

# St. Ives Local

**FREE**

MARCH / APRIL 2024 | ISSUE 55



Bring in the spring!  
Birds and kites take flight

THE ST IVES BAY MAGAZINE

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# Welcome...

Spring is in the air, and we're looking forward to Kite Fest, which will be taking to the skies above the Island once again (see page 10) - and to doing some bird and wildlife watching out on Hayle Towans (page 32)

Last issue, we told you how we're pledging to help local businesses. Seems we were pushing at an open door, as our friends at St Ives BID (Business Improvement District) have now come up with a Local's Discount Scheme, saving us money with a host of small independent businesses around town (page 6). And we're promoting more businesses on this issue, with some great new advertisers on board. Our advertising manager Nicole Tesseyman is out and about all the time, helping us to build partnerships with local businesses. If you'd like to talk to her about advertising or advertorial opportunities, call her on 07791 678571 or email [nicole@stiveslocal.uk](mailto:nicole@stiveslocal.uk). Nicole is also a talented singer/songwriter - her first album is out now!

Don't forget, we deliver thousands of copies of St Ives Local to homes and businesses in the St Ives and Hayle postcode areas. Find out more on our website



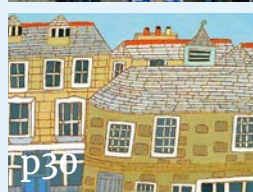
- stiveslocal.uk - follow us on Facebook, Instagram, and X (formerly known as Twitter), and send us your stories, reports, and listings. And if you visit or contact any of our advertisers, tell them you found them via St Ives Local.

See you next issue!

*Liz and Darren Norbury*

## Editors

07444 199081 | [hello@stiveslocal.uk](mailto:hello@stiveslocal.uk)



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## COVER SHOT

Tea, Tate, Town by Emma Jeffryes

Inspired by the view from the Tate St Ives café, Tea, Tate, Town is one of a collection of works by St Ives artist Emma Jeffryes on show at the New Craftsman Gallery throughout April.

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**WEDNESDAYS**  
**Hayle**  
Hayle Rugby Club, TR27 4PS  
9.30am & 11am  
Tel: Kathryn 07792 510295

**St Ives**  
St John in the Fields Church, Halsetown TR26 2HG  
4pm, 5.30pm & 7pm  
Tel: Trisha 07813180075

**FRIDAYS**  
**Carbis Bay**  
Carbis Bay Memorial Hall, TR26 2TA  
8am & 9.30am  
Tel: Trisha 07813180075

**SATURDAYS**  
**Leedstown**  
Leedstown Village Hall, Carsize Lane TR27 6FJ  
7.30am, 9am or 10.30am  
Tel: Susie 07813523072



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## No Food and Drink Festival this year

St Ives Food and Drink Festival will not take place this summer - but there are plans for a new and improved festival in 2025. The festival is now owned by a local Community Interest Company, which will be aiming to take the event forward next year.

“We are putting a call-out to all businesses to get involved in either fundraising or raising the profile of the St Ives Food Festival in anticipation of the new and improved festival returning in 2025,” said St Ives BID (Business Improvement District). “On what would have been the food festival dates this year, 17th-19th May, we already know from accommodation bookings that there are lots of visitors planning to come to St Ives.

“Can all businesses interested in holding ‘Food Festival taster sessions’ or a ‘Food Festival at



your table’ evening or weekend please contact us on [info@stivesbid.co.uk](mailto:info@stivesbid.co.uk), and you will be added to a St Ives Food Festival Trail map. If there are any chefs or venues out there who wish to help out with fundraising to make this event the best it can be, eg chef demos or tasting menus in aid of the St Ives Food Festival, with a percentage of the profits donated to the CIC, then this would secure the continuing success of our festival.”

## Support local business - and enjoy a great deal!

Last issue we launched our campaign to get more of us shopping locally and supporting those great independent businesses spread across our circulation area.

“It’s not the amount you spend, but the consistency of a small regular purchase, and that’s something we can all do,” said our advertising manager, Nicole Tesseyman. “Why not buy a hand-made card or a pair of earrings for a Mother’s Day present from a local shop, rather than order from a certain well-known multinational retailer?”

We’re not the only people who think this, and now the team at St Ives BID (Business Improvement District) have a fantastic scheme to support local business and offer us locals some money off, too – very welcome when so many of our everyday bills are rising.



Following a trial last year, the Local’s Discount Scheme is now fully launched. There are so many local businesses involved, from cafés and bars to jewellery and hotel accommodation. Businesses taking part at the time of going to press include: The Art of Brewing, Aspiga, Balancing Eel, Café Art, The Corner Shop, The Hub, Lilac and Lime, Lola Blu, Mans Head, Smashed Tomato Pizza, St Ives Jewellery Studio, St Ives Street Food Kitchen, and Tregenna Castle Resort.

To find out more, visit [stivesbid.co.uk/the-locals-discount-project/](http://stivesbid.co.uk/the-locals-discount-project/) and follow St Ives BID on Facebook to keep up with the latest offers.



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## *Make new friends and hear fascinating speakers*

by Melville Osborne, chairman of St Ives Probus Club

**Men don't seem to sit and chat like women do, do they?**

In Carbis Bay we have a group of retired professional men who meet at St Anta Church Hall on the second Monday of each month. We start at 10am, with coffee and biscuits, and we chat until 10.30. Then comes our speaker. We welcome excellent people to talk on all kinds of subjects, for about an hour, and to answer our questions.

Gardening on St Michael's Mount, St Julia's Hospice, rallying and hill climbing, even one gentleman bringing his very old steam racing car. There have also been talks on wildlife in Cornwall, blood bikes, mercy ships, the Times and Echo, Kidz R Us, and the history of Edward Hain Hospital.

We held a summer buffet lunch with our partners and friends, and recently visited the Senara Restaurant at Penwith College for a fantastic lunch. At Christmas we meet for a traditional lunch, including crackers and a raffle for charity, all just to enjoy each other's company, getting to know other members, their partners and friends, where they come



from, and their working lives. We are all very different but enjoy catching up each month. Outside, we have visited Leach Pottery, and this spring we will be going to Polgoon Vineyard with tastings and a lunch.

We are always searching for new friends to join us. Members pay £2 for coffee and to rent the hall, but we don't set out to raise funds. If we have a surplus we can donate to speakers' charities, and we gave the local food bank £200 this year. Our whole aim is to keep it social and simple!

**Why not try us out? To find out more, contact me on 01736 756252 (or email [melos40@btinternet.com](mailto:melos40@btinternet.com)) or Chris on 01736 799024 ([paulinchr@gmail.com](mailto:paulinchr@gmail.com)).**

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## *Sing up with Local Vocalz!*

Hayle-based choir Local Vocalz is on the lookout for new members. They're a dynamic, friendly, 45-strong, mixed four-part choir. They sing popular songs and medleys ranging, from the classics to pop.

"Singing together has been proven scientifically to be beneficial to one's mental and physical health," says leader Peter Luing. He adds that

it's a fun choir, offering past-paced rehearsals, friendship, and some fa-la-las!

The choir meet most Monday nights at 7.30pm at Hayle Methodist Church, with Simon Glanville as accompanist. There is no audition necessary and the first month is free. To find out more, email [pluing@tiscali.co.uk](mailto:pluing@tiscali.co.uk) or call 01736 754225.

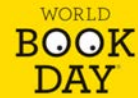




**Thurs 7 March**

**World Book Day**

The Cornerstone crew will be dressed up in their World Book Day costumes and would love to see yours too! Come along to celebrate, share and borrow your favourite stories.



**Mon 11 - Sat 16 March**

**Vicki Aimers Residency**

Vicki Aimers installs her cabinet of curiosities and hosts a series of workshops inspired by the life of Catherine Payton Phillips.

**Artist Pocket Journal Workshop • Thurs 14 • £20**

**Family Botanical Sketchbook Workshop • Sat 16 • £2**



**Sat 23 & Sat 30 March**

**St Ives Kite Fest**

Create your own kite at one of our workshops and then let your creation take to the skies for Flight Day on The Island.

**Kite Making Workshops • Cornerstone, Library Building • Sat 23 • £2**

**Flight Day • The Island, St Ives • Sat 30 • 1pm-3pm • Free**



**St.Ives BOX OFFICE**

We're home to St Ives Box Office, selling tickets for events at venues across the parish. Pop in, give us a call on **01736 796297** or visit **stives.ticketsolve.com** to see what's on and book your tickets.



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@visitstives

St Ives Library & Visitor Information Centre  
Gabriel Street  
TR26 2LX

Open Mon - Sat • 09:30 - 16:00

01736 796297  
info@visitstives.org.uk  
stivestowncouncil-cornwall.gov.uk



St Ives Town Council

# Kite Fest: Let's bring in the spring!

**There's something special about St Ives in spring. Clear, expansive skies and fresh sea air. As the clocks go forward and we leap into a new season, it's the ideal time to blow away the cobwebs and embrace the elements with a fun, free activity for all – St Ives Kite Fest is back for 2024!**

Revived by St Ives Town Council in 2022, this annual community event lead by the cultural services team, are thrilled to be working alongside 'Dr Kite' Billy Wynter, and also local art teacher Laura Peach, who runs the weekly St Ives Library Art Club, to deliver this year's event.



"I've yet to meet anyone who doesn't like flying or watching kites dance in the sky!" said Cultural Services Manager Emma Gibson. "The use of recycled and of sustainable materials is key to our approach of kitemaking. We have our fingers crossed for fine flying weather, and will be holding our breath to see if we can get our kites up in the air!

