Ives Farmers' Market: Cornish Sea Salt

A chat with wholesaler Graham Bradshaw

Cornish Sea Salt is now exported across the globe. How did it all begin?

The founder of the company, Tony Fraser, was out walking on the Lizard many years ago when he found what turned out to be an Iron Age salt works in a remote cove. He did some research, and discovered that the salt harvested there had been used as a preservative for Cornish pilchards. Tony wondered if this process could be revived, and 15 years ago, harvesting of sea salt began at Porthkerris Beach. Through his perseverance, Tony brought the business to where it is now. Cornish Sea Salt is now sold in more than 30 countries. The plant at Porthkerris operates 24 hours a day, so there's always enough salt to send around the world.



Why do you think it has been so successful?

It has a unique flavour, because of the high mineral content – it's high in magnesium and calcium, but low in sodium. The salt is hand-harvested eight metres from the water's edge, so it doesn't travel very far! It fits in well with the interest there is now in buying local, and the resurgence in people cooking at home due to the cost-of-living crisis.

How did the business develop?

We sell salt as flakes now, as well as the original crystals, and we've moved into flavoured salts as a follow-on from the core product. When the salt has been harvested, we add other natural ingredients using various blending techniques. Chili and garlic was the first flavour, and it's still popular today. Others which go down well are lemon and thyme – it works really well with chicken and fish – and a seaweed blend, using seaweed from Coverack, not far from where the salt is harvested. Various chefs have passed on ideas for different flavours, and we develop new flavours every few months: regular customers are always waiting for the new ones to come. The latest ones are herb, piri piri and smoky paprika. And we're launched a Super Seed Topper, with nigella seeds and poppy seeds, which has a Mediterranean-style flavour and can be used with salads.



How did you become involved with the company?

I was in the entertainment business for many years, organising weddings and events, which I enjoyed, but I felt like having a change, and I've been with Cornish Sea Salt almost since the start. I didn't know much about food, but you soon learn! I now represent the company at food shows and farmers' markets all around the Westcountry, up as far as Bristol. I give advice to people about how different salts go with different meals. Sometimes customers give me recipes, which I love trying at home. I can then pass the recipes to other customers.

What do you recommend for Christmas cooking?

Roasting salt is the Christmas one – it's flavoured with garlic, onion, rosemary and sage. We do gift packs which make great Christmas presents for foodies: stacks of up to eight different flavours. People can choose their selection from any of our salts.

Visit www.cornishseasalt.co.uk for ideas for using flavoured salts in savoury and sweet Christmas cooking. St Ives Farmers' Market is now at the Island Centre every Monday from 9.30am to 2pm.

tregenna

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To book Christmas Party Nights;
events@tregenna-castle.co.uk

To book a Festive Afternoon Tea or a Christmas Lunch in December;
restaurant@tregenna-castle.co.uk

For more information;
tregenna-castle.co.uk/christmas-2023



St Ives Farmers' Market



Every Monday at the
Island Centre, 2 The Ropewalk,
St Ives, TR26 1SY
From 9.30am - 2.00pm

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RECIPES

HONEST FOOD

Recipe: Mushroom Breton with Cheddar and herb crumb

A winter warmer from resident St Ives Local chef, Danny Rouncefield, AKA The Cornish Chef. "Great as a starter, or with some pasta mixed in for a warming main course," says Danny. "It can be turned vegan easily with the alternatives you can now get."

Danny specialises in dinner parties, pop-ups, and cookery classes. Find out more at thecornishchef.co.uk

INGREDIENTS

200g button mushrooms
Half a white onion
Clove of garlic
40g thyme
Olive oil, for frying
200ml double cream
50g butter
50g parsley
100ml white wine
50g panko breadcrumbs
50g Cheddar cheese
Good quality sea salt
Cracked black pepper
Pea shoots for garnish

METHOD

Start off by finely chopping your white onion, garlic, and half the thyme. In a large, thick-bottomed saucepan warm up a drizzle of olive oil until it starts to shimmer. Add in your chopped ingredients and allow to soften.

While this is happening, quarter the mushrooms. When the onion is soft without colour, add the mushrooms to the pan and allow to fry for 2 or 3 minutes. Pour in the white wine and allow the mix to come back up to heat. Reduce by half.



Pour in the cream, chopped parsley, and a good pinch of salt and pepper. Reduce heat and simmer for 5 minutes to allow the cream to thicken. Once the cream has thickened, add the butter and stir into the sauce. This will give a smooth glossy texture.

While this is happening, make your crumb topping by mixing the Cheddar, chopped thyme and panko breadcrumbs, together with a pinch of black pepper.

Get 4 tapas bowls, or ramekins. If you don't have either, you can do one large Breton in a pie dish and serve at the table to share. Pour your mix into your chosen dishes and top with the herby crumb.

Grill until breadcrumbs are golden. Finish by topping with pea shoots.



Belgian Bar & Bites

A hidden gem awaits... Tucked away in the St Andrews St Hideaway Quarter, escape the hustle and bustle of St Ives and retreat into a Belgian oasis by the Cornish Coast. Belgium is famed for its incomparable brewing traditions, continuous flow of beer and exquisite wholesome cuisine. Here at the family run Bier Huis, our guests can expect to indulge in these authentic dining and drinking rituals, brought to you in splendid surroundings, by a dedicated and passionate team. Open 12-10pm daily, (check website) you can choose from the largest Belgian Bier collection in Cornwall, with over 75 bottles and 8 draught varieties. On Sundays, expect live music from local artists, 2-4pm, to accompany your journey of Belgian discovery. Bookings recommended through our website, takeaway Bier available all day.

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info@bierhuisgrandcafe.co.uk | www.bierhuisgrandcafe.co.uk

16 St Andrews Street, St. Ives TR26 1AH



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Main A30, Crowlas TR20 8DX



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St Ives September Festival: “The buzz in the town was fantastic”

The sell-outs came thick and fast, and so did the plaudits for this year’s 15-day St Ives September Festival.

American pop legends the Three Degrees, who arrived early for cream teas – Cornish style, with jam first, of course – before the first of 31 dates on their UK tour, messaged: “We had a wonderful time at our sold-out show in St Ives. An incredible cream tea at Pedn Olva with the most beautiful views! Thank you to everyone who looked after us. We had a wonderful day and a fabulous show! You were all on fire.”

Anna “Songbird” Fern, after appearing at three venues in three days agreed: “Loved every minute, and loved performing at this amazing festival”. And a year on from her debut, St Ives singer-songwriter Nicole Tesseyman said: “I owe my start to the St Ives September Festival. I’ve thoroughly enjoyed being part of it for the second year running and hope to always be part of it in the future. I also enjoyed watching all the other amazing musicians and singers. The overall buzz in the town was fantastic.”

A scorching first Saturday of street entertainment sponsored by Aspects Holidays,



ACapella Moonshine

featuring more than 80 performers, created a sunny mood which prevailed throughout a fortnight featuring a number of firsts. Bier Huis Grand Café – who messaged “We had a great time” – and Harbour View House each hosted eight music events as first-time festival venues, and new sponsors St Ives Brewery provided the “official beers of the Festival” and a new set of T-shirts for festival volunteers.

Skillywidden introduced Nos Lowen Cornish dancing and had the Guildhall bouncing, while performance poet Dhyano opened his Dada



Show Of Hands



The Three Degrees enjoy a cream tea



Lounge in the Big Cellar beneath Porthmeor Studios for the whole of the second week. As well as The Three Degrees, “House Full” signs were posted by Show of Hands – on what could be their last St Ives appearance as they embarked on their Final Circle tour – the Good Old Fashioned Lover Boys’ Queen Live show (for the second successive year), comedian Gary Delaney and the Bowie Lounge Space Face 10th anniversary show.

Spirit of Place at three separate venues – and talks filling smaller venues.

The festival will inevitably have a different look next year, with the Guildhall closed until the spring of 2025 for a major renovation project – but that could mean bigger audiences for some rising stars keen to appear at other venues all over town.

The sold-out trend continued with Irish folk star Cara Dillon and the Celtic Male Ensemble at St Ia Church, with several music events, films – including showings of Cornwall-made Zennor



St Ives September Festival needs you!

More than 250 events made up this year’s St Ives September Festival – and they were co-ordinated by a main organising committee of just five people. That number needs to increase if the festival is to continue, attract more innovative events, and progress in its current form. The organisers would love to hear from anyone wishing to be part of the festival’s volunteer team, particularly enthusiastic people with Wordpress website skills – or a desire to learn – social media flair, and ideas which they would like to bring to the festival and develop. “We are very flexible, there are no set times or hours, and you can basically contribute and work on what appeals to you,” is the message from the festival committee.

