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FREE

MAY / JUNE 2024 | ISSUE 56

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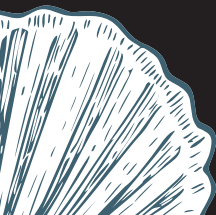


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# Welcome...

Spring has come, summer is on the way, and the roads and streets are getting busier. Alas, there's no Food and Drink Festival this year, but there's news of plans for 2025 this issue. Read, too, about the RNLI 200th anniversary scroll arriving in St Ives, how Hayle Business Week is looking to the future, and a plan to celebrate local fishing history with a new bronze statue.

We've introduced a new centrespread feature this issue, Local Life. It's a round-up of local events featuring lots of faces, and it'll be a regular feature from now on. We've used photos from our travels around the circulation area, but you're very welcome to submit your own for consideration.

Our advertising manager Nicole Tesseyman is out and about all the time, helping us to build partnerships with local businesses. If you'd like to talk to her about advertising or advertorial opportunities, call her on 07791 678571 or email [nicole@stiveslocal.uk](mailto:nicole@stiveslocal.uk). Nicole is also a talented singer/songwriter – her first album is out now!



Don't forget, we deliver thousands of copies of St Ives Local to homes and businesses in the St Ives and Hayle postcode areas. Find out more on our website – [stiveslocal.uk](http://stiveslocal.uk) – follow us on Facebook, Instagram, and X (formerly known as Twitter), and send us your stories, reports, and listings. And if you visit or contact any of our advertisers, tell them you found them via St Ives Local.

See you next issue!

*Liz and Darren Norbury*

**Editors**

07444 199081 | [hello@stiveslocal.uk](mailto:hello@stiveslocal.uk)



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### COVER SHOT

The Departure of the Fishing Fleet, St Ives by Alfred Joseph Warne-Browne (c.1854-1915)

Warne-Browne was involved with the St Ives art colony in the 1880s and 1890s. This magnificent watercolour captures the fleet leaving as evening falls. It can be seen at St Ives Museum's exhibition Capturing the Light: St Ives Artists 1885-1914 until October.

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**FRIDAYS**  
**Carbis Bay**  
Carbis Bay Memorial  
Hall, TR26 2TA  
8am & 9.30am  
Tel: Trisha 07813180075

**WEDNESDAYS**  
**Hayle**  
Hayle Rugby Club,  
TR27 4PS  
9.30am & 11am  
Tel: Kathryn 07792 510295

**SATURDAYS**  
**Leedstown**  
Leedstown Village Hall,  
Carsize Lane TR27 6FJ  
7.30am, 9am or 10.30am  
Tel: Susie 07813523072

**St Ives**  
St John in the Fields  
Church, Halsetown  
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## 200th anniversary RNLI scroll arrives

Local members of the RNLI have taken part in the charity's Connecting Our Communities event, marking its 200th anniversary.

The event sees a scroll, bearing the RNLI pledge, being passed through communities around the UK and Ireland. It is signed by representatives at each location.

The pledge reads: "Whoever we are, wherever we are from, we are one crew, ready to save lives. We're powered by passion, talent, and kindness, like generations of selfless lifesavers before us. This is our watch, we lead the way, valuing each other, trusting each other, depending on one another, volunteering to face the storm together. Knowing that, with courage, nothing is impossible. That is what has always driven us to save every



The scroll arrives at the RNLI in St Ives

one we can. It's what makes every one of us a lifesaver."

At St Ives lifeboat station, the scroll was signed by coxswain Rob Cocking, fundraising chair Chris Salway, RNLI shop manager Emileen Williams, lifeboat operations manager James Perkin, and water safety adviser Mick Poynter. The pledge is written in seven languages, including Cornish.

## Hayle means business

Should Hayle become a Business Improvement District?

That was up for discussion at a well-attended networking breakfast, following a presentation by Mel Richardson, manager of Newham BID in Truro.

The event, part of Hayle Business Week, was organised by town council projects and events officer, Julie Baldwin.

"It was so great to have a variety of businesses represented, and really showed that there is an appetite for collaboration between businesses in Hayle," she said.

The breakfast took place at Cove Café. More are planned in the next few months. The week also included a talk by Kirsty Miles-Musgrove, of the Growth Hub, and an arts business coffee morning at Quay Kitchen.



The choir entertain in the Memorial Gardens last year

## Community choir celebrates anniversary

St Ives Community Choir is celebrating its 20th anniversary this year and will celebrate with a garden party at Carbis Bay Memorial Hall on 6th July.

The choir was founded by Katrian Geraghty, who was musical director until 2011, when William Thomas took over. Accompanist Alison Ashby and five other members have been with the choir since the beginning. In 2014, it was decided that money raised from concerts

would go to charities, and to date the group has raised more than £26,000. Cream teas will be available at the garden party, which starts at 2pm, and there will also be a raffle and stalls. New members are welcome. The choir practices at the Memorial Hall on Tuesdays, from 6.45pm. For more information, contact Lynda on 01736 796832 or 07871 80526.