"There are various ways people can get involved. Thanks to funding provided by Feast and St Ives Community Fund, Laura Peach will be holding workshops in three local schools with new kite designs, and we have our public Making Workshops with Dr Kite at the Library on Saturday 23rd March. Or if making is not your thing, you can simply come along – with or without a kite – to Flight Day,



between 1pm and 3pm at the island on Saturday 30th March. We really hope everyone will see this as a chance to get together to celebrate our community and the town."

Places for the Making Workshops are limited, so advance booking is highly recommended. To book in person, pop into the Cornerstone Library Building, call 01736 796297 or book online via [stives.ticketsolve.com](https://stives.ticketsolve.com). Further details and a downloadable kite making guide is available via [stiveskitefest.co.uk](https://stiveskitefest.co.uk).

Photos: Nik Read

*St Ives Town Council Kite Fest 2024 is in partnership and supported by Ives Community Fund ([stivescommunityfund.co.uk](https://stivescommunityfund.co.uk)) and Feast Cornwall ([feastcornwall.org](https://feastcornwall.org)). Feast harnesses the talents and energy of Cornwall's artists and communities, generating new opportunities for everyone to enjoy the arts. The focus is on bringing people together to share experiences as audiences or participants, and on animating local celebrations and cultural life. Investment for Feast comes from Arts Council England and Cornwall Council. The programme is managed by Creative Kernow.*



Our castle is set amidst 72 acres of beautiful subtropical gardens and unspoilt woodlands with stunning sea views overlooking St Ives bay.

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Afternoon Tea



Sea View dining



Delicious Roast



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## Mothering Sunday at Tregenna Castle Resort

Sunday 10 March 2024

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Book a Table

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-

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## St Ives Farmers' Market: Settling in at the Island Centre

Last autumn was a time of change for St Ives Farmers' Market, when it moved from its long-standing location in the Guildhall to a temporary new home across town at the Island Centre.



The move followed the start of St Ives Town Council's major Guildhall Renewal Project, which is scheduled for completion in the spring of 2025.

Farmers' Market treasurer Mark Floyd said: "The town council supported us in finding this new venue, which is run by them. It's handy for visitors, as it's next to the Island car park. And as the market is now on Mondays, rather than Thursdays, it's a good time to do the weekly shop, whether you're a local or you're here on holiday." The market, says Mark, will continue to be "a celebration of local, seasonal produce". As well as his own Herland Roots greengrocer stall, he runs the deli, which sells Cornish cheeses, Cornish Sea Salt's ever-expanding range, and locally-produced fermented products such as sauerkraut and kimchi.

Among the other stalls are Cath's Cornish Kitchen's award-winning bread and quiches, fresh fish from Quayside Fish, honey from Rosewarne



Apiary and home-made jams from Kyfyth Kernow (that's Cornish Preserves in English). The market is also the place to go for hand-made jewellery, soap, art, gifts, locally-grown plants and more. And as Mark says, the market also has scope to grow.

St Ives Farmers' Market is open from 9.30am to 2pm at the Island Centre every Monday. See the market Facebook page for up-to-date information each week.






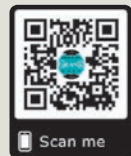
## Belgian Bar & Bites

A hidden gem awaits... Tucked away in the St Andrews St Hideaway Quarter, escape the hustle and bustle of St Ives and retreat into a Belgian oasis by the Cornish Coast. Belgium is famed for its incomparable brewing traditions, continuous flow of beer and exquisite wholesome cuisine. Here at the family run Bier Huis, our guests can expect to indulge in these authentic dining and drinking rituals, brought to you in splendid surroundings, by a dedicated and passionate team. Open 12-10pm daily, (check website) you can choose from the largest Belgian Bier collection in Cornwall, with over 75 bottles and 8 draught varieties. On Sundays, expect live music from local artists, 2-4pm, to accompany your journey of Belgian discovery. Bookings recommended through our website, takeaway Bier available all day.

**01736 797074**

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16 St Andrews Street, St. Ives TR26 1AH   



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St Ives

## Farmers' Market



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Island Centre, 2 The Ropewalk,  
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## Recipe: Blueberry and vanilla baked cheesecake

It's time to treat Mum this Mother's Day, and this nice easy dessert should really impress her, says resident St Ives Local chef Danny Rouncefield, AKA The Cornish Chef. He will be hosting a Mothering Sunday roast dinner at Baker & Chef, at 6 River Street, Truro, on 10th March – mothers get a free dessert! You'll need to book – look up @bakerandcheftruro online.



### INGREDIENTS

300g digestive biscuits  
150g melted butter  
280g golden castor sugar  
130g blueberries  
1tsp cornflour  
3 x 300g packs of full-fat cream cheese  
4tbsp plain flour  
3tsp vanilla extract  
3 large eggs  
200ml pot soured cream

### METHOD

Preheat oven to 200°C/180°C fan/gas 6. Line a 20 x 30cm rectangular tin with baking parchment. Put the biscuits in a food processor and blitz to a fine crumb. Add the butter and blitz again to combine. Tip into the tin, press down firmly with the back of a spoon to cover the base, then bake for 10 mins. Leave to cool.

Meanwhile, tip 25g of the sugar and the blueberries into a small pan. Mix the cornflour with 1 tbsp cold water and add this to the pan. Heat gently until the sugar dissolves. Increase



the heat and bubble for 1-2 mins until saucy. Set aside to cool.

In a large bowl, whisk the cream cheese with an electric hand-held whisk until smooth. Add the remaining sugar and whisk again. Add the flour, vanilla, eggs, and soured cream, and whisk until smooth and well combined.

Pour half the cheesecake mixture over the biscuit base, then spoon half the blueberry sauce on top in small blobs. Cover with the remaining cheesecake mix and smooth the surface with a spatula. Drizzle the remaining blueberry sauce over the top, then use the end of the spoon to ripple it into the cheesecake. Bake for 10 mins, then lower the heat to 110°C/90°C fan and bake for a further 30 mins. Turn off the oven and leave the cheesecake inside for 1 hr, then leave for 1 hour more with the door ajar. Finally, leave at room temperature until completely cool, then chill for at least 3 hours.

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Email: [engineinncrippleasease@hotmail.com](mailto:engineinncrippleasease@hotmail.com)  
The Engine Inn, Crippleasease, Nancledra, Penzance, TR20 8NF

# What's On March & April

## MONDAYS

### Little Ones at The Bridge Toddler Café and Bump to One

At The Bridge, Penpol Terrace, Hayle. Toddler Café runs from 9.30am-10.30am in term time. Bump to One runs from 10.45am-11.45am and is also free. [haylelightandlife.co.uk/little-ones](http://haylelightandlife.co.uk/little-ones)

### Beachfit

Outdoor fitness sessions on the beach, Hayle, 9.30am. [beachfitcornwall.com](http://beachfitcornwall.com)

### Pilates

Carbis Bay, 9.30am, £6. Suitable for beginners and those struggling with pain or long-term conditions, such as arthritis, but want to exercise in a safe environment with a physiotherapist. Email [sheryl@beachsidephysiotherapy.co.uk](mailto:sheryl@beachsidephysiotherapy.co.uk) or phone 07376 601061.

### Iyengar yoga

In the Greta Williams Room, St Ives Library, 9.30am-11am. Drop-in session, all levels welcome. £10.

### St Ives Farmers' Market

At the Island Centre, 9.30am-2pm. See feature elsewhere in the magazine.

### Barnoon Arts

Open drawing class in St Ives Arts Club, 10am-noon. [barnoonarts.uk](http://barnoonarts.uk)

### Hayle Memory Café

At Hayle Rugby Club, first and third Mondays of the month, 2pm-4pm. For people with memory problems, their families, and carers. Activities, plus tea and eat cakes! Free (but donations welcome). More information on 07513 221066.

### Carbis Bay Contract Bridge Club

Carbis Bay Memorial Hall, Trencrom Lane, 2pm-5pm. A friendly local group — beginners welcome. £2.50 per session (includes tea and biscuits). For more information, call Graham on 01736 762512 or visit [carbisbaybridge.co.uk](http://carbisbaybridge.co.uk)

### St Ives Community Foodshare

Pick up surplus food at the Mike Peter Estate car park, St Ives, TR26 2FS, 5.30pm. [kevrannastives.co.uk/foodshare/](http://kevrannastives.co.uk/foodshare/)

### St Ives Camera Club

St Anta Church Hall, Carbis Bay, 7.30pm. From

September to April. For a programme of events, visit [stivescameraclub.co.uk](http://stivescameraclub.co.uk)

### Needles and Pins

St John's Church Hall, 7pm-9pm. A group of sewers who meet each week to chat, drink tea, and work on individual designs or group projects.

### Liz's Quizzes

At The Castle, Fore Street, St Ives, 8pm. Booking is advised via the St Ives Liz's Quizzes Facebook group.

### Christian Meditation

At the Lady Chapel, St Ia Church, 7.30pm-8.15pm. Visitors and newcomers welcome. [stiveschurch.org.uk](http://stiveschurch.org.uk)

### Local Vocalz

Meet at Hayle Methodist Church, 7.30pm. A friendly, 45-strong mixed four-part choir singing popular songs and medleys, ranging from classics to pop. No audition necessary. First month is free. Email [pluing@tiscali.co.uk](mailto:pluing@tiscali.co.uk) or call 01736 754225.

### Towednack Church

Bellringing practice, 7.30pm-9pm. New and returning ringers always welcome. Excellent tuition available. For more information, email [marypjones50@gmail.com](mailto:marypjones50@gmail.com) or phone 01736 794750.