“Interested? Email us at info@stivesseptemberfestival.co.uk to tell us what you can offer and we’ll get back to you.”

What's On November & December

MONDAYS

Little Ones at The Bridge Toddler Café and Bump to One

At The Bridge, Penpol Terrace, Hayle. Toddler Café runs from 9.30am-10.30am in term time. A range of resources to support your child's learning through play. Bump to One runs from 10.45am-11.45am and is also free. Sensory toys and age-appropriate resources for your baby, and tea or coffee for you. haylelightandlife.co.uk/little-ones

Pilates

Carbis Bay, 9.30pm, £6. Suitable for beginners and people who are struggling with pain or long-term conditions, such as arthritides, but want to exercise in a safe environment with a physiotherapist. For details, email sheryl@beachsidephysiotherapy.co.uk or phone 07376 601061.

Iyengar yoga

In the Greta Williams Room, St Ives Library, 9.30am-11am. All levels welcome. £10.

St Ives Farmers' Market

At the Island Centre, 9.30am-2pm. October only. At the Guildhall on Thursdays during September.

St Ives Arts Club

Arts Group, 1pm-4pm.

Hayle Memory Café

At Hayle Rugby Club, first and third Mondays of the month. For people with memory problems, their families and carers. Dance, sing, make things, share things, do quizzes and puzzles, talk, drink tea and eat cakes! Free (but donations welcome). More information on 07513 221066.

Carbis Bay Contract Bridge Club

Carbis Bay Memorial Hall, Trencrom Lane, 2pm-5pm. A friendly local group — beginners welcome. £2.50 per session (includes tea and biscuits). For more information, call Graham on 01736 762512 or visit carbisbaybridge.co.uk

St Ives Community Foodshare

Pick up surplus food at the Mike Peter Estate car park, St Ives, TR26 2FS, 5.30pm. kevrannastives.co.uk/foodshare/

St Ives Camera Club

St Anta Church Hall, Carbis Bay, 7.30pm. From September to April. For a programme of events, visit stivescameraclub.co.uk

Needles and Pins

St John's Church Hall, 7pm-9pm. A group of sewers who meet each week to chat, drink tea, and work on individual designs or group projects.

Liz's Quizzes

At The Castle, Fore Street, St Ives, 8pm. Booking is advised via the St Ives Liz's Quizzes Facebook group.

Christian Meditation

At the Lady Chapel, St Ia Church, 7.30pm-8.15pm. Visitors and newcomers welcome. stiveschurch.org.uk

Towednack Church

Bellringing practice, 7.30pm-9pm. New and returning ringers always welcome. Excellent tuition available. For more information, email marypjones50@gmail.com or phone 01736 794750.

TUESDAYS

Salvation Army

Parent and toddlers group at the Wharf Road base, 9.30am. salvationarmy.org.uk/st-ives

Wild Tiddlers

Baby and toddler group which meets weekly in term time, 10am-11.30am, at St John's Church vicarage garden. All under-fives welcome — no need to book. stiveschurch.org.uk

St John's in-the-Fields

Morning prayer, 10am. stiveschurch.org.uk

Barnoon Arts

Watercolours. Weekly standalone watercolour class, 10.30am-noon. barnoonarts.uk

DDMix

At Carbis Bay Memorial Hall. Move It Or Lose It, 10.30am; DDMix aerobic exercise, 11.30am. To book, phone 07719 700993 or email diversedancemix.martha@gmail.com

St Ives Community Foodshare

Pick up surplus food at the Palemon Best car park, St Ives, 12.30pm. kevrannastives.co.uk/foodshare/

St Ives Knitting Group

Café Art, Royal Square, St Ives, 3pm–4.30pm.
Come along for knit and a natter — all welcome.
Refreshments available.

Salvation Army

Meal and worship at the Wharf Road base, 5pm.
salvationarmy.org.uk/st-ives

Stammtisch German-speaking group

Meets once a month (not always on the same Tuesday) at West Cornwall Golf Club. For details, phone Birte Hosken on 01736 798048 or email birtehosken@yahoo.co.uk

St Ives St John Ambulance

Meets upstairs in the Island Centre, Island Road, 6pm–8pm in term time, for five- to 18-year-olds.
sja.org.uk

1st St Ives Cubs

Meet from 6.30pm–8pm at Ayr Field, St Ives, during term time.

St Ives Community Choir

Rehearsals from 6.30pm to 8.30pm at Carbis Bay Memorial Hall. The choir sing in four-part harmony and new members are always welcome. No auditions are required, just enjoy singing. For more information, phone Lynda on 01736 796832 / 07871 805526, email sichoir@btinternet.com or visit stivescommunitychoir.org.uk

St Ia Church Choir

Meet at 7pm. Enter via the Lady Chapel. New members always welcome.

Hayle Lions

Meet at 7pm, second Tuesday of the month, at the Passmore Edwards Institute. Supporting the community with local and individual issues. If you think you can help, pop along to a meeting.
e-clubhouse.org/sites/hayle/

St Ives Jazz Club

Western Hotel, St Ives, 7.30pm. Guest bands every second Tuesday of the month. Big Kettle Jazz (line music) every other Tuesday. facebook.com/StIves-JazzClub

Phoenix Singers

Meet at St Ives Arts Club, Westcotts Quay, 7.30pm. This is a fun singing group. If you feel you would like to come and have a bit of fun singing, you would be most welcome. No music experience necessary.

St Ives Tai Chi Club

At St John's in-the-fields Church, 7.30pm–9pm.
cornwalltaichi.co.uk/st-ives-tai-chi-club/



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Khalid has been teaching yoga since 2003, and is a member of the British Complementary Medicine Association (BCMA)

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www.endrianyoga.com

WEDNESDAYS**Little Ones on the Beach**

9.30am–10.30am in term time. Fresh air and a chance to play in the dunes while making new friends. Park for free near Lula's and follow the handprint signs. haylelightandlife.co.uk/little-ones

Steeple Woodland Nature Reserve

Work party: all welcome to take part in light exercise with like-minded people. Meet by the wooden gate on Steeple Lane at 9.30am. Tools and gloves provided. Wear clothing suitable for the weather conditions. Work parties also take place on the first Sunday of the month at 10.30am for one hour. More details from Giles on 07527 287543, at steeplewoods.org and on Facebook.

Christian Meditation

At St John's in-the-fields Church, 10am.
stiveschurch.org.uk

St Ives Community Foodshare Kevrenna Social Club

At St John's in-the-fields Church, 10.30am–12.30pm. A social place to chat, play board games, swap clothes, and share recipes, skills, and recycling ideas. Refreshments provided.
kevrannastives.co.uk/foodshare/

Rhyme Time

At St Ives Library, 10.45am. Thirty minutes of music, singing, and stories for pre-school children.

Ukelele Group

At St Ives Arts Club, 2pm–4pm.

Brownies

At 5pm, St Ives Salvation Army, Wharf Road.
Information on 01736 797746.

1st St Ives Beavers

Meet from 6.30pm-7.45pm at Ayr Field, St Ives, during term time.

Liz's Quizzes

At the Bird in Hand, Hayle, 7.30pm. Booking is advised via the St Ives Liz's Quizzes Facebook group.

Global Wednesdays

At the Western Hotel, St Ives, 8.30pm-11pm. All welcome to an evening of jams and performances celebrating global music.

THURSDAYS

Iyengar Yoga

With Lucy Aldridge at Carbis Bay Memorial Hall. 9.15am, general class; 5.30pm, beginners; 7.30pm, general/intermediate class. To book, text 07817 968036. lucyaldridge.com

Hayle Salvation Army

Coffee, cake, and chat, 10am-noon. All welcome.

Friends of the Towans

A friendly group of volunteers carrying out practical conservation tasks around St Ives Bay, 10am-2pm. All welcome. Phone 07393 522875 www.friendsofthetowans.org.uk

Yoga and Yoga Dance

A relaxing class which helps flexibility, designed for the over-40s. Taught by Khalid Beg in Carbis Bay, 10am. Phone 01736 757919 or visit endrianyoga.com

Coffee, Cake, and Catch-up

Second and last Thursday of each month, 10am-noon, at Lelant Village hall. Organised by Hope Community Church and Lelant Village Hall committee. All welcome.

Barnoon Arts

Draw St Ives. See St Ives in a different light, 10.30am-noon. barnoonarts.uk

Table Tennis for the over-50s

At the Island Centre, St Ives, 10.30am. Phone 07887 368191 or visit u3astives.co.uk

St Ives Memory Café

At Carbis Bay Memorial Hall, 2pm-4pm, on the first and third Thursdays of each month. Music, entertainment, arts and crafts, quizzes, social interaction etc. Phone 07999 239865.