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## Food Festival update and how St Ives BID is focusing on sustainability

AS mentioned last issue, the St Ives Food and Drink Festival will not go ahead this May.

But St Ives BID has confirmed that the event will return in May 2025, with a community interest company (CIC) in the organiser's seat. The CIC will be looking at various fundraising activities before the next festival, and you can follow progress at [stivesfoodanddrinkfestival.co.uk](http://stivesfoodanddrinkfestival.co.uk)

"The new Food and Drink Festival will focus very much on local and Cornish businesses, artisan producers, community groups, and local entertainers," said BID. The Business Investment District Group is currently focusing on sustainability and is now taking a pilot scheme forward as it begins a new term, helping to drive local business forward, from 1st July.

The scheme offers sustainable, reusable, branded 12oz coffee cups which can be used across multiple outlets around town. "Our Circular&Co Cup is designed to last for over ten years and it's important that people feel proud carrying our branded cup



and happy to use it time and again," said BID. "As one of the UK's most popular holiday destinations, St Ives sells a vast amount of hot and cold drinks, the majority of which are served in recyclable but single-use takeaway vessels. For residents and visitors who prefer their drink on the go, St Ives is introducing a new affordable way of becoming part of the reusable movement."

The cups cost £2 and you get a 10% discount on your drink. Involved in the scheme are: Porthminster Cafe, Porthmeor Cafe, Tate St Ives, Brewhouse Cafe, Crafted Coffee, Yallah, Sea of Coffee, St Ia Church Cafe, Cafe Art, St Ives Leisure Centre, and Harbour View House. If you'd like your business included, email [info@stivesbid.co.uk](mailto:info@stivesbid.co.uk)

## A host of businesses give the Flakes a healthy future



It's an exciting time for St Ives Rugby Club, with planned developments to improve the grounds and clubhouse, supporting players and providing better facilities for those who visit.

Aspirations include evolving the club's sponsorship opportunities, attracting many new businesses to support the club, and building successful corporate partnerships.

"The combined audiences of those playing

and supporting rugby, added to visitors using parking at our grounds is huge," said club chairman Russell Baragwanath. "This season has been a key time for St Ives RFC to develop sponsorship opportunities, to enable our corporate partners to benefit." To find out more, visit [stivesswrfc.co.uk](http://stivesswrfc.co.uk)

Above: Club members, including Russell Baragwanath, with commercial supporters at the club's recent Sponsors Day event.





May 4<sup>th</sup> - May 18<sup>th</sup> • Free to view

### Penwith Photographic Group Exhibition

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Thurs 30<sup>th</sup> & Fri 31<sup>st</sup> May

### Troika Exhibition & Ceramics Fayre

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Throughout June • Free to view

### St Ives Junior School Exhibition

St Ives Junior School will be adorning our walls with their exceptional art throughout June. We're eagerly anticipating the unveiling of some incredible works crafted by talented children. You are cordially invited to join us and share in the wonders that have been brought to life by these budding artists.



Every Wednesday • 10:45 - 11:15 • Free

### Rhyme Time

Join us for our beloved Rhyme Time, a cherished tradition, happening every Wednesday. Delight in an interactive session filled with songs and music, expertly led by Mark and Fred, as they entertain your children from 10:45 to 11:15.



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 01736 796297  
 info@visitstives.org.uk  
 stivestowncouncil-cornwall.gov.uk



St Ives Town Council

## *The secret gardens to be found in the heart of St Ives*

The ever-popular Secret Gardens of St Ives event takes place over the weekend of 22nd and 23rd June, from 1pm to 5pm.

This year's route stretches from Hain Walk — where four gardens will open their gates — across to the Belyars, and on to the top part of town.

Here, a variety of gardens will open, from a small terrace in Tom's Yard to the grounds of the Old Vicarage, before dipping back towards the town centre to gardens with views out over the bay. Tickets are valid for both days — which may help those who do not have the energy to complete the whole route in one afternoon!

As ever, the event is organised by, and supports, the St Ives Community Fund, a local charity which provides swift help for those in need, as well as supporting community projects. This year, the fund is splitting proceeds with the worthwhile St Ives Foodshare, which is based at St John's Church. St Ives Foodshare runs a toddlers' group with lunch, a skills share club, and daily waste food distribution. It also provides evening social meals, as well as weekly meal distributions to homes.



## *Boost for the St Ives Mariners Memorial Project*



Limited edition miniatures of a sculpture designed to celebrate the maritime history of St Ives are now available at Penwith Gallery.