## TUESDAYS

### Beachfit

Outdoor fitness sessions on the beach in Hayle, 6.45am and 9.30am. [beachfitcornwall.com](http://beachfitcornwall.com)

### Wild Tiddlers

Baby and toddler group which meets weekly in term time, 10am-11.30am, at St John's Church vicarage garden. All under-fives welcome — no need to book. [stiveschurch.org.uk](http://stiveschurch.org.uk)

### St John's in-the-Fields

Morning prayer, 9.30am. [stiveschurch.org.uk](http://stiveschurch.org.uk)

### Friends of the Towans

A friendly group of volunteers carrying out practical conservation tasks around St Ives Bay, 10am-2pm. All welcome. [friendsofthetowans.co.uk](http://friendsofthetowans.co.uk)

### Barnoon Arts

Watercolours. Weekly standalone watercolour class, 10.30am-12.30pm. From 19th March. [barnoonarts.uk](http://barnoonarts.uk)



**St Ives Community Foodshare**

Pick up surplus food at the Palemon Best car park, St Ives, 12.30pm. [kevrannastives.co.uk/foodshare/](http://kevrannastives.co.uk/foodshare/)

**St Ives Knitting Group**

Café Art, Royal Square, St Ives, 3pm-4.30pm. Come along for knit and a natter — all welcome. Refreshments available.

**Salvation Army**

Meal and worship at the Wharf Road base, 5pm. [salvationarmy.org.uk/st-ives](http://salvationarmy.org.uk/st-ives)

**Stammtisch German-speaking group**

Meets once a month (not always on the same Tuesday) at West Cornwall Golf Club. For details, phone Birte Hosken on 01736 798408 or email [birtehosken@yahoo.co.uk](mailto:birtehosken@yahoo.co.uk)

**St Ives St John Ambulance**

Meets upstairs in the Island Centre, Island Road, 6pm-8pm in term time, for five- to 18-year-olds. [sja.org.uk](http://sja.org.uk)

**1st St Ives Cubs**

Meet from 6.30pm-8pm at Ayr Field, St Ives, during term time.

**St Ives Community Choir**

Rehearsals from 6.30pm to 8.30pm at Carbis Bay Memorial Hall. New members are always welcome. No auditions required, just enjoy singing. For more information, phone Lynda on 01736 796832 / 07871 805526, email [sichoira@btinternet.com](mailto:sichoira@btinternet.com) or visit [stivescommunitychoir.org.uk](http://stivescommunitychoir.org.uk)

**Hayle Lions**

Meet at 7pm, second Tuesday of the month, at the Passmore Edwards Institute. Supporting the community with local and individual issues. If you think you can help, pop along to a meeting. [e-clubhouse.org/sites/hayle/](http://e-clubhouse.org/sites/hayle/)

**St Ives Jazz Club**

Western Hotel, St Ives, 7.30pm. Guest bands every second Tuesday of the month. Big Kettle Jazz (line music) every other Tuesday. [facebook.com/StIvesJazzClub](http://facebook.com/StIvesJazzClub)

**Phoenix Singers**

Meet at St Ives Arts Club, Westcotts Quay, 7.30pm. This is a fun singing group. If you feel you would like to come and have a bit of fun singing, you would be most welcome. No music experience necessary.

**Liz's Quizzes**

At Polmarter Touring Park, 8.30pm, until mid-September. Booking is advised via the St Ives Liz's Quizzes Facebook group.



**WEDNESDAYS**

**Little Ones on the Beach**

9.30am-10.30am in term time. Fresh air and a chance to play in the dunes while making new friends. [haylelightandlife.co.uk/little-ones](http://haylelightandlife.co.uk/little-ones)

**Beachfit**

Outdoor fitness session on the beach in Hayle, 9.30am. [beachfitcornwall.com](http://beachfitcornwall.com)

**Steeple Woodland Nature Reserve**

Work party: all welcome to take part in light exercise with like-minded people. Meet by the wooden gate on Steeple Lane at 9.30am. Tools and gloves provided. Wear clothing suitable for the weather conditions. More details from Giles on 07527 287543, at [steeplewoods.org](http://steeplewoods.org) and on Facebook.

**Artisan Market**

At The Island Centre, 10am-4pm.

**Barnoon Arts**

Sketchbooking St Ives. Outdoor sketching around St Ives, 10.30am-12.30. [barnoonarts.uk](http://barnoonarts.uk)

**St Ives Community Foodshare Kevrenna Social Club**

At St John's in-the-fields Church, 10.30am-12.30pm. A social place to chat, play board games, swap clothes, and share recipes, skills, and recycling ideas. Refreshments provided. [kevrannastives.co.uk/foodshare/](http://kevrannastives.co.uk/foodshare/)

**Rhyme Time**

At St Ives Library, 10.45am. Thirty minutes of music, singing, and stories for pre-school children.

**DDMix**

At Carbis Bay Memorial Hall, 11.45am. An aerobic workout using dance styles from around the world. To book, phone 07719 700993 or email [diversedancemix.martha@gmail.com](mailto:diversedancemix.martha@gmail.com)



### Yoga and Yoga Dance in Carbis Bay and Hayle

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www.endrianyoga.com**

#### St John's in-the-Fields

Welcome Wednesdays, 2pm-4pm. A warm, safe space to come to.

#### Brownies

At 5pm, St Ives Salvation Army, Wharf Road. Information on 01736 797746.

#### St Ives Sailing Club

Meet at 5.30pm. Races start at 7pm (or 6.30pm if the light is fading). More details at [stivessailingclub.com](http://stivessailingclub.com)

#### 1st St Ives Beavers

Meet from 6.30pm-7.45pm at Ayr Field, St Ives, during term time.

#### Liz's Quizzes

At the Bird in Hand, Hayle, 7.30pm. Booking is advised via the St Ives Liz's Quizzes Facebook group.

#### Global Wednesdays

At the Western Hotel, St Ives, 8.30pm-11pm. All welcome to an evening of jams and performances celebrating global music.

## THURSDAYS

#### Iyengar Yoga

With Lucy Aldridge at Carbis Bay Memorial Hall. 9.15am, general class; 5.30pm, beginners; 7.30pm, general/intermediate class. To book, text 07817 968036. [lucyaldridge.com](http://lucyaldridge.com)

#### Friends of the Towans

A friendly group of volunteers carrying out practical conservation tasks around St Ives Bay, 10am-2pm. All welcome. [friendsofthetowans.co.uk](http://friendsofthetowans.co.uk)

#### Yoga and Yoga Dance

A relaxing class which helps flexibility,

designed for the over-40s. Taught by Khalid Beg in Carbis Bay, 10am. Phone 01736 757919 or visit [endrianyoga.com](http://endrianyoga.com)

#### Barnoon Arts

Draw St Ives. See St Ives in a different light, 10.30am-noon. [barnoonarts.uk](http://barnoonarts.uk)

#### Table Tennis for the over-50s

At the Island Centre, St Ives, 10.30am. Phone 07887 368191 or visit [u3astives.co.uk](http://u3astives.co.uk)

#### St Ives Memory Café

At Carbis Bay Memorial Hall, 2pm-4pm, on the first and third Thursdays of each month. Music, entertainment, arts and crafts, quizzes, social interaction etc. Phone 07999 239865.

#### Carbis Bay Scout Group

Cubs and Scouts meet at Fenton Hall, Porthrepta car park, Carbis Bay. To find out times, phone Jan White on 07776 328229 or email [janmack56@hotmail.com](mailto:janmack56@hotmail.com)

#### St Ives Community Foodshare

Pick up surplus food at St Ives Rugby Club, 5.30pm. [kevrannastives.co.uk/foodshare/](http://kevrannastives.co.uk/foodshare/)

#### St Ives Bridge Club

At St John's in-the-Fields Church Hall, 6.30pm. Phone Jim Barker on 01736 794134 or visit [bridgewebs.com/stives](http://bridgewebs.com/stives)

#### St Ives Male Voice Praise Choir

The choir meets at Hellesveor Chapel, 7.30pm. They would welcome men interested in singing Christian music. Practice usually lasts just over an hour.

#### Alternative Folk Thursdays

8.30pm-11pm in the Kettle 'n' Wink bar of the Western Hotel, St Ives.

## FRIDAYS

#### Beachfit

Outdoor fitness sessions on the beach in Hayle, 9.30am. [beachfitcornwall.com](http://beachfitcornwall.com)

#### Toddlers Group

At the Salvation Army, Wharf Road, St Ives, 9.30am. Information on 01736 797746.

#### Penderleath Community Woodland

Work session 10am-noon at Penderleath community woodland, near Cripplelease. All welcome. Park at Giew Mine, Cripplelease, and cross the road. On the first Saturday or the month

the session switches to that day (2pm-4pm). No Friday session that week.

### Hayle Farmers' and Craft Market

At Phillack Church Hall, 10am-1pm. Phone 01736 755005 or email [gilliandawkins1@gmail.com](mailto:gilliandawkins1@gmail.com) or [jackie@renfree.com](mailto:jackie@renfree.com)

### Craft Hive

At St Ives Library, second Friday of the month, 11am-1pm, £3. Bring your work in progress and enjoy a cuppa, craft, and chat.

### St Ives Poetry Circle

At St Ives Library, first Friday of the month, 1pm-3pm. Admission is free. All are welcome - poets and non-poets alike.

### Trencrom Ladies' Club

At Lelant Village Hall on the second Friday of each month, 2pm-4pm. Time for tea and a chat after talks — all welcome. Members £1, visitors £3. 01736 753720.