Carbis Bay Scout Group

Cubs and Scouts meet at Fenton Hall, Porthrepta car park, Carbis Bay. To find out times, phone Jan White on 07776 328229 or email janmack56@hotmail.com

St Ives Community Foodshare

Pick up surplus food at St Ives Rugby Club, 5.30pm. kevrannastives.co.uk/foodshare/

St Ives Bridge Club

At St John's in-the-fields Church Hall, 6.30pm. Phone Jim Barker on 01736 794134 or visit bridgewebs.com/stives

St Ives Arts Club

Upstairs Theatre Group 7.30pm-9pm. Cafe Frug Poetry, music, dance, improvisation, and more. With Bob Devereux. First Thursday of the month, 8pm.

FRIDAYS

Toddlers Group

At the Salvation Army, Wharf Road, St Ives, 9.30am. Information on 01736 797746.

Barnoon Arts

Sketchbooking St Ives. Outdoor sketching around St Ives, 10.30am-noon. barnoonarts.uk

Penderleath Community Woodland

Work session 10am-noon at Penderleath community woodland, near Crippleasease. All welcome to help carry out maintenance of young trees with a view to planting more. Park at Giew Mine, Crippleasease, and cross the road. On the first Saturday or the month the session switches to that day (2pm-4pm). No Friday session that week.

Hayle Farmers' and Craft Market

At Phillack Church Hall, 10am-1pm. Phone 07824 641267. or email gilliandawkins1@gmail.com or jackie@renfree.com

St Ia Parish Church

Holy Communion, 10.30am.

Craft Hive

At St Ives Library, second Friday of the month, 11am-1pm, £3. Bring your work in progress and enjoy a cuppa, craft, and chat.

St Ives Salvation Army

Lunch at prayer, noon, Wharf Road. Phone 01736 797746.

St Ives Arts Club

Arts Group, 1pm-3.30pm.

Trencrom Ladies' Club

At Lelant Village Hall on the second Friday of each month, 2pm-4pm. Time for tea and a chat after talks — all welcome. Members £1, visitors £3. 01736 753720.

St Ives Community Foodshare

Pick up surplus food at the Palemon Best car park, St Ives, 5.30pm. kevrannastives.co.uk/foodshare/

St Ives Girls' Skate Night

5.30pm-7.30pm at the Palemon Best Recreation Area, second Friday of the month. All wheels, levels, and ages welcome. Facebook/Instagram: @girlsskatestives

Community Mealshare

At St Johns in-the-fields hall, 5.30m. A free, hot, tasty community meal. Chat, meet new people, warm up, and enjoy good food. Veggie, vegan, and gluten-free options. Under-18s must be accompanied by a responsible adult. Text 07769 624410 to book.

St Ives St John Ambulance

At the Island Centre, Island Road, for adults aged 18 upwards, 7pm-9pm. sja.org.uk

Youth Club

At 7.30pm, St Ives Salvation Army, Wharf Road. 01736 797746.

SATURDAYS**FOSIL (Friends of St Ives Library)**

Super Saturdays on the first Saturday of every month in St Ives Library, 10am-noon. Different theme every month. All welcome. Drinks and cakes provided.

Barnoon Arts

Draw St Ives. See St Ives in a different light, 10.30am-noon. Details at barnoonarts.uk

Bellringing

In the tower (ground floor) of St Uny Church, Lelant, 11am-12.30pm. Winter practices are on the first and third Saturdays of the month. Come and have a taster session. All welcome, from ageten to 80-plus (children must bring a parent/guardian).

SUNDAYS**St Ia Church**

Holy Communion, 8am. Sung Eucharist, 9.45am (second and fourth Sunday of the month).

St Ives Arts Club

Sunrise yoga with Showcase Studios. showcaseco.uk

Rubydoobies

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St. Ives, TR261LG.

Mobile: 0754 007 3816

St John's in-the-Fields

Morning service, 10am. Wild Church, a service for all ages, in the vicarage garden, 3.30pm.

Hayle Methodist Church

Morning service, 10.30am. Messy Church, 3.30pm, on the first Sunday of the month. All welcome.

Hope Community Church

Morning service, 10.30am, at Lelant Community Hall. Pastor Rodney Orr 01736 798530.

Fore Street Methodist Church

Morning service, 10.30am. All welcome. William Thomas 01736 799762.

St Ives Community Foodshare

Pick up surplus food at St Ives Rugby Club, 11.30am. kevrannastives.co.uk/foodshare/

OTHER EVENTS

For details of Christmas services at local churches, visit stiveslocal.uk

St Ives Old Cornwall Society

Meetings are at the Memorial Hall, Carbis Bay, 7pm. Annual membership £10, casual attendance £2.

6th November

An illustrated talk by Phil Hosken on the HTP

Mill, the derelict mill by Lidl in Hayle. Hosken, Trevithick, and Polkinhorn were an important company in their day, and their history is very interesting.

4th December

Dr Kate Neale is the guest speaker. She has made a study of Joseph Glasson, who was born in a farm just outside Carbis Bay in 1855. He emigrated to Australia where he continued to teach and sing 'Cornish Curls' (carols) in Australia's Golden triangle. His music books contain many carols which are known in St Ives.

St Ives Arts Club

17th November

Winter Mountain

A blend of melodic songs, a soulful voice, and heartfelt lyrics.

2nd December

Festive Concert with Emma Lewis. Music and merriness.

9th December

Carly and Sven

A wide range of popular music.

10th December

Molly Hocking

The Voice winner plays a Festive gig in her home town.

Tickets for events available via

stives.ticketsolve.com or call 01736 796297.

St Ives U3A

14th November

Talk: History of the Penzance, Newlyn, and Penlee Lifeboat, by Martin Brockman.

28th November

Talk: British Divers Maine Life Rescue.

12th December

Members' Panto, followed by a Christmas social with food.

St Ives Community Choir

4th December

Royal Naval Association Christmas Concert at the Royal British Legion, St Ives, 7pm.

10th December

Christmas songs at St Erth Methodist Church, 2pm.

18th December

Singing Christmas songs, in aid of various charities, in the foyer of ASDA, Hayle, from 11am.

19th December

Christmas songs at Una, Carbis Bay, 7pm, in aid of the RNLI. Booking advised.

30th December

Christmas songs at the Carbis Bay Memorial Hall, in aid of various local charities, 7pm.

Please email What's On entries for November and December to hello@stiveslocal.uk by 5th December. Keep an eye on our website — stiveslocal.uk — for up-to-date listings.

ART AND EXHIBITIONS

Anima Mundi

Until 8th December

Faye Eleanor Woods: The Grass are Green, the Flowers is Brown and Crimson

Faye Eleanor Woods' sensual paintings act as a love letter to her own experience, full of life's joy, absurdity, humour, loss, and fear. Using raw pigments and acrylic ink she forces rich colour into the grain of the canvas, blurring edges with copious amounts of water or using thin layers of oil to blend the figures with their backgrounds creating an ethereal presence. Eleanor is a Scottish artist currently living and working in the Calderdale Valley in West Yorkshire. The title of the exhibition references some Ivor Cutler lyrics.

Jim Carter: Scraps From the Crow Cult

Often uneasy or tragic, irrational or other, Jim Carter's work is linked to a real world of suffering and transcendence: making sculpture from organic materials as a means of advocacy, atonement, or commemoration; shifting to story and the written word as a way to enter emotional and numinous spaces of memory and dream. Taken materials are reconfigured into new forms to express complex feelings of grief and loss, love and devotion, fertility and renewal.

Street-an-Pol, St Ives | animamundigallery.com

Barnoon Arts

9th-23rd September

Enter the abstract world of Zoe Eaton and Peter Giles in one of St Ives'

smallest and quirkiest gallery spaces. Peter works downstairs, while Zoe has the upstairs studio. Their work adorns the walls throughout the building.

Westcotts Quay, St Ives | barnoonarts.uk

Belgrave St Ives

Until 2nd November

Tom Cross: Paintings from the Artist's Studio

Tom Cross was well known as a painter, teacher and writer. He retired in 1987 as principal of Falmouth Art School. This exhibition brings together paintings and prints covering the artist's career from his time at The Slade, where he trained, to late Helford River paintings.

25th November-8th January

Winter Exhibition 2023

A mixed exhibition of prints, drawings, and small paintings by modern and contemporary artists closely associated with the gallery.

You can view the exhibitions on the gallery website, or in person by appointment (call 01736 794888 or email info@belgravestives.co.uk).

The Studio, High Bussow Farm, Towednack TR26 3BB | belgravestives.co.uk

Café Art

6th November

Ladies in Stitches

Back for a fourth winter season and focusing on red-work embroidery. 2pm-4pm.