The mariners, fishermen, and boatbuilders of St Ives provided many early artists with their inspiration, and at the end of the 19th century, St Ives was the fourth largest port in the British Isles by weight of fish landed. The St Ives Mariners Memorial Project aims to create a lasting symbol of this history.

In collaboration with renowned local sculptor Tom Leaper, the project aims to fund the installation of a life-size bronze sculpture depicting two pilchard fishermen 'tucking the net'.

The maquettes are each priced at £1,400, and the proceeds will fund the casting, production, and installation of the main sculpture, which will be sited on the 'Castle', near the entrance to Smeaton's Pier. Anyone who buys a maquette will have their name inscribed on the side of the sculpture.



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## St Ives Farmers' Market: Buy Fudge

A chat with fudge maker Andrew Mortimer

### How did you come up with the name Buy Fudge?

I was looking for a business name, and most of the good fudge ones were already taken! I just thought "Buy Fudge" was easy to remember!

### Have you always been a fudge fan?

I grew up in Fowey, and I remember always wanting to go into the fudge shops! I have a huge love for cooking, and I've been making fudge for family and friends for about 10 years. In 2022 I had my first stall at Charlestown Christmas Market. I had a number of other events booked in December, and I thought I'd made enough for all of them – but I sold out in a day and a half!

### Do you have a background in catering?

I've done various jobs, including being a police officer, like my dad and grandad, but I realised it wasn't for me. After several years in Buckinghamshire, I returned to Cornwall and worked in various commercial kitchens – I've cooked burgers for hundreds of people at once!

### What makes your fudge distinctive?

Because I'm so passionate about fudge, I want it to be authentic, traditional and hand-made – like your mum or grandmother would have made. Fudge is made by mixing sugar and dairy, basically. I started with other people's recipes, and then I designed my own recipe and spent a lot of time perfecting it. I don't use condensed milk, just Cornish clotted cream, demerara sugar and natural ingredients, with no artificial flavourings, I describe my fudge is "inspired by nature, made by the sea". It's artisan and small batch. I source all my ingredients locally where I can, and my packaging is compostable.

### Can you describe some of the flavours in your range?

I've made many exotic flavours over the years, and I love trying new ideas – that's how the Marmite flavour came about! I also do Easter



egg, Christmas cake, elderberry, lavender, caramelised walnut and coffee, and lion's mane mushroom and lemon. For the rum and raisin. I use real rum, so it's quite boozy, and so is the Baileys! I also do a few traditional flavours. The first fudge I ever made was Cornish clotted cream and sea salt, which won a silver Taste of the West award in January this year. I didn't expect to win anything.

### What are your plans for the business now?

I'm ramping up production ready for the summer. Then from October, nearly all my time will be spent making fudge for November and December. I'm hoping to expand the range with some more unusual flavours, and to sell to hotels and other businesses. At Christmas, I'll have someone to help me on the stall, and I would love to be able to employ someone to help me at other times. At the moment, I make all the fudge myself in my kitchen, and it's a hard and hot job!

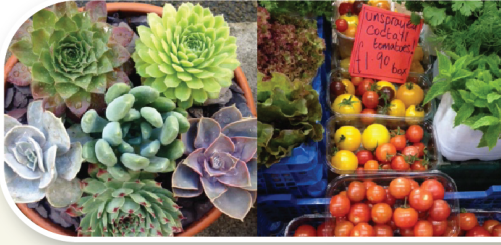
### But you clearly enjoy running a fudge business!

I love hearing people's responses to eating my fudge – It makes me happy to see them being happy. I've met people who've become friends, not just customers.

Andrew's fudge is available from [www.buyfudge.co.uk](http://www.buyfudge.co.uk), at St Ives Farmers' Market on a Monday, and Leel on Back Road East. St Ives.

St Ives

# Farmers' Market



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# What's On May & June

## MONDAYS

### Little Ones at the Bridge

#### Toddler Café and Bump to One

At The Bridge, Penpol Terrace, Hayle. Toddler Café runs from 9.30am–10.30am in term time. Bump to One runs from 10.45am–11.45am and is also free. [haylelightandlife.co.uk/little-ones](http://haylelightandlife.co.uk/little-ones)

### Beachfit

Outdoor fitness sessions on the beach, Hayle, 9.30am. [beachfitcornwall.com](http://beachfitcornwall.com)

### Pilates

Carbis Bay, 9.30pm, £6. Suitable for beginners and those struggling with pain or long-term conditions, such as arthritis, but want to exercise in a safe environment with a physiotherapist. Email [sheryl@beachsidephysiotherapy.co.uk](mailto:sheryl@beachsidephysiotherapy.co.uk) or phone 07376 601061.

### Iyengar yoga

In the Greta Williams Room, St Ives Library, 9.30am–11am. Drop-in session, all levels welcome. £10.