### St Ives Community Foodshare

Pick up surplus food at the Palemon Best car park, St Ives, 5.30pm. [kevrannastives.co.uk/foodshare/](http://kevrannastives.co.uk/foodshare/)

### St Ives Girls' Skate Night

5.30pm-7.30pm at the Palemon Best Recreation Area, second Friday of the month. All wheels, levels, and ages welcome. Facebook/Instagram: @girlsskatestives

### St Ives St John Ambulance

At the Island Centre, Island Road, for adults aged 18 upwards, 7pm-9pm. [sja.org.uk](http://sja.org.uk)

### Youth Club

At 7.30pm, St Ives Salvation Army, Wharf Road. 01736 797746.

### Songwriters' open mic Fridays

8.30pm-11pm in the Kettle 'n' Wink bar of the Western Hotel, St Ives.

## SATURDAYS

### FOSIL (Friends of St Ives Library)

Super Saturdays on the first Saturday of every month in St Ives Library, 10am-noon. Different theme every month. All welcome. Drinks and cakes provided.

### Barnoon Arts

Draw St Ives. See St Ives in a different light, 10.30am-noon. Details at [barnoonarts.uk](http://barnoonarts.uk)



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### Bellringing

In the tower (ground floor) of St Uny Church, Lelant, 11am-12.30pm. Practices on the first and third Saturdays of the month. Come and have a taster session. All welcome, from age ten to 80-plus (children must bring a parent/guardian). More information: 01736 793201.

### St Ives Tennis Club

Free beginners' and improvers' sessions for members, and non-members with a TR26 postcode, between 1pm and 3pm (weather permitting). Rackets available. Call 07413 449338 for further information, or just turn up. New members welcome. [clubspark.lta.org.uk/StIvesTennisClub](http://clubspark.lta.org.uk/StIvesTennisClub)

### St Ives Sailing Club

Meet at 12.30pm. Races start at 2pm. More details at [stivessailingclub.com](http://stivessailingclub.com)

## SUNDAYS

### St Ia Church

Holy Communion, 8am (second and fourth Sunday of the month). 9.45am Sung Eucharist, every Sunday.

### St John's in-the-Fields

Morning service, 11.15am. Wild Church, a service for all ages, 3pm.

### Hope Community Church

Morning service, 10.30am, at Lelant Community Hall. Pastor Rodney Orr 01736 798530.

### Fore Street Methodist Church

Morning service, 10.30am. All welcome. William Thomas 01736 799762.

### St Ives Community Foodshare

Pick up surplus food at St Ives Rugby Club, 11.30am. [kevrannastives.co.uk/foodshare/](http://kevrannastives.co.uk/foodshare/)

## OTHER EVENTS

### Cornish Coast Events

#### 30th March

First monthly Hayle Food and Craft Market at Hayle Day Care Centre, 10am–2.30pm.

#### 4th April

First Little Market on the Front at the Salvation Army, The Wharf, St Ives.

### Fore Street Methodist Church, St Ives

#### 28th March (MaundyThursday)

The Trek, an Easter celebration with a team from Cliffe College, 7pm.

#### 29th March (Good Friday)

A service of song with St Ives Male Voice Praise Choir, the Living Stones Gospel group, and various soloists.

#### 31st March (Easter Sunday)

Sunrise Service at the Church on The Island, 6.15am.

Resurrection Day service and Communion at Fore Street Methodist Church, 10.30am.

Everybody is welcome at all events.

### Friends of the Towans

#### 17th March

The friendly group of conservation volunteers, who meet on Thursdays, are holding their first weekend session, from 10.30am to 2.30pm. All welcome. Email [friendsofthetowans@gmail.com](mailto:friendsofthetowans@gmail.com) or visit the FOTT Facebook page for more information.

### Kite Fest

#### 23rd March

#### Kite-making workshops at St Ives Library.

#### 30th March

Flight Day itself, on The Island, 1pm–3pm. See feature on page 10.

### St Ives Library

#### 14th March

Pocket journals — an artist book workshop with Vicki Aimers. A stitch and creative writing workshop. Details on the Library Facebook page.

#### 16th March

Family botanical sketchbook workshop with Vicki Aimers. Two sessions — 10am–noon and 1pm–3pm. £2 for a family.



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[www.ceremoniesbymelaniejane.com](http://www.ceremoniesbymelaniejane.com)

### St Ives Old Cornwall Society

#### 4th March

Val Thomas on forgotten and lost chapels of the St Ives area.

#### 8th April

Tony Mason presents a montage of his Cornish Pastymen series of videos of St Ives.

Meetings are at the Memorial Hall, Carbis Bay, 7pm. Annual membership £10, casual attendance £2.

### St Ives School

#### 19th–21st March

School of Rock, The Musical. Tickets available at [eventbrite.co.uk/org/75575056963](http://eventbrite.co.uk/org/75575056963)

### St Ives U3A

#### 5th March

Talk on blood bikes.

#### 19th March

Talk by Jane Penn–Barwell: The Spies Next Door. Meetings are at Carbis Bay Memorial Hall, 2pm.

### Trencrom Ladies Club

#### 8th March

AGM, followed by a photo quiz.

#### 12th April

Liz Wood introduces members to Chinese flower art. Lelant Village Hall, 2pm–4pm. All welcome: visitors £3, members £2. Time for tea and a chat afterwards. More information 01736 753720.

Please email What's On entries for May and June to [hello@stiveslocal.uk](mailto:hello@stiveslocal.uk) by 5th April. Keep an eye on our website — [stiveslocal.uk](http://stiveslocal.uk) — for up-to-date listings.

The Methodist Church 

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@  
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Where there's a Warm Welcome and Friendly Fellowship  
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## ART, EXHIBITIONS AND WORKSHOPS

### Anima Mundi

Until 23rd March (in gallery and online)

A Skin Made Porous

Various artists in this exhibition which considers the influences and physical and metaphysical transformations which we take on board in our lives.

Street-an-Pol, St Ives

[animamundigallery.com](http://animamundigallery.com)

### Belgrave St Ives

30th March-22nd April

St Ives and Modern British 2024

The annual catalogue exhibition of painting, sculpture, drawing and prints by modern British and St Ives artists working in the post-war period. This much anticipated show offers clients and collectors the chance to buy accessibly priced works by some of the major names in British Modernism.

You can view the exhibition on the gallery website, or in person by appointment (call 01736 794888 or email [info@belgravestives.co.uk](mailto:info@belgravestives.co.uk)).  
The Studio, High Bussov Farm, Towednack TR26 3BB | [belgravestives.co.uk](http://belgravestives.co.uk)

### Leach Pottery

Until 19th May

Colour and Movement: spring group show  
Celebrating contemporary and emerging potters who work with colour, flowing decoration, and lively movement. Featuring Dylan Bowen, Heather Gibson, Dawn Hajitofi, Jennifer Hall, and Tarragon Smith.  
Higher Stennack, St Ives | [leachpottery.com](http://leachpottery.com)

### New Craftsman Gallery

Until 8th March

Beatrice Goodden: Pink Moon over Bamaluz  
Botanical etchings and watercolour paintings inspired by travel.

Colin Orchard: Hidden Venice

A new Venetian collection walking viewers through the city's historic cloistered lanes.

30th March-19th April

Emma Jeffries: By The Sea

Feature on page 26.

24 Fore Street, St Ives | [newcraftsmanstives.com](http://newcraftsmanstives.com)

### Penwith Gallery

Until 6th April

Members' Exhibition

A diverse exhibition of sculptures, ceramics, paintings, drawings, and prints from Members of The Penwith Society of Arts, St Ives.

### 8th March-6th April

Lydia Corbett, Sylvette David: a retrospective  
Lydia Corbett, also known as Sylvette David, is known to art lovers all over the world as 'the Girl with the Ponytail', and is Pablo Picasso's last living muse. At 4pm on the preview evening (8th March), artist Lucien Berman, who is curating Lydia's show, will give a talk entitled Encounters with Picasso and the Making of Art.

Julia Maleeva: My Three Seas

A solo exhibition of oil and cold wax paintings chronicling a journey between the Mediterranean, the Atlantic Ocean, and the Black Sea.

### 12th April-15th June

Members' Spring Exhibition

A diverse show of sculptures, ceramics, paintings, drawings, and prints from the Members of The Penwith Society of Arts.

### 12th April-11th May

Mary English and Martyn Perryman

A joint exhibition of ceramics by Mary Kaun English, and paintings by Martyn Perryman.

Michael Praed: a Retrospective Exhibition

A solo exhibition of paintings by Michael Praed.  
Back Road West, St Ives | [penwithgallery.com](http://penwithgallery.com)

### St Ives Society of Artists

Crypt Gallery

6th-12th April

Glyn Macey

13th-19th April

Mary Scott

20th April-10th May

Francesca Owen

Norway Square, St Ives | [stisa.co.uk](http://stisa.co.uk)

### Tate St Ives

Until 6th May

Outi Pieski

Paintings and installations exploring several themes, including the culture and identity of the Sámi people, who live in a region including the northern part of Scandinavia and Kola peninsula in Russia.

A Natural History of Nest Building

A three-screen video installation narrated by Andy Holden and his father, ornithologist Peter Holden. It uses the study of birds' nests to explore ecology, sculpture, and familial relationships.  
Porthmeor Beach, St Ives | [tate.org.uk](http://tate.org.uk)



## Capturing the Light at St Ives Museum

St Ives Museum's latest exhibition explores the period prior to 1914, when the St Ives art colony gained a national and international reputation as a centre for the practice and teaching of landscape and marine painting out of doors.

The exhibition, *Capturing the Light: St Ives Artists 1885-1914*, showcases some of the leading British and foreign artists drawn to what was hailed as "the Mecca of the seascapist", many of whom experienced career-changing influences.