Drill Hall, Chapel Street, St Ives

Leach Pottery

21st December-30th December

Clive Bowen

Clive concludes the selling exhibitions for the year with

his first Leach Pottery show in September 2023 — the year that also marks his 80th birthday. Clive began his pottery training with Michael Leach in 1965 before progressing to establish his own pottery at Shebearn in North Devon from where he still works today making slipware.

Until June 2024

First Students

Exploring the pottery's early story of creativity with a focus on some of its first students.

New Craftsman Gallery

14th October-10th November

Rebecca Polyblank — 2023 Collection

Living close to the ancient landscape of Bodmin Moor draws artist Rebecca Polyblank to its timeless quality. Her work reflects the notion of flora and fauna remaining unchanged through history, and is inspired by the visual representations typical of centuries past. 24 Fore Street, St Ives | newcraftsmanstives.com

Penwith Gallery

3rd November-6th January

Teresa Pemberton: Coastal Colours

"Living by the coast, I cannot help but study the sea and be inspired by its complex moods, its ever-changing surprises, and variety of colour," says Teresa. "I strive to make sense of the space between the natural idea of landscape and the creative response to it. At a painterly level, the image may result in neither a literal nor an abstract expression; somewhere in between, a balance of truth and fiction."

Associate Members' Winter Exhibition

A variety of sculptures, ceramics, paintings, drawings, photographs, and prints from Associate Members of the Penwith Society of Arts.

Denis Mitchell: The Artist Card

In the Hepworth Room

Back Road West, St Ives | penwithgallery.com

St Ives Arts Club

From 25th November

Winter Exhibition

Westcotts Quay, St Ives | stivesartsclub.org

St Ives School of Painting

Thursdays

Life drawing class, 6.30pm-8.30pm.

Saturdays

Life drawing class, 10.30am-1.30pm.

2nd November

Calendrical art with Kate Southwell.

6th November

Landscape in Flux, an acrylic paint course on Zoom.

6th-9th November

Developing drawing skills, with Liz Luckwell and Hilary Gibson.

11th November

Looking for colour, mixed media/abstract (webinar).

12th November

Sunday Kids Art Club: abstract painting with cold wax.

For children aged 7-10. 10am-noon.

Porthmeor Art Collective: cold wax painting. For young artists, aged 11-16. 2pm-4pm.

13th-15th November

Approaching Abstraction, a three-day course with Boo Mallinson.

Still Life Variations, a three-day course with Eleanor Crow.

20th-22nd November

Discover Painting, a three-day fast-track course.

22nd November and 9th December

A two-part webinar series on soft pastels with new tutor and practising artist Nina Squire.

27th-29th November

Observation and Abstraction, with Camilla Doxon.

27th-30th November

Approaching Painting, a course ideal for beginners with Marion Taylor and Liz Luckwell.

Back Road West, St Ives | schoolofpainting.co.uk

St Ives Society of Artists

Crypt Gallery

Until 3rd November

Between Land and Sea

Six perspectives of Cornwall by Jenny Field, Ruth Littlejohns, Fiona Foster, Pippa Alston, Janet Golden, and Chloe Woods

4th-10th November

Greg Humphries

11th-17th November

Jill Eisele and Tanya Kryzwinska

18th-24th November

Rosie Sherwood

25th November-1st December

Ilya Fisher

2nd-8th December

Susi Gutierrez

Until 18th November

Members' Autumn Show

Free entry.

Mariners Gallery

6th September-18th November

St Ives Society of Artists Members' Autumn Show

An exhibition of work from the society's 80 members, including paintings, ceramics, sculpture, and jewellery. Norway Square, St Ives | stisa.co.uk

Tate St Ives

14th November

Toddle Tate

A monthly multi-sensory session for under-fives.

Accompanied by grown-ups, youngsters can play, explore, create, and investigate art in the Foyle Studio.

Build, stack, and construct in a session inspired by the Casablanca Art School. Squidge and sculpt with sensory, scented dough, and explore materials to invent, test, and topple. £1 admission. Free for children. Free with ticket for Tate members and locals' pass holders.

27th December-1st January

Art Explorers

Explore the galleries with Explorer Backpacks and Tate Shapes activities. Get creative with a Tate Sketchbook or pick up an Art Explorer card. Free for children. Free with gallery admission or locals' pass membership.

Until 14th January, 2024

The Casablanca Art School

Tate St Ives is the first museum in the UK to explore the intense period of artistic rebirth that followed Morocco's independence, formed by the experimental teaching methods of the Casablanca Art School in the 1960s and 1970s. Porthmeor Beach, St Ives | tate.org.uk

Christmas Gift Guide



The Corner Shop

Pick your own hamper: Fill a tray with whatever you want – chocolate, jewellery, candles, stationery, socks, body products, jams, chutneys, toys. All purchases over £40 get a hamper tray, and wrapped free of charge. The Corner Shop, 10 St Andrew's Street, St Ives 01736 793330 | thecornershopsives.co.uk



Sweetlime

Globally sourced, carefully selected: Looking for a gift with a difference? Sweetlime offers a range of own-brand clothing, accessories, and jewellery, as well as homeware, artwork, and gifts. Sweetlime, Will's Lane, St Ives | 01736 791434 | sweetlimeuk.com



St Ives Nails and Beauty

Get stylish for Christmas: Get your nails done or treat yourself or a loved one to a relaxing massage with Lindy, our highly experienced nail technician and beauty therapist. Gift vouchers available. St Ives Nails and Beauty Royal Square, St Ives | 07786 640424



Master Barber

A cut above: It can be difficult to buy presents for men, so how about a voucher from the Traditional Turkish master Barber? Master Barber | Gabriel Street, St Ives | 07857 801474



Splattenridden Farm Shop

Foodie heaven: Like to sound of a hamper brimming with locally-sourced, delicious food? Then drop in to the shop. Pick your own selections and we'll do the rest. The perfect gift for a foodie! Splattenridden Farm Shop, Coach Road, Lelant Downs TR27 6LH



Richards of Cornwall

Bags of style: Our selection of French embroidered outdoor market baskets in striking colours are available in different sizes, priced between £19 and £33. Richards of Cornwall | Carwin Rise, Hayle | 01736 757888

Ruff Life

Excited for Santa Paws? We have a unique range of practical and super-stylish Christmas goodies arriving. Super-healthy natural snacks and treats, too, sustainably sourced and planet friendly. Market Place, St Ives | 01736 795583 facebook.com/rufflifecornwall



Silver Coast Jewellery

A gift to treasure: Silver jewellery hand-made in St Ives – the perfect gift for someone special. Visit our website and use the code Xmaslocal for 10% discount. silvercoastjewellery.co.uk

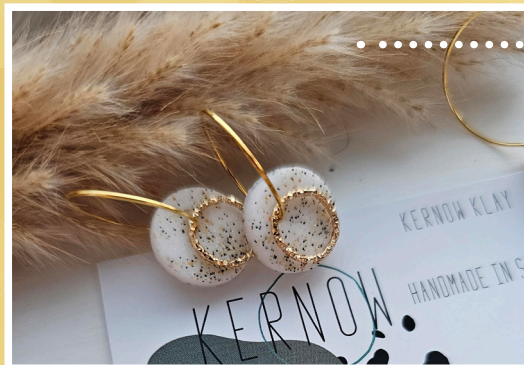
Flowertime florist

Festive flowers: Make someone's Christmas by sending them a stunning, gorgeous, fresh flower bouquet, created by your local Cornish florist. Flowertime @ The Big Pink Tree, Penpol Terrace, Hayle | 01736 757006 | wesendflowers.co.uk



St Ives Library

Iconic tote bags: Part of the new and exclusive 'St Ives Official' range, an initiative by the Town Council celebrating the landscape, culture, and heritage of St Ives. Four designs to choose from at £6 each. St Ives Library, Gabriel Street, St Ives | or online at shop.stivestowncouncil.co.uk



Kernow Klay

Stylish and Elegant: A local independent maker creating everyday-wear or stand-out pairs of polymer earrings. Happy to explore different colours and styles to suit your taste. Only a handful of each style are made. @kernowklay on Facebook or Instagram

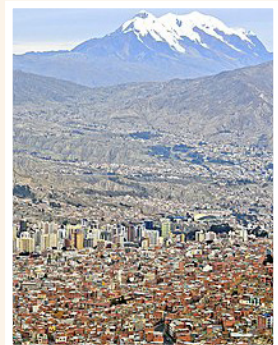
Liz's Quizzes

Liz Noall is back to tease you with her quiz! As well as trying these questions, you can catch Liz live every week. On Monday, she's at the Castle Inn, St Ives, at 8pm; on Wednesdays, she's teasing the teams at the Bird in Hand, Hayle, at 7.30pm; on Thursdays, it's the Lifeboat Inn, St Ives, from 8.30pm; and on Sundays, the Royal Standard, Hayle. Book via Liz via St Ives Liz's Quizzes on Facebook. As well as offering big prizes, the quizzes also generate lots of money for charity. At the time of going to press, Liz's charity total has just passed an incredible £25,000!



1. Which English port shares its name with the state capital of Delaware in the USA?
2. What was the first book in the Harry Potter series?
3. The drink mocha is a combination of which two flavours
4. In Morse code the letter S is represented by how many dots?
5. In a children's rhyme, what type of insect was told to fly away home?
6. In which metropolitan county is Doncaster racecourse?
7. In which year of the Noughties was the web browser Chrome introduced by Google?
8. Which three letters of the alphabet were a hit for the Jackson Five in 1970?
9. Who became leader of the Labour party in 2010?
10. In the Wallace and Gromit film A Matter of Loaf and Death, what was the name of the bakery they ran?
11. Who plays William Shakespeare in the TV comedy Upstart Crow?
12. In which South American country would you find the city of La Paz?
13. By what name is London's Central Criminal Court better known?
14. Which musician and composer wrote musical versions of The War of the Worlds and Spartacus?
15. The Romansch language is spoken in which European country?
16. According to the proverb, what gathers no moss?
17. Despite being born half man, half animal, which Viz magazine character managed to have a long and successful career as a goalkeeper?
18. In which year of the 1990s did Disneyland Paris officially open?
19. In the criminal world, a Peterman is a specialist in what activity?
20. The Mediterranean island of Corsica is owned by which country?

Answers on page 46



Season's greetings from the Old Foundry Chapel!

The Old Foundry Chapel is the perfect place to seek special Christmas presents and support independent retailers. The Grade II-listed former Methodist chapel and school room in Foundry Square, Hayle, is home to a wide range of specialist, vintage and artisan shops, offering art and crafts, homeware and fashion – and delicious home-cooked savouries and cakes!

You'll certainly find some quirky and often unique gifts, such as hand-painted baubles of local scenes in the snow, and candle-holders in the shape of snowmen dressed in Cornish black and gold.

Special events are taking place at the Old Foundry Chapel throughout November and December, including craft workshops hosted by the Makers Boutique Studio, and fun activities for children on Saturdays. Check the Facebook page for details.

The chapel halls will be decked out with holly,



Limited edition hand-painted bauble showing the Sloop Inn, St Ives, part of a new range by Kim Potter Art at the Old Foundry Chapel.

baubles and bunting galore! As in previous years, visitors will be greeted by a magnificent Memory Tree. Everyone is welcome to tie a ribbon to the tree with a message in memory of loved ones, and give a donation to Penhaligon's Friends, a Cornish charity which supports bereaved children and their families.

The Old Foundry Chapel is at Chapel Terrace, Hayle, and is open from Mondays to Saturdays from 9am to 5pm.

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Chapel Terrace, Hayle. TR27 4AB

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Find us in Old Foundry Chapel. TR27 4AB

www.makersboutiquestudio.co.uk

Follow us  

Trevena Cross Nurseries diary: Santa's back!

by Lucy Wickes

The locally renowned and quite magical Santa's Grotto is returning to Trevena Cross for the first time since 2019! A visit to the grotto in December had become a Christmas tradition for many families in the St Ives area before the Covid pandemic hit, but only now are the team at Trevena Cross in a position to re-introduce this popular community attraction.

Garden Centre manager Nick Hann said: "We have tried our best to harness the Christmas spirit at Trevena Cross over the past few years, ensuring that there has still been something for families, with free festive photo opportunities, lots of snow and even a glimpse of Santa last year. This year, however, we are excited to bring back something we know has been missed by visitors – Santa's Grotto! We're building it from scratch, and investing a lot of time, money and spirit into its creation, and we just hope we can live up to, or better still, exceed, visitor expectations, and memories of the grotto!"



Trevena Cross will re-establish a partnership with the Rotary Club of Helston-Lizard to host the grotto over the first three weekends of December and between 20th and 23rd December, and in return, will make a sizeable donation to the club for their own nominated local charities.

Complementing the magical grotto will be an undercover 25-stall food and craft market on the first three weekends of December from 10am to 4pm, combining delicious produce and locally-made traditional and contemporary gifts and crafts, as well as free photo opportunities, music from the penguin band, and lots of lovely snow!

If you can't wait until December, beautiful lights and decorations will be a treat for the senses throughout November, following the seasonal transformation of the shop at Trevena Cross, with an eclectic range of gifts ready to inspire you as you start your Christmas shopping. Outside, a huge selection of UK cut and pot-grown Christmas trees will be available at Trevena Cross from the middle of November, including the popular £25 non-drop Nordman Fir (up to 6ft tall!), so every Christmas taste is catered for.

For the first time, Santa's Grotto visits will need to be pre-booked online. Full details and booking information, including dates, times and prices, can be found on the Trevena Cross website and on the Facebook page.

Trevena Cross, Breage, Helston, TR13 9ND
01736 763880 | trevenacross.co.uk



Your Christmas starts right here...

Trevena Cross

Your one-stop Christmas shop

Beautiful lights and decorations are ready to inspire your festive senses following a seasonal transformation at Trevena Cross. Plus our big Christmas weekends are back, with the return of our magical Santa's Grotto, festive markets, trees and more, come December!



Less than 30mins from St Ives, TR13 9ND

01736 763880 | trevenacross.co.uk

Focus on posters and dance at Tate Winter Festival

Tate St Ives' Winter Festival returns on Saturday and Sunday, 25th and 26th November, celebrating community, and inspired by the themes of artistic solidarity and creating collectively from the exhibition *The Casablanca Art School*. There will be performances, talks, workshops, and more.

Come along and contribute to poster designs with festival artists in residence, Redruth Press. They use and share accessible and engaging print processes to generate striking posters that record, publicise, and provoke discussion. For the festival they invite everyone to come 'together for change' – what message do you want to share?

The weekend will include a new performance work by inclusive dance collective Shallal, with



music by composer Matthew Thomason, inspired by the work of Barbara Hepworth and her interest in music and performance. Shallal believe that everyone in society should have access to creativity, an equal voice, and the opportunity to discover their potential. This work takes inspiration from Hepworth's *Single Form* (1961–64), sited at the United Nations Plaza in New York.

As always, at the heart of the festival, local choirs will be singing in the galleries and pop-up talks will be taking place. This festival is for all ages, including creative activities for families and young people, with discounted entry of £1 to Tate St Ives.

Inspired by the Cornish landscape

Rebecca Polyblank, who lives on Bodmin Moor, is inspired by the wild beauty and abundant nature of the surrounding landscape. This autumn, she has brought her work to the New Craftsman Gallery, St Ives, in an exhibition running until 10th November.

The ancient trees, hedges, and old stone barns around her remote farmstead, with its views of the hills and river, are a rich source of flowers and wildlife for her illustrative paintings and papier mâché sculptures of deer, owls, and other moorland creatures. In particular, rural England's fabled hares and black rabbits are a recurring theme in this collection, alongside



Bodmin Moor's beloved wild ponies and iconic songbirds.

This beautiful, seasonal exhibition continues Rebecca's commitment to telling the story of one of our most precious natural landscapes, through detailed observation and a carefully crafted patina that reflects the great age and timelessness of the moor.

Gallery Classes & Materials



www.barnoonarts.uk

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Unit 6, West Stables, Foundry Lane, Hayle TR27 4DW

The
Shoreline
gallery

Framing

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St Ives Museum: 21st century tech highlights historic artefacts

by Liz Norbury

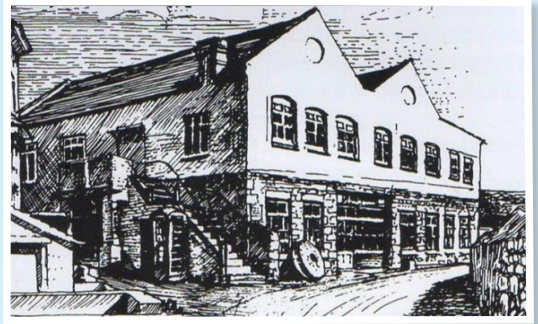
Visitors to St Ives Museum in its centenary year will be able to gain new insights into the exhibits on display, following the launch of a digital guide – technology which would have seemed extraordinary when the museum opened in 1924.

The guide, which features fascinating multimedia content, is available on Bloomberg Connects, a free arts and cultural app created by Bloomberg Philanthropies. St Ives Museum joins more than 250 organisations which are already part of the initiative, including Penlee House in Penzance and Falmouth Art Gallery.