For 2024, the museum will have a significantly expanded display of fabrics and clothing manufactured at the Crysede Factory on the Island in the 1920s and 1930s. The display showcases the wonderful patterns and designs created by Crysede, many of which reflect local themes and locations. There will also be a new display about the world-famous Troika Pottery, which began life in what is now the museum building at Wheal Dream in 1963 and remained there until it moved to Newlyn in 1970.

Assistant curator Peter Garratt said: "2024 is a very significant year for the museum, as it was founded in 2024 by members of the Old Cornwall Society. To celebrate our 100th birthday, we are creating a centenary trail which will feature displays at a number of

locations around the town which celebrate notable events and activities on St Ives history. There will also be a programme of fundraising events, talks and entertainment. Full details will be published shortly."

St Ives Museum re-opens on 1st April, and is then open Monday to Friday from 10.30am to 4.30pm and Saturdays from 10.30am to 3.30pm until the end of October. Admission is £5 – free for children under 5.



**ST. IVES  
MUSEUM**

**CAPTURING THE LIGHT  
ST. IVES ARTISTS 1885 - 1914**

**APRIL - OCT 2024**

ST IVES MUSEUM  
WHEAL DREAM, ST IVES, TR26 IPR  
01736 796005 WWW.STIVESMUSEUM.CO.UK

MONDAY - FRIDAY 10:30AM - 4:30PM SATURDAY 10:30 AM - 3:30PM

# Ebb and Flow ...

## A new show from seven artists who met in St Ives

**The seven artists of the MAC | RAGS Art Collective are returning to the Crypt Gallery in April, to celebrate their continuing connection with St Ives.**

Mary Scott, Andrew Rothwell, Rosanna Gardner, Anna Clarke, Gwynne Penny, Sue Emms and Nick Strivens were all part of the St Ives School of Painting Porthmeor Programme in 2020. The programme took place remotely during lockdown, but the group came together from different parts of the country for regular weekends in St Ives. All the artists have their own personal connection with the town, and each of them has found that it has shaped their artistic journey. The importance of the Cornish coastline to their work is reflected in this year's exhibition title, Ebb and Flow.

The name MAC | RAGS was inspired partly by the artists' initials, partly because of having to put on their macs when it was very wet as they were out painting, and partly by the rags that some of them painted with!

**Ebb and Flow opens on Saturday, 13th April, from 2pm, in The Crypt Gallery, beneath the Mariners Church, between The Wharf and Norway Square. It will be open daily, from 10am-6pm, closing on 19th April at 3pm. Entry is free and there will be original work for sale.**



**Nick Strivens: Waiting for that Wave**

Mary Scott paints intuitively, her work emerging as abstract recollections of long walks on the Cornish coast and from travels in other wild places. Mary was previously a geologist, and she would like those viewing her art to slow down and connect with geological time and the fragility of our planet.

**Gwynne Penny** draws inspiration from the shoreline around St Ives Bay. She is fascinated by the ever-changing inter-tidal zone, and Porthmeor Beach and the Island have been the main subject of her work in recent years. Gwynne's paintings and sculptures encapsulate her experiences and observations of this unique environment.

**Anna Clarke's** work is inspired by her love of the open sea, being especially connected to the coast of St Ives and Salcombe from years of family holidays; both places inspire her with their ever-changing iteration of texture, pattern and wondrous colour.

**Rosanna Gardner** is particularly interested in St Ives' history – St Ives Museum is one of her favourite places and she has drawn inspiration from early photographs and maps. For Ebb and Flow, Rosanna has made oil pastel studies of the



**Gwynne Penny:  
Once Upon a Mermaid's Purse**



**Sue Emms:  
Variation I**





**Mary Scott: Resonance**

sea: the eddies and swirls, incoming waves and outgoing currents suggesting abstract compositions.

**Andrew Rothwell** paints to see things more clearly. Simplifying form and playing with colour is his way of expressing his feelings towards a place, person, or scene. In so many aspects of life, we are the servant of others – in art you make all the decisions – for better or worse!

**Sue Emms** trained as a dress designer, and latterly has moved over to painting. Over the years she has spent time honing her skills. There is a depth to the work and a richness. She is interested in the human form, and likes to show this in her work.

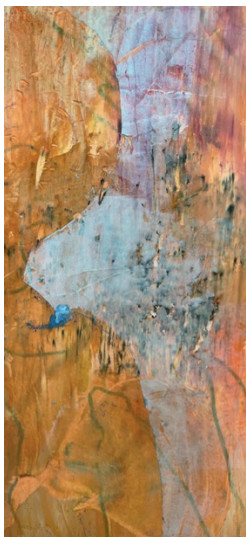
**Nick Striven's** art is influenced by Exmoor, where he lives, and the South West coast. He paints largely landscapes and seascapes; occasionally abstract art and industrial landscapes. Nick's art doesn't follow any rules: he is self-taught, with the benefit of occasional workshops.



**Members gather for a previous exhibition**



**Rosanna Gardner: Myrtle**



**Andrew Rothwell:  
Smiling Tali**



**Anna Clarke: Looking Back**

# Colour and Movement at the Leach Pottery

Leach Pottery's 2024 exhibition programme has kicked off with the group show **Colour and Movement**, which runs until 19th May. The exhibition celebrates contemporary and emerging potters who work with colour, flowing decoration, and lively movement. Expect pots with a sense of freedom and energy - and some are available to purchase.

Dylan Bowen makes slip-decorated earthenware using both traditional and contemporary materials and techniques. He works on a small but ever-mutating range of shapes, large platters, bowls, and more sculptural forms.

Heather Gibson makes a range of hand-built ceramic stoneware, including large chargers, carved vessels, and tableware. Exploring clay as a canvas for trace, memory, and mark-making, she uses a careful alchemy of slips, oxides, and glazes to create bold, sculptural, and dynamic pieces.

Dawn Hajittofi throws vessels in white earthenware, then alters and marks the



Dylan Bowen

surfaces with various indentations, sometimes adding pieces to the surface. She decorates using coloured slips, oxides, glazes, and underglazes.

Jennifer Hall works from her home studio overlooking the sea on the north coast of Pembrokeshire. Using a geared kickwheel, she throws domestic ware in small batches. She decorates her pots with slips and oxides, using a combination of slip trailing, brushwork and sgraffito techniques.

Tarragon Smith is a Canadian-born ceramicist, now living in Norfolk. The wave motif that can be found in varying guises on much of his work is a catch-all for distance, loss, and migration, which carries both political and personal significance.

# What Lies Beneath: a raw study of Cornwall

Tina Hill, and Liz and Dominic Hewitt, three West Country artists who share a passion for both the physicality and emotion of the Cornish landscape, are showing for the first time in the Crypt Gallery.

What Lies Beneath runs from 10th-15th March, with a preview evening on 9th March, from 4pm-7pm, to which all are welcome. The exhibition is the result of many years



What Lies Beneath Remnant

exploring the paths, beaches, and archaeological and industrial sites of Cornwall. The artists have distilled their experiences into a visual

archive using mixed media, painting, print, textile art, and photography.

Tina is inspired by archaeology, geology, and museum artefact – the marks and stains of time. For this exhibition she is showing both paintings and unique mixed media prints that are inspired by and conceived in Cornwall, often using pigments sourced from the Cornish land itself.

In this exhibition, Liz is documenting the marks left on the Cornish Landscape by the tin mining industry, with rust printed papers, mixed media collage, prints, and handmade

books. The cloth and paper used has been coloured and stained with rust and earth pigments collected from walks along the coastal paths and beaches, leaving an impression of past times.

Dominic is fascinated by the remnants of our industrial past – the discarded, the decaying, and the rusted. In his photographs he enhances the colours to reveal their underlying beauty, their texture, and form, giving us alternative and deeper insights into what is left behind. His work follows the decline of the mining and fishing industries in Cornwall and beyond.

## Emma Jeffryes, By The Sea, at New Craftsman

St Ives artist Emma Jeffryes is returning to the New Craftsman Gallery with a new collection of work entitled *By The Sea*. The show combines key influences from recent years into one comprehensive and definitive collection for 2024.

As always, St Ives and the surrounding ocean figure strongly in this exhibition, beginning with Emma's first artwork of this year, *January Sea*, painted en plein air on Porthmeor Beach on a bitterly cold day, as well as *Tea, Tate, Town*, inspired by the view from the Tate St Ives café – which is on the cover of this issue of *St Ives Local*.

Emma's studies of the South West Coast Path, which she has been walking in sections over the past few years, also form part of this collection, taking in Hawkes Point and other spectacular views of the Cornish coast.

Last August, Emma spent a week in Falmouth in order to paint the Tall Ships Regatta. Sadly, this world famous event was cancelled at the last minute, due to the arrival of Storm Betty, and so the works Emma made there, from a little terrace just above the sea, depict the lives of Falmouth's sea-going folk, from



Falmouth Sailing Waters

swimmers and paddle boarders, to fishing boats, sailing yachts, and huge military ships, along with Tall Ships anchored patiently in the harbour during unusually stormy conditions. All these works continue Emma's lifelong study of our powerful connection with the sea, and how this, in turn, has affected the nature of Cornwall's coastline.

The exhibition also includes a series of Emma's still life works, from vases of flowers to everyday objects around her studio, which demonstrate her talent for bright complimentary colour and lively compositions.

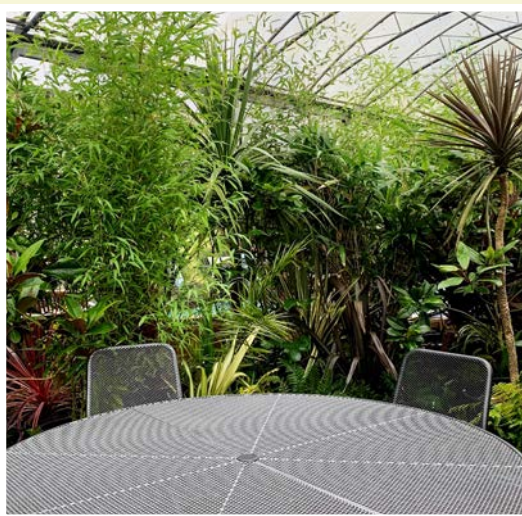
*By The Sea* is at the New Craftsman Gallery, in Fore Street, St Ives, from 30th March to 26th April.