The museum houses a broad range of St Ives-related artefacts, with an emphasis on the town's fishing and maritime heritage. It also covers mining, farming, the railway, and the early history of arts and crafts in St Ives.

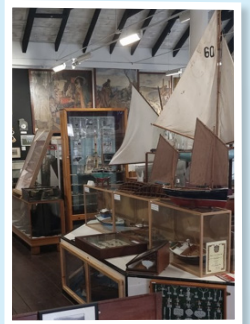
Visitors using the app can view a Welcome message from curator Andy Smith, and scroll through the museum's collections with the help of local people like Margaret Sobey, whose grandfather, William Freeman, was the sole survivor of the 1939 lifeboat disaster. There are also memories from a seaman who was a "deck boy" on board MV Trebartha, part of the fleet of St Ives' renowned Hain Steamship Company. As assistant curator Peter Garratt says: "Stories like these give people more of an insight into the history of St Ives than they get from just looking at items in a cabinet."

Peter discovered Bloomberg Connects through the Cornwall Museums Partnership, and realised it could offer great benefits to St Ives Museum. "The app is designed with accessibility in mind, which is great for us, as it's the approach we're already taking. It enables us to create audio and visual content, and information in different languages and in large text for people who are visually impaired. Bloomberg Connects provides technical support, a content management system, translation, captioning and transcription of audio."



Peter says the app has a threefold purpose. "The first is that it enables people to plan their visit, by giving them information about opening hours, the museum's history and the scope of the collection, plus further details about some of our exhibits. The second is that when people are here, the app provides them with extra information to enhance the quality of their visit, and gives them more details about some of our highlights. Finally, it links to our website and Instagram, and offers information about other art attractions in St Ives."

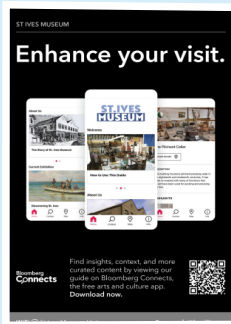
A highlight for the museum in 2023 was the staging of a major exhibition, Discovering St Ives, which showcased the work of Victorian artists who visited the town before the establishment of the artistic community. In 2022, the museum achieved charitable status, which will enable greater access to grant funding. It is now seeking more business sponsorship.



As St Ives Museum finalises plans to celebrate its centenary next year, Peter says: "Our aim is to modernise the museum without spoiling it. Lots of people like its traditional nature, but others prefer to consume information in new ways. We can cater for both."

The museum is currently closed for its winter break, but will re-open at the start of April 2024. The Bloomberg Connects app is available to download from Google Play or the App Store.

St Ives Museum,
Wheal Dream,
St Ives TR26 1PR,
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www.stivesmuseum.co.uk

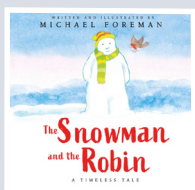


Book Review

by Alice Harandon, manager of St Ives Bookseller

The Snowman and the Robin
by Michael Foreman
£12.99

On a chilly evening in a London park, a plucky little robin strikes up a conversation with a snowman. Together they embark on a night-time adventure exploring the streets of London.



to the house that inspired a young Daphne du Maurier – a trail that echoes Rebecca’s timeless themes of obsession, jealousy and murder.

Mistletoe Malice by Kathleen Farrell
£9.99 (published 2nd November)

In a seaside cottage perched on a cliff, a family reunites for Christmas. While snow falls, a tyrannical widowed matriarch presides over her unruly brood. As more guests arrive, each bringing their secret truths and dreams, the Christmas tree explodes, a brawl erupts, an escape occurs – and their ‘midwinter madness’ climaxes... The fire is on, sherry poured, presents wrapped, and claws are being sharpened in this rediscovered festive classic!

Snow by Anne-Kathrin Behl
£6.99

It’s no secret that all of us at St Ives Bookseller love the seaside version of this lovely board book, so we had to include Snow! In this snowy animals book, there are geese swimming on the frozen lake, hares bounding through the snow, squirrels scampering up frosty trees and many more creatures to bring to life with the moving parts..

Secret Gardens of Cornwall by Tim Hubbard
£22

The 20 beautiful gardens included here celebrate the diversity of gardening in Cornwall – secret coastal woodlands, lush subtropical valleys, traditional country estates and wave-lashed clifftops – through sumptuous photography, fascinating stories and interviews with their owners. The Barbara Hepworth Sculpture Garden features.



'Tis the Season: A Lift the Flap Advent Calendar full of Christmas Poems featuring various poets and illustrated by Richard Jones
£19.99

This classic Christmas collection for children has a flap to lift alongside a special poem for every day of Advent and a fold-out

concertina displaying a beautiful snowy landscape. Perfect for sharing.

Sisters of Sword and Shadow by Laura Bates
£16.99 (published 9th November)

What if the Knights of the Round Table had a female counterpart? An epic Arthurian fantasy reimagining for young adult readers. Beautiful, fierce and furious!

Shot with Crimson by Nicola Upson
£16.99 (published 2nd November)

It is 1939 and the worries of war follow Josephine Tey to Hollywood, where a different sort of battle is raging on the set of Hitchcock’s Rebecca. Then there’s a shocking act of violence, and Josephine and DCI Archie Penrose find themselves on a trail leading back

Wishing a Merry Christmas to all our readers and customers, and thanks for another brilliant year!

St Ives Bookseller, 2 Fore Street, St Ives, TR26 1AB. The shop is open seven days a week. Books can be ordered, and are often delivered in 24 hours. Tel: 01736 796676; email: stivesbookseller@mabecronbooks.co.uk; Twitter: @stivesbooks

Out on the Towans

A new era dawns for the dunes conservation charity

by Liz Norbury



Autumn and winter is always a busy time for Friends of the Towans, and organising the latest programme of practical conservation sessions across the dunes was one of the first tasks for the charity's new Volunteer Coordinator, Sara Dowler.

Sara brings to her new role 12 years of experience as a National Trust ranger, including a period based in St Ives Bay, so she is familiar with the landscape of the Towans and understands its importance as the home of a huge number of different flora and fauna, some of which are nationally rare.



Sara is from Herefordshire, but she always felt drawn to the sea, and it was this which brought her to Cornwall more than 25 years ago, after studying environmental engineering and conservation. "When I discovered an opportunity to become a full-time volunteer with the conservation charity BTCV in Cornwall, I knew it was exactly what I wanted to do," she says.

She went on to become BTCV's Project Officer for the St Ives Green Gym, which aimed to help people improve their health and wellbeing through taking part in practical environmental activities. "We did a bit of work on the Towans, and I remember seeing the amazing view of St Ives Bay from Peter's Point at Gwithian Towans. It was one of those 'wow' places."

After her years as a National Trust ranger, Sara trained as a Forest School leader, and since the

birth of her son six years ago, she has also worked at a health food shop in Falmouth and run basket and nature-based craft workshops. "When I saw the role of part-time Volunteer Coordinator with Friends of the Towans, I thought 'This is amazing!' she says. "It was a way of getting back into conservation work which offered the flexibility I was looking for as a mum."

Almost as soon as she started her new job in September, Sara was helping FOTT trustees and volunteers prepare material for the charity's stall at the Hayle Health and Wellbeing Festival. Then it was time to draw up the new season's programme of practical sessions, which, as she says, is the bread and butter of the charity's work. The first session, at Gwithian Towans in October, involved weeding out buddleia and elder seedlings, and starting to cut through an area of gorse and blackthorn to provide an area of bare sand and encourage the growth of dune grassland.

Regular meetings are taking place on Thursdays from 10am to 2pm, and Sara will be running extra sessions at weekends to give families and people who work during the week the chance to get involved in FOTT's work. There are also opportunities to take part in habitat monitoring, and to be part of a team checking on the wellbeing of the ponies which are regularly lent to FOTT by a local farmer to graze different areas of the Towans. And people are always welcome to join FOTT's satellite groups, Save Our Sand – which organises regular beach cleans – and Friends of the Towans Art Club.

Sara praises the support she has had from FOTT's trustees and volunteers, and former Towans Ranger and founder of FOTT Martin Rule. She is keen to build on all they have achieved in the last 10 years. "I want to get people enthused about the dunes, and realise how special they are," she says.

To get involved with Friends of the Towans, email friendsofthetowans@gmail.com, phone 07393 522875, follow FOTT on Facebook, and visit www.friendsofthetowans.org.uk



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St Ives Archive: Remembering the father of Cornish folk music

by Phil Saward

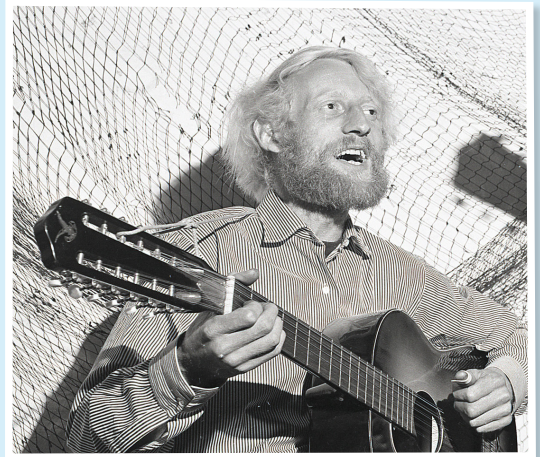
In the early 1960s, a young folk singer began appearing regularly at the Mermaid Arts Centre in Fish Street, St Ives. Appropriately, he was known as John the Fish: the nickname came about because at that time, he was a fisherman working out of Newlyn. The man born Peter John Langford soon became a popular figure on the Cornish folk music scene.

John was raised in Edmonton, London, and became a fan of early jazz and blues. Informal guitar lessons from a friend gave him confidence to perform at parties and later join an amateur London skiffle band. In his mid-20s he was working for Remington, the electric shaver company (somewhat ironic – see his picture!) until he became disillusioned with London and was tempted down to Cornwall by a friend to try fishing.



The Graveyard, a cellar underneath a cafe in Morrab Road, Penzance, was one of his first gigs, followed by other local pubs such as the Turk's Head, and later the regular folk nights in St Ives at the Mermaid (previously Tucker's lemonade and pop factory). When John met local builder and country and western fan Tel Mann, the guitar/singing duo John and Tel was formed, and they were invited to play the opening of the Count House, a new venue on the remote cliffs of Botallack in the summer of 1964.

The Count House's co-owner Ian Todd had run an espresso coffee bar/jazz club in Derby, and moved



to St Ives in 1959 with his wife Judi Rea, who had known the area as an evacuee. He worked in the Picnic Box cafe opposite St Ives Arts Club (now Blas Burgerworks), and later formed the printing company which published *How to Spot a Beatnik*, the famous cartoon guide by local artist Cedric Rogers in 1963. The following year, Ian and his business partner John Wood bought Botallack House, an old mine count house, along with various outbuildings. Old chapel benches and fishing net decorations were installed in the former workshop, and the Count House was born in June 1964, with John the Fish and Tel Mann performing. It soon became Cornwall's premier folk club.

John the Fish's fame rose with that of the Count House, and he appeared on several recordings, many as part of a very successful duo with Brenda Wootton. Music always remained part of his life, but he was involved in many more things, including founding Cornwall Humanists and becoming a celebrant. In 2018, more than 50 years after he first performed in St Ives, John the Fish came to the Arts Club, and Tony Mason's film of him being interviewed by Toni Carver that night can be found on YouTube. He died at the age of 87 in January this year.



St Ives Archive is based at Wesley Methodist Church, St Ives Road, Carbis Bay, St Ives, TR26 2SF. For information about current opening hours, phone 01736 796408, email admin@stivesarchive.org, or visit www.stivesarchive.org. The Archive opened in 1996 and is staffed by volunteers. We are always looking for people to join our enthusiastic team – there are opportunities to learn new skills, carry out research, assist visitors and take part in fundraising events. We offer a valuable service for anyone wishing to obtain historic information about the town. The Archive holds over 35,000 photographs and numerous documents covering fascinating subjects such as art, maritime heritage, tourism and traditional customs, and we also have extensive resources relating to the history of St Ives families. Why not come and visit us?

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Optometrist Patrick describes their new Optical Coherence Tomography (OCT) equipment, like an Optical CT Scan for your eyes, as “A real game changer in my ability to detect the early signs of macula disease, glaucoma and diagnose many other eye conditions that were previously the preserve of the eye hospital at Treliske”.

The group have also introduced their extensive range of innovative spectacle lenses to the practice along with a huge range of contact lenses and the kind of high quality frames one would expect from a local independent practice. With the recent introduction of Colorimetry assessments, a type of therapeutic Optometry developed to help with undiagnosed reading difficulties, Optical dispenser Jason and receptionist Pamela proudly state “We love our practice because it offers a friendly welcome, unique level of service and a truly viable alternative to the big chains”.

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- 1. Routine** - Most animals like a routine, so try and keep regular times for feeding, exercise and play. This kind of regular schedule gives animals a sense of emotional security.
- 2. Regular exercise** - Providing physical activity helps your pet maintain a healthy weight and keeps them physically and mentally stimulated.
- 3. Play** - It's important to allow any pet some playtime. Any kind of mental stimulation keeps animals from getting bored and frustrated, which may lead to difficult or destructive behaviour. Enrich their environment with toys, puzzles and activities to prevent boredom and stress. Spend quality time interacting with your pet to strengthen your bond.
- 4. Proper nutrition** - Make sure your pet has a balanced diet appropriate for their species, age and size. Avoid overfeeding your pet, which can lead to obesity and related health issues.
- 5. Hydration** - All animals need access to clean, fresh water at all times.
- 6. Parasite control** - Whether you have a horse, dog or a goldfish, always keep your pet free from parasites, bugs and other irritants by using parasite prevention products as advised by a veterinary health care professional.
- 7. Grooming** - Take care of your pet according to their specific needs. Pets with fur or feathers need to be brushed and bathed and have their ears cleaned and nails or claws trimmed regularly. Regular grooming prevents skin problems and keeps them healthy and happy.



- 8. Love and attention** - Show your pet affection/ They thrive on companionship and positive interactions with people.
 - 9. Veterinary care** - It is essential to register your pet with a local vet, to provide regular medical advice and essential vaccinations to prevent common diseases and keep your pet as healthy as possible.
 - 10. Neutering or spaying** - Breeding animals is a serious commitment and should not be entered into lightly. Discuss neutering options with a vet if appropriate.
 - 11. Monitor health** - Make sure you pay attention to any signs of illness or discomfort such as changes in appetite, behaviour or toilet habits. Seek veterinary advice promptly if you notice any issues.
 - 12. Health plans** - This type of insurance helps pet owners manage the cost of veterinary care. These plans are designed to provide financial assistance for various medical expenses including accidents, illnesses and preventative care. Ask your vet for advice, and any health care plan recommendations.
- Tailor your care to your pet's specific needs and preferences. Every pet is unique, so consult a vet for personalised advice and to address any specific health concerns or questions about the wellbeing of your pet. Regularly consulting a veterinary professional for guidance will ensure that you give your pet the best possible care and a long and healthy life.**

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Keeping the heat in and the cold out

Making sure conservatories stays warm during the winter can be a challenge, as they generally contain a lot of windows and very little insulation. There are several strategies that may help you contain the heat and make your conservatory more comfortable during the cooler months:



- Check for any gaps in the walls, floors, or ceiling and around windows and doors. You can use draft excluders, weatherstripping, or caulk to make sure the conservatory is sealed to prevent drafts and consequent heat loss.
- The simplest solution is to use blankets or throws for extra warmth. You can buy electric heated blankets to use when sitting in your conservatory.
- Make sure you close any ventilation shafts at night. Don't permanently seal them, it's important to allow fresh air in occasionally to ventilate the space. You also need this option to control the temperature during warmer months.
- Consider upgrading your conservatory windows, if they are not already double-glazed, as this helps reduce heat loss. Triple-glazing is an even more efficient way to trap heat in your conservatory.
- If your conservatory has a polycarbonate or glass roof, consider adding a layer of good insulation. You could install insulation boards or line the roof with panels or blinds.
- Insulate your windows and doors with thick or thermal-lined curtains or blinds. Close these in the evenings to trap the heat and prevent drafts.
- Consider underfloor heating, which could provide a consistent and efficient source of heat for your conservatory. This could be electric or water-based and would heat the room evenly from the ground up.
- Alternatively, using rugs and carpets can help insulate the floor and make the space feel warmer underfoot.
- If you have a central heating system, you could consider installing traditional radiators to provide supplemental heating. Ensure they are the appropriate size for the space.
- Electric space heaters are portable and can quickly provide warmth. Make sure you use an energy-efficient model with adjustable thermostats. Never leave heaters unattended.
- Consider installing a conservatory heater that can be wall-mounted or placed on the floor. These are usually the most energy-efficient type of heat source as they are specifically designed to heat this type of space.
- An air source heat pump may be an investment but it will provide a long-term solution, efficiently heating and cooling your conservatory by transferring heat from the outside air.

All of these approaches will depend on your budget, and how you use your conservatory. Remember to monitor the temperature and make adjustments as needed to maintain a comfortable environment, but also take into account energy efficiency and the rising cost of heating. Using a combination of these strategies could be the most effective way to keep your conservatory warm during the winter and reduce your energy consumption.