# Trevena Cross Nurseries diary: All set for spring

*by Lucy Wickes*

The nursery is 'spring ready', and as the weeks pass by and temperatures rise, the garden centre will become a real feast for the senses. A huge variety of plants have been gracing the undercover planteria since January – a major advantage of growing more than 90% of the plants on site is that supply is never a problem! It is this time of year when Trevena Cross really takes it up a gear, though. The garden is 'awake', and everyone at the garden centre is keen to ensure that they deliver a truly sensational spring season for their eagerly anticipating customers.

Plants are starting to come down from the nursery daily to keep benches bursting with colour and interest. A striking selection of shrubs, trees, perennials, hedging plants and more is joined by seasonal bedding and patio plants and a feast of 'grow your own' goodies. Value for money and season long 'wow' factor are the aims with the home-grown patio plants, which can



span from spring until Christmas in many cases, if mild temperatures prevail.

This year, the emphasis on grow your own has been taken to a whole new level in one of the nursery tunnels, which is dedicated to growing a wide range of food that will be served in the Palm Tree Bistro, the new on-site eatery. Scheduled to open at the beginning of March. It will celebrate quality local – largely Cornish – ingredients, as well as ingredients grown in the nursery at Trevena Cross.

The bistro team will be able to hand-pick veg and herbs daily, and then literally step into the kitchen to prepare them in the day's dishes. This unique aspect of the new bistro will give it a real Trevena Cross identity and will extend the 'grown on site' ethos beyond the plants the business sells. Visitors can also enjoy the same produce they've eaten in the bistro at home, with plants grown for the bistro kitchen mirroring many of the varieties available to buy at the garden centre. It really will take the grow your own concept full circle.

There are exciting times ahead – spring is always a hive of activity, with the exciting outdoor offering of plants and outdoor sundries complemented by a shop full of everything garden-related, and a jungle-like houseplant section. If you need help getting on top of your garden to-do list this spring, don't hesitate to get in touch with the friendly team at Trevena Cross and benefit from their expertise. Better still, pop by and soak up everything spring can offer. What about an Easter visit?

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## St Ives Archive is coming to town!

*by Wendy Grove*

Last year, St Ives Town Council approached the Trustees of St Ives Archive and offered them a permanent home – Market House in Market Place. It is a perfect partnership, enabling the guardians of St Ives history to breathe life once again into this important building, which was Grade II listed in 1972.

Market House has been the home of commerce and administration in St Ives since 1490. The original building was made of wood, with an open ground floor which provided a sheltered area for trading. In 1832 this building was demolished and replaced by the larger granite building that exists today. The rounded ends of Market House, which gives the building such a distinctive shape, were designed for a specific purpose: they allowed space for carts carrying ships' masts to and from the harbour to negotiate the tight corners of St Ives' streets.

The first floor of the new Market House became the Town Hall, and was both the St Ives Town Council chamber and the Magistrates Court, until the new Guildhall was built in Street an Pol and the Municipal Offices relocated there in 1940.

Since it was founded in 1996, St Ives Archive has never had a permanent home. Wesley Methodist Church in Carbis Bay is its third location, and to move back into St Ives was always the aim of the Archive. So when the Archive Trustees were approached by the town council with the offer to move into the first floor of Market House, they were delighted to accept. The proposal is subject to raising the necessary funding, with the aim of completion in 2025. Applications for a St Ives Enterprise grant and the Government's Community Ownership Fund are being prepared.

Archive volunteers were the first members of the public to have an escorted tour of the premises. An Open Day hosted by the Archive was held on 15th December, and the response from the many visitors



Market House by Bryan Pearce

was overwhelmingly positive towards the move. On 28th March 2024, from 10am until 3pm, St Ives Archive will once again open the doors of Market House for a second Open Day, with the co-operation of the town council.

It will be an opportunity to see the historic first floor – complete with the ceremonial chair and cells – before it is closed for renovation. Refreshments will be available, and Archive publications will be on sale. Volunteers will be there to give information and answer questions about the Archive, and also to extend a warm welcome to any prospective volunteers. Volunteers are the lifeblood of the Archive, and each one is valued for their commitment, time and skills at every level. This is an exciting time to join the team of enthusiastic volunteers, and to experience being part of this unique project of relocation and the creation of a new Heritage and Study Centre.



St Ives Archive is based at Wesley Methodist Church, St Ives Road, Carbis Bay, St Ives, TR26 2SF. For information about current opening hours, phone 01736 796408, email [admin@stivesarchive.org](mailto:admin@stivesarchive.org), or visit [www.stivesarchive.org](http://www.stivesarchive.org). The Archive opened in 1996 and is staffed by volunteers. We are always looking for people to join our enthusiastic team – there are opportunities to learn new skills, carry out research, assist visitors and take part in fundraising events. We offer a valuable service for anyone wishing to obtain historic information about the town. The Archive holds over 35,000 photographs and numerous documents covering fascinating subjects such as art, maritime heritage, tourism and traditional customs, and we also have extensive resources relating to the history of St Ives families. Why not come and visit us?

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# Out on the Towans

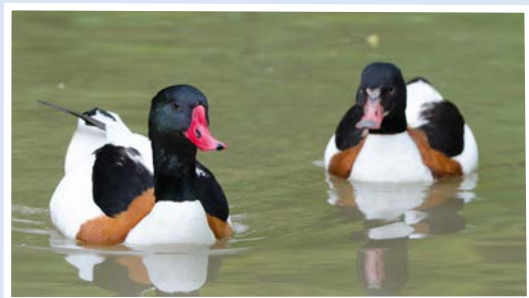
Spring is in the air – and on the ground

*by Sara Dowler, Friends of the Towans Volunteer Coordinator*



After the muted months of winter, the wildlife of the Towans is waking from winter dormancy. If you tune into your senses, you'll notice the gradual changes that herald spring – the swelling of buds on bushes and trees; the unfurling of fresh leaves; the change in birdsong as it becomes vibrant and spirited; and the gentle buzz of foraging insects taking advantage of a burst of warm sunshine.

This can be one of the best times of year for wildlife-watching, as animals become more active, gathering food and materials in preparation for breeding. There is something very special about a chance wildlife encounter – where you're so quiet and unobtrusive that the animals don't even know you're there, and you get to watch them going about their daily lives in their natural environment.



Wheatears are one of the earliest migrating birds to pass through the Towans in the spring. These little birds spend the winter in Africa, and then head back to Britain to breed, using the Towans as an important refuelling stop before continuing their journey north. The reason for the name Wheatear – old English for white arse! – becomes apparent when you see its white rump as it flies away. We'll see them again in September when they make their return journey. It can also be a surprise to see a shelduck disappearing into a sand dune – less so once you find out that they use old rabbit holes as nest sites. Meadow pipits and skylarks also nest on the ground, and all these birds are easily disturbed by energetic dogs eager to explore.



As the days become warmer, native wildlife such as adders and lizards start to wake from their winter hibernation. Being cold blooded animals, they're not able to fully regulate their body temperature, and rely on heat from the sun, ground and air to keep them warm. On warm spring days, they often bask in the sun on areas of bare ground or short grass. They're naturally shy animals and prefer to move away to the safety of undergrowth at the slightest sign of danger. However, on cooler days, they're not able to move away quickly, and that's when they're more likely to try to defend themselves, and could give your dog a nip.

So, next time you're out on the Towans, keep your eyes and ears open, and pause if you spot any wildlife. You can give them a helping hand by allowing them time and space to move away. By having your dog on a lead or under close control, you can help keep both the dog and other creatures safe – you could be rewarded with a great view of the wonderful wildlife of the Towans!

Friends of the Towans practical conservation sessions run every Thursday from 10am to 2pm, with a weekend session on Sunday 17th March from 10.30am to 2.30pm. You don't need any specific experience to join, and we provide training, tools and biscuits. You're welcome to come just for an hour or two and bring family and friends too! To find out more, visit Friends of the Towans on Facebook, email [friendsofthetowans@gmail.com](mailto:friendsofthetowans@gmail.com) or visit [www.friendsofthetowans.org.uk](http://www.friendsofthetowans.org.uk)





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## Book Review

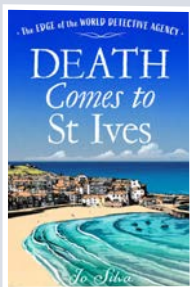
by Alice Harandon, manager of St Ives Bookseller

### Death Comes to St Ives

by Jo Silva

£9.99 (published 25th April)

Book 3 in The Edge of the World Detective Agency cosy crime series follows Donna Nightshade – a former florist turned private eye – in her bid to crack a new case amidst the dramatic cliffs and secret coves of Cornwall. Death comes to a local gallery ...



wins in the kitchen with super-simple recipes that are bursting with flavour and kind to the planet – 12 flavour hits, 125 delicious recipes, 365 days of good eating! We should have some signed copies too, if you're quick!

**Rural Hours: The country lives of Virginia Woolf, Sylvia Townsend Warner and Rosamond Lehmann** by Harriet Baker

£25 (published 4th April)

Tells the story of three very different women, each of whom moved to the country, and was forever changed by it. This is both a paean to the bravery and vision of three pioneering writers, and a passionate invitation to us all: to recognize the radical potential of domestic life and rural places, and to find new enchantment in the routines and rituals of each day.