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Property: Mortgage affordability ‘still incredibly stretched’

The UK residential homes sales market remains challenging, says the Royal Institute of Chartered Surveyors (RICS), and with interest rates staying higher than their long-standing low point over the past few years, one can see why.

Its report shows interest rates continuing to hamper mortgage affordability, and the disparity between tightening lettings supply and rising demand causing rental price rises. New buyer enquiries were down 39% in September, a marginal improvement on August.

September results for agreed sales remain down. For the coming three months, estate agents are envisaging a decline in sales volumes. Twelve-month sales expectations are low, but stable. House prices remain on a downward trajectory at the national level. In the South West, the average price of a home is £328,413, according to HM Land Registry. Near-term expectations point to a further price pull-back over the next three months, with little change envisaged 12 months down the line.

“With mortgage affordability still incredibly stretched, it is unsurprising that buyer activity



across the housing market remained subdued in September,” said Tarrant Parsons, senior economist at the RICS. “Although the decision to pause monetary policy tightening a few weeks ago provided a glimmer of relief for the market, interest rates are likely now set to remain on hold for a prolonged period.

“As such, it appears there is little prospect of trends deviating much from the recent picture in the immediate future. That said, the outlook a little further ahead has improved slightly, with 12-month sales expectations moving out of negative territory for the first time in several reports.”

‘Aparthotels’ scheme gets turned down

Local views won the day when a planning application to convert 37 newly-completed apartments, on the site of the former Cottage Hotel in Carbis Bay, into an ‘aparthotel’ scheme, was turned down by Cornwall Council.

The scheme had been recommended for approval, but the plan was voted against following speeches by local councillors Johnnie Wells, Linda Taylor, and Andrew Mitchell.

There were concerns that the application did not support the St Ives neighbourhood plan policy for permanent homes. It was also argued that the aparthotel concept was unclear, and it was difficult to see how conditions to prevent the properties being occupied as self-contained flats could be enforced in the future.

Cllr Wells, mayor of St Ives, questioned why the developer had sought to market the properties at such high prices. He also argued that with 700 holiday properties in Carbis Bay there was no evidence of need for more accommodation of this kind, but a pressing need for permanent homes.

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Coffee Time Puzzles

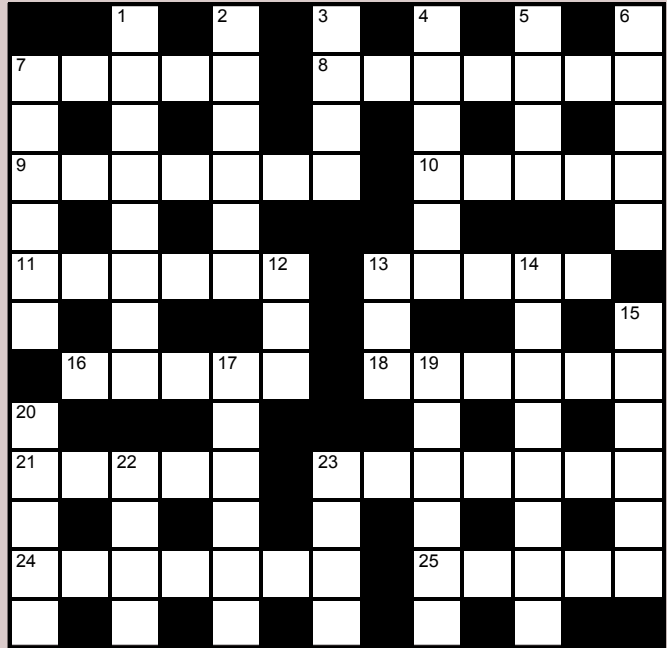
Quick Crossword

Across

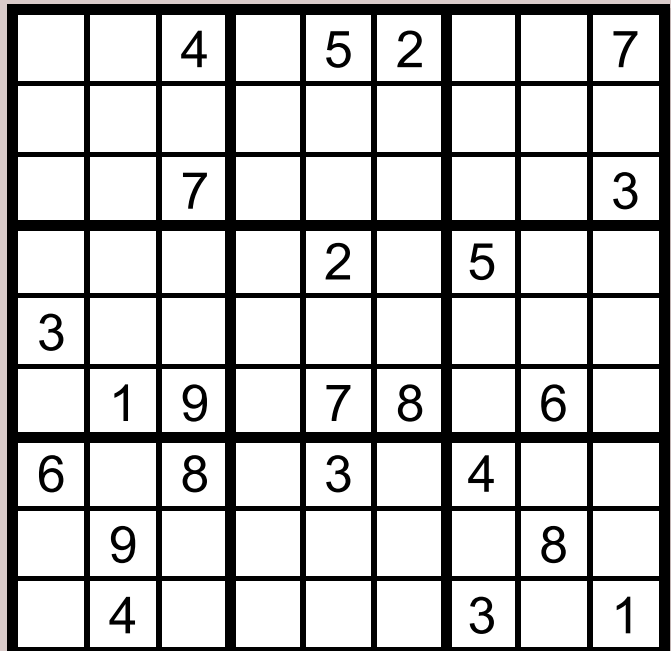
- 7 First shot in tennis (5)
- 8 Sterile (7)
- 9 Least difficult (7)
- 10 Above (5)
- 11 Book of elementary principles (6)
- 13 Register (5)
- 16 Wide open (5)
- 18 Violin (6)
- 21 Pending (5)
- 23 Move forward (7)
- 24 Chooses (7)
- 25 Indoor game (5)

Down

- 1 Salad sauce (8)
- 2 Withdraw (6)
- 3 Kiln for drying hops (4)
- 4 Individual (6)
- 5 Pace (4)
- 6 Go away (5)
- 7 Drowsy (6)
- 12 Regret (3)
- 13 Mischievous person (3)
- 14 Commonplace (8)
- 15 Renovates (6)
- 17 Stately mansion (6)
- 19 Intrude upon (6)
- 20 Swearword (5)
- 22 Confer (4)
- 23 Too (4)



Sudoku



All Answers on page 46



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St Ives Community Land Trust has an open membership within the St Ives parish boundary and a membership fee of £1. Please email us at clt@stivesclt.org.uk with your name, postal address and email address to join.
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Crossword Answers

Sudoku Answers

		1	D		2	R		3	O		4	P		5	S		6	S
7	S	E	R	V	E			8	A	S	E	P	T	I	C			
	L		E		C			S		R		E			R			
9	E	A	S	I	E	S	T			10	S	U	P	R	A			
	E		S		D					O								M
11	P	R	I	M	E	R				12	R							
	Y		N			U				13	E	N	R	O	L			
										14	J	E	F	W	A			
										15	S							
										16	A	G	A					
										17	B	I	L	L				
										18	F	I	D	D	L	E		
20	C					A												
21	U	N	T	I	L					22	A	D	V	A	N	C	E	
	R		A		A					23	L		A		A			
										24	S	E	L	E	C	T	S	
										25	D	A	R	T	S			
	E		K		E						O							

8	3	4	6	5	2	9	1	7
9	5	1	7	8	3	6	4	2
2	6	7	4	1	9	8	5	3
4	7	6	9	2	1	5	3	8
3	8	2	5	6	4	1	7	9
5	1	9	3	7	8	2	6	4
6	2	8	1	3	7	4	9	5
1	9	3	2	4	5	7	8	6
7	4	5	8	9	6	3	2	1

Liz's Quizzes, answers

1. Dover; 2. Philosopher's Stone; 3. Coffee and chocolate; 4. Three; 5. Ladybird; 6. South Yorkshire; 7. 2008; 8. ABC; 9. Tyne; 10. Top Bun; 11. David Mitchell; 12. Bolivia; 13. The Old Bailey; 14. Jeff Wayne; 15. Switzerland; 16. A rolling stone; 17. Billy the Fish; 18. 1992; 19. Safe cracking; 20. France.

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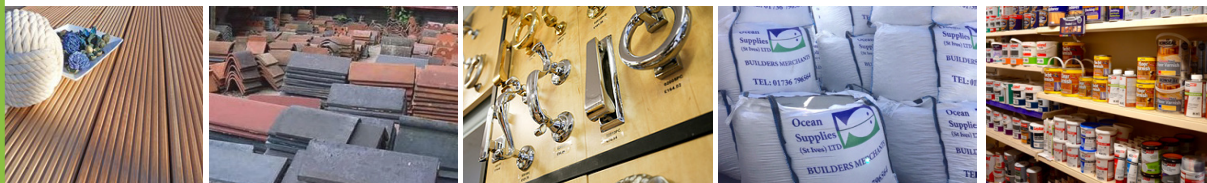
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