**The Warm Hands of Ghosts** by Katherine Arden

£18.99 (published 7th March)

World War One, and as shells fall in Flanders, a Canadian nurse searches for her brother, believed dead in the trenches – despite eerie signs that suggest otherwise, in this gripping and powerful historical novel.

### Song of the Huntress

by Lucy Holland

£16.99 (published 21st March, signed copies available)

Song of the Huntress recasts the folklore behind the Wild Hunt into a dark, feminist fantasy set amidst the legends and beauty of ancient Britain.



**Shells and What They Hide Inside** by Helen Scales

£10.95 (published 4th April)

A richly illustrated, informative, and interactive introduction to shells for children aged 2-4, with over 40 flaps to lift and discover in this cheerful board book.

### Easy Wins by Anna Jones

£28 (published 14th March)

Anna Jones gives her golden rules for easy

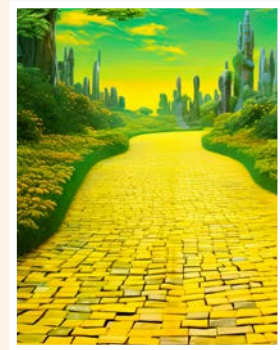
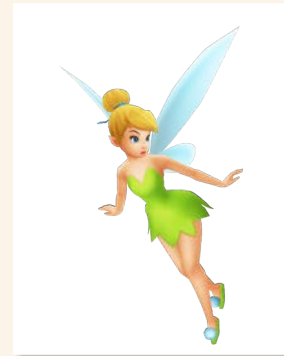
St Ives Bookseller, 2 Fore Street, St Ives, TR26 1AB. The shop is open seven days a week. Books can be ordered, and are often delivered in 24 hours. Tel: 01736 796676; email: stivesbookseller@mabecronbooks.co.uk; Twitter: @stivesbooks

## Liz's Quizzes

Liz Noall is back to tease you with her quiz! As well as trying these questions, you can catch Liz live every week. On Monday, she's at the Castle Inn, St Ives, at 8pm; on Tuesdays, it's Polmanter Touring Park, at 8.30pm (May until mid-September); on Wednesdays, she's testing the teams at the Bird in Hand, Hayle, at 7.30pm; on Thursdays, it's the Lifeboat Inn, St Ives, from 8.30pm; and she's at the Royal Standard, Hayle, on Sunday evenings. Book via Liz via St Ives Liz's Quizzes on Facebook. As well as offering big prizes, the quizzes also generate lots of money for charity. At the time of going to press, Liz's charity total had passed £30,000!



1. On what part of your body would you wear a deerstalker?
2. The 1968 Oscars ceremony was postponed for 48 hours due to the assassination of who?
3. What was the name of the fairy in the story Peter Pan?
4. Which English city stands on the eastern side of the Mersey estuary?
5. The fiddle is a slang name for which musical instrument?
6. Castel Gandolfo is the summer palace of which religious leader?
7. What term is given to the scientific study of plants?
8. Boo Radley is one of the main characters in which famous novel?
9. Which brothers were responsible for the films Duck Soup and A Night at the Opera?
10. What name is given to a baby hare?
11. In the title and opening line of a well-known nursery rhyme, who is described as 'quite contrary'?
12. In The Wizard of Oz, which of Dorothy's three companions was looking for a brain?
13. In what unit is the heat from chillies measured?
14. In police terminology, what does CPS stand for?
15. Which English city is known as the City of Dreaming Spires?
16. In which American state is Camp David, the country retreat of the American president?
17. The songs Getting to Know You and Whistle a Happy Tune feature in which musical?
18. Which sea separates the countries Greece and Turkey?
19. The word looped is an anagram of the name of which breed of dog?
20. Prep on meringue is an anagram of the name of which kind of bird?



Answers on page 46

# St Ives Community Land Trust: Full steam ahead for affordable homes project

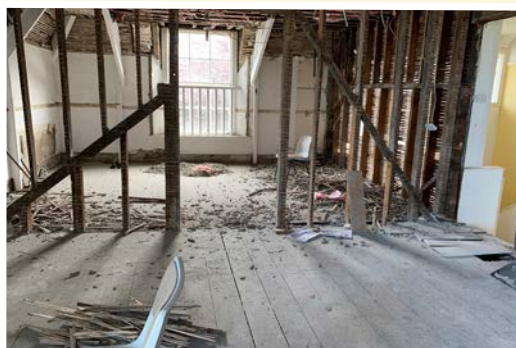
Our plans to provide six affordable rental flats for local people at the Old Vicarage Flats took a leap forward at the start of the year. After agreeing redevelopment funding from St Ives Town Deal, we were able to start the final stage of our community project.

The £570,000 needed to acquire the Old Vicarage Flats was raised by the community some years ago, and work began to replace the huge mansard roof, remove asbestos and seek planning permission for redevelopment.



The latest stage has been to restructure the internal layout of the building, to create two one-bedroom flats and four two-bedroom flats. Allocation will be strictly limited to applicants with strong long-term local connections to the parish of St Ives. Full details of the application process will not be available for some months, as the building needs a great deal of work – as you can see from these images. Local construction company Chard Builders have been removing some internal walls, and the materials have been separated, ready to go for recycling.

We are introducing improved structural elements and increasing insulation levels, whilst maintaining and restoring the beautiful façade of this Georgian building. Built in 1832 as The Vicarage, it has been



a much-loved building for almost 200 years. It was used for accommodation and later as a community room.

We are always interested to hear your stories and memories from the past, and how the space was used – it has been a nursery, Sunday School, celebration venue, and of course, home to many people over the years. Do share your photographs and memories with the Trust.

Full details of our plans can be seen at our project office at 1a Bedford Road, St Ives. and on our website [www.stives.clt.org.uk](http://www.stives.clt.org.uk)



**Our community is working hard to provide affordable rental flats at Old Vicarage Flats in Street an Pol**

And our new project is acquiring **Bible Christian Chapel** to provide affordable workshop studios in St Peter's Street

For further information, find us at 1a Bedford Road or visit [www.stivesclt.org.uk](http://www.stivesclt.org.uk)

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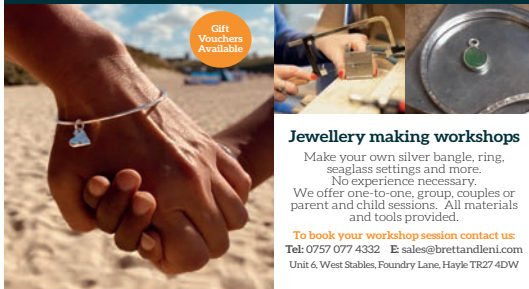
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## Why April 2024 is a great time to buy a house

**With no price increases in sight, it could be a great time to buy, and traditionally April is the perfect month, writes Rob Bullock.**

Spring, and April in particular, has always been popular with house buyers looking to commit, buoyed by the end of winter and looking to the future. It is a time when we look at taking big steps, and buying a house is one of life's biggest steps for most of us.

### Prices fell through 2023

Although no one can accurately predict any market, there are positive signs for those thinking about buying a house this month. The bullish housing market lost momentum in 2023, and prices began to fall significantly. While borrowing remained difficult, for those with the resources after years of solid growth, bargains began to appear.

### Positive statistics

According to numerous sources, prices will continue to fall, and this is likely to open up the options for potential buyers. Spring has traditionally been a good month to buy and when the price is right, people tend to invest in bricks and mortar.



### Inflation and rate relief



This year should see the inflationary trend of the economy heading lower. This is good news for all of us. We have more money to spend and our wages, and savings, go a lot further. But it also means the Bank of England is likely to loosen its grip on the higher interest rates that have hit house buyers in particular.

### More financial deals

As well as lower interest rates for borrowers over the past nine months, lenders are once

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again beginning to offer more deals, and many think that this will continue through this spring and hopefully through the rest of the year and beyond. This is good news for prospective house buyers, but you need to weigh up the pros and cons carefully!

### Reasons to buy now.

If you own your own home, then you don't need to worry about a possible increase in rent or having to suddenly move out. And living in your own home rather than a rental property means your income goes towards paying off your own mortgage rather than somebody else's. And, in 2024, rents will continue to rise.

### Buying in April

Traditionally, April is a good time to buy a house because there are usually more homes on the market. It is generally also a good time to buy a house when the days start to get longer, and the weather starts to get warmer. The clocks have changed, and everyone feels more positive, and on a practical note, there are more daylight hours to visit your prospective new home!

Buying a new home is a big commitment, and moving is an upheaval, but with lower house prices, more mortgage deals appearing and interest rates beginning to reduce, maybe April 2024 might just be the perfect time for you.



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# We're capturing Local life!

## New next issue

*We'll have a photographic round-up of local events each issue.*

We'll be out and about with our camera, but if you'd like to see your event included in our spread, email photos to [hello@stiveslocal.uk](mailto:hello@stiveslocal.uk) with the subject line Local Life.

*We'll include the best shots in our next issue.*

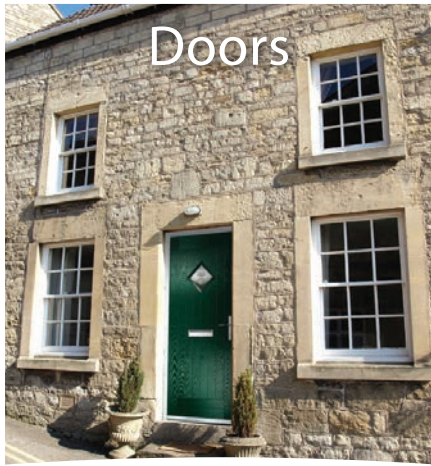




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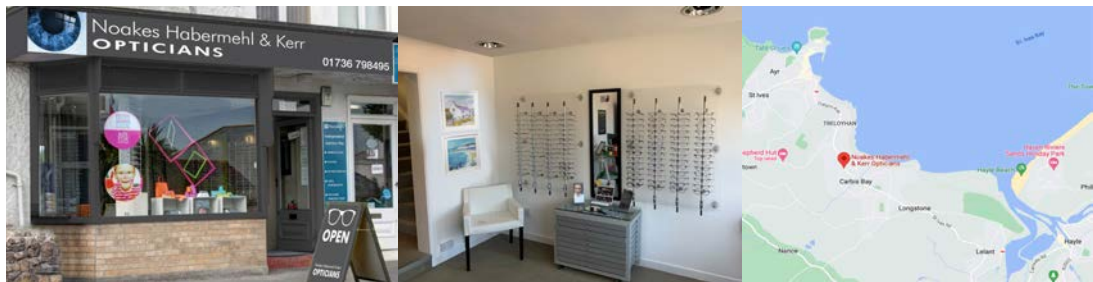
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Optometrist Patrick describes their new Optical Coherence Tomography (OCT) equipment, like an Optical CT Scan for your eyes, as "A real game changer in my ability to detect the early signs of macula disease, glaucoma and diagnose many other eye conditions that were previously the preserve of the eye hospital at Treliiske".

The group have also introduced their extensive range of innovative spectacle lenses to the practice along with a huge range of contact lenses and the kind of high quality frames one would expect from a local independent practice. With the recent introduction of Colorimetry assessments, a type of therapeutic Optometry developed to help with undiagnosed reading difficulties, Optical dispenser Jason and receptionist Pamela proudly state "We love our practice because it offers a friendly welcome, unique level of service and a truly viable alternative to the big chains".

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# Coffee Time Puzzles

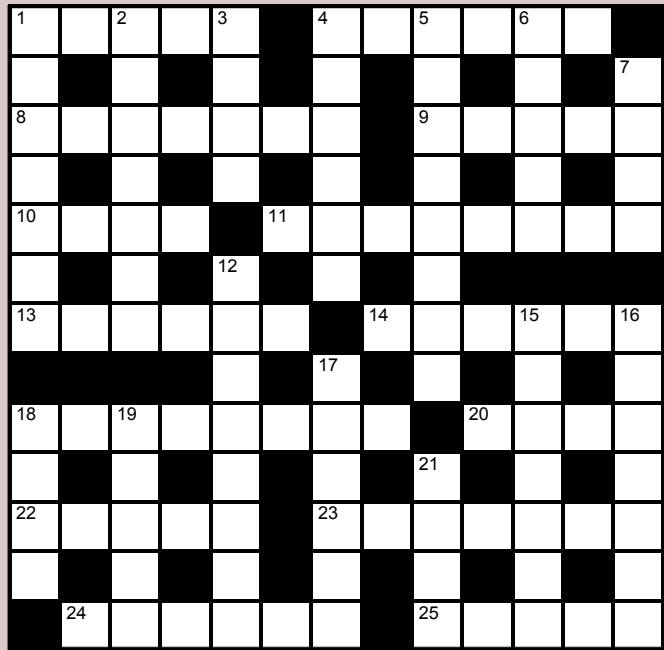
# Quick Crossword

**Across**

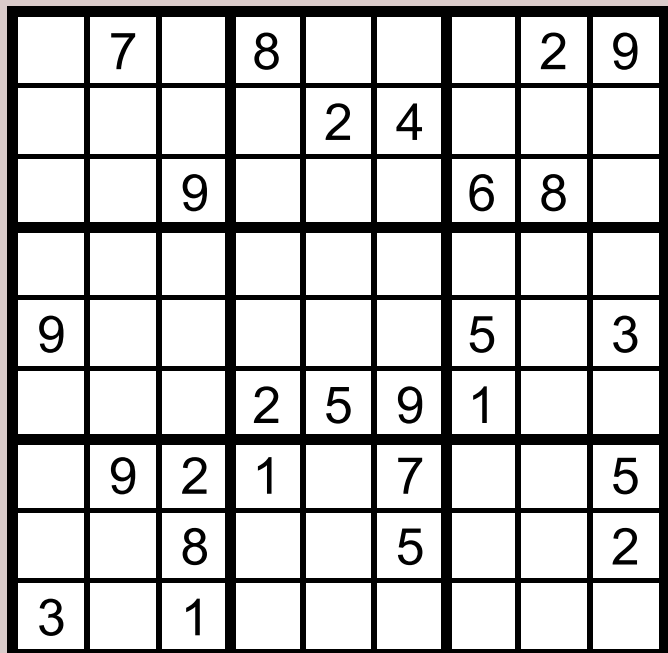
- 1 Collide (5)
- 4 Themes (6)
- 8 Russian imperial dynasty (7)
- 9 Newly-wed (5)
- 10 Encounter (4)
- 11 Annoy (8)
- 13 Gaming house (6)
- 14 Sister of Mary and Lazarus (6)
- 18 Convince (8)
- 20 Career golfers (4)
- 22 Sporting clockwatcher (5)
- 23 Cases (7)
- 24 Bicycle seat (6)
- 25 Male bee (5)

**Down**

- 1 Porcelain (7)
- 2 Undirected (7)
- 3 Suspended (4)
- 4 Inn (6)
- 5 Landlord (8)
- 6 Most populous nation (5)
- 7 Festive occasion (4)
- 12 Asked (8)
- 15 Violent whirlwind (7)
- 16 Forbidding (7)
- 17 Fit to be eaten (6)
- 18 Mines (4)
- 19 Cuban dance (5)
- 21 Mild oath (4)



# Sudoku



All Answers on page 46

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# Crossword Answers

1	C	R	2	A	S	3	H		4	T	O	5	P	I	C	S	
	E		I		U				A		U		H			7	F
8	R	O	M	A	N	O	V			9	B	R	I	D	E		
	A		L		G		E			L		N			T		
10	M	E	E	T			11	I	R	R	I	T	A	T	E		
	I		S		12	E		N		C							
13	C	A	S	I	N	O			14	M	A	R	15	T	H	16	A
							Q		17	E		N		O			U
18	P	E	19	R	S	U	A	D	E		20	P	R	O	S		
	I		U		I					21	E		N				
22	T	I	M	E	R			23	B	A	G	G	A	G	E		
	S		B		E		L			A		D			R		
		24	S	A	D	D	L	E		25	D	R	O	N	E		

# Sudoku Answers

5	7	4	8	6	1	3	2	9
8	6	3	9	2	4	7	5	1
2	1	9	5	7	3	6	8	4
1	8	5	3	4	6	2	9	7
9	2	6	7	1	8	5	4	3
4	3	7	2	5	9	1	6	8
6	9	2	1	8	7	4	3	5
7	4	8	6	3	5	9	1	2
3	5	1	4	9	2	8	7	6

## Liz's Quizzes, answers

1. Head; 2. Martin Luther King; 3. Tinkerbell; 4. Liverpool; 5. Violin; 6. The Pope; 7. Botany; 8. To Kill a Mockingbird; 9. Marx Brothers; 10. Leveret; 11. Mary; 12. Scarecrow; 13. Scoville; 14. Crown Prosecution Service; 15. Oxford; 16. Maryland; 17. The King and I; 18. Aegean Sea; 19. Poodle; 20. Emperor Penguin.

# Local Directory

<b>Arts and culture</b>		<b>Funeral Directors</b>		<b>Opticians</b>	
Barnoon Arts	17	Saints Funerals	45	Noakes & Co	42
Nicole Tesseyman	15	<b>Hairdressing</b>		<b>Personal Services</b>	
St Ives Museum	27	Carbis Bay Salon	5	Ceremonies by Melanie Jane	20
<b>Builders' Merchants</b>		<b>Health and Fitness</b>		<b>Pets</b>	
Ocean Supplies	47	Copperhouse Clinic	43	Animal Vets	31
<b>Clubs and societies</b>		Ear Love	37	<b>Property</b>	
St Ives Bowling Club	37	Endrian Yoga	18	Cross Estates	38
<b>Community organisations</b>		Hearing Services Cornwall	43	SALT	39
Fore Street Methodist Church	21	Quay Kitchen	15	<b>Shopping</b>	
St Ives Community Land Trust	36	Slimming World	5	Cornish Tech House and Vape	5
St Ives Library	9	St Ives Food Intolerance	43	Makers Boutique	33
<b>Floristry</b>		St Ives Footcare	37	Sandy Shores	33
Flowertime	11	<b>Holiday accommodation</b>		Splattenridden Farm Shop	15
Sweet Williams	45	Carbis Bay Holidays	48	St Ives Farmers' Market	13
<b>Food and Drink</b>		Cornish Riviera Holidays	7	Ula Clothing & Lifestyle	33
Beachside	33	<b>Homes and Gardens</b>		<b>Taxis</b>	
Bier Huis Grand Café	13	Clean Image	45	A1 Cars	5
The Cabin Beach Café	3	CTG Windows	40	<b>Transport</b>	
Copper Waves	19	D&S Roofing	41	St Ives eBikes	37
Engine Inn	15	Trevena Cross	29	<b>Travel</b>	
Herland Roots	13	Wootton Improvements	41	Isles of Scilly Travel	2
Nourish	33	<b>Jewellery</b>		<b>Wills and Estate Planning</b>	
Quay Kitchen	15	Brett & Leni	37	TP Wills and Probate	45
Tregenna Castle	11	<b>Legal services</b>			
Una	31	CVC Solicitors	45		



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