### St Ives Farmers' Market

At the Island Centre, 9.30am–2pm. See feature elsewhere in the magazine.

### Barnoon Arts

Open drawing class in St Ives Arts Club, 10am–noon. [barnoonarts.uk](http://barnoonarts.uk)

### St Ives Arts Club

Monday Art Group, 1.30pm–4.30pm. Check with the club for spaces as it gets very busy.

### Hayle Memory Café

At Hayle Rugby Club, first and third Mondays of the month, 2pm–4pm. For people with memory problems, their families, and carers. Activities, plus tea and eat cakes! Free (but donations welcome). More information on 07513 221066.

### Carbis Bay Contract Bridge Club

Carbis Bay Memorial Hall, Tren Crom Lane, 2pm–5pm. A friendly local group — beginners welcome. £3 per session (includes tea and biscuits). For more information, call Graham on 01736 762512 or visit [carbisbaybridge.co.uk](http://carbisbaybridge.co.uk)

### St Ives Community Foodshare

Pick up surplus food at the Mike Peter Estate car park, St Ives, TR26 2FS, 5.30pm. [kevrannastives.co.uk/foodshare/](http://kevrannastives.co.uk/foodshare/)

### St Ives Camera Club

St Anta Church Hall, Carbis Bay, 7.30pm. From September to April. For a programme of events, visit [stivescameraclub.co.uk](http://stivescameraclub.co.uk)

### Needles and Pins

St John's Church Hall, 7pm–9pm. A group of sewers who meet each week to chat, drink tea, and work on individual designs or group projects.

### Liz's Quizzes

At The Castle, Fore Street, St Ives, 8pm. Booking is advised via the St Ives Liz's Quizzes Facebook group.

### Christian Meditation

At the Lady Chapel, St Ia Church, 7.30pm–8.15pm. Visitors and newcomers welcome. [stiveschurch.org.uk](http://stiveschurch.org.uk)

### Local Vocalz

At Hayle Methodist Church, 7.30pm. A friendly, 45-strong mixed four-part choir singing popular songs, from classics to pop. No audition necessary. First month free. Email [pluing@tiscali.co.uk](mailto:pluing@tiscali.co.uk) or call 01736 754225.

### Towednack Church

Bellringing practice, 7.30pm–9pm. New and returning ringers always welcome. Excellent tuition available. For more information, email [marypjones50@gmail.com](mailto:marypjones50@gmail.com) or phone 01736 794750.



## TUESDAYS

### Beachfit

Outdoor fitness sessions on the beach in Hayle, 6.45am and 9.30am.  
[beachfitcornwall.com](http://beachfitcornwall.com)

### Wild Tiddlers

Baby and toddler group which meets weekly in term time, 10am-11.30am, at St John's Church vicarage garden. All under-fives welcome — no need to book.  
[stiveschurch.org.uk](http://stiveschurch.org.uk)

### St John's in-the-Fields

Morning prayer, 9.30am. [stiveschurch.org.uk](http://stiveschurch.org.uk)

### Friends of the Towans

A friendly group of volunteers carrying out practical conservation tasks around St Ives Bay, 10am-2pm. All welcome.  
[friendsofthetowans.co.uk](http://friendsofthetowans.co.uk)

### St Ives Community Orchard and Nature Reserve

Volunteer to help look after 30 acres of land, 10am-noon. [stivesorchard.co.uk/volunteer](http://stivesorchard.co.uk/volunteer)

### Barnoon Arts

Watercolours. Weekly standalone class, 10.30am-12.30pm. [barnoonarts.uk](http://barnoonarts.uk)

### St Ives Community Foodshare

Pick up surplus food at the Palemon Best car park, St Ives, 12.30pm.  
[kevrannastives.co.uk/foodshare/](http://kevrannastives.co.uk/foodshare/)

### St Ives Knitting Group

Café Art, Royal Square, St Ives, 3pm-4.30pm. Come along for knit and a natter — all welcome. Refreshments available.

### Salvation Army

Meal and worship at the Wharf Road base, 5pm. [salvationarmy.org.uk/st-ives](http://salvationarmy.org.uk/st-ives)

### Stammtisch German-speaking group

Meets once a month (not always on the same Tuesday) at West Cornwall Golf Club. For details, phone Birte Hosken on 01736 798408 or email [birtehosken@yahoo.co.uk](mailto:birtehosken@yahoo.co.uk)



Contemporary Gallery & Classes  
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[www.barnoonarts.uk](http://www.barnoonarts.uk)

### St Ives St John Ambulance

Meets upstairs in the Island Centre, Island Road, 6pm-8pm in term time, for five- to 18-year-olds. [sja.org.uk](http://sja.org.uk)

### 1st St Ives Cubs

Meet from 6.30pm-8pm at Ayr Field, St Ives, during term time.

### St Ives Community Choir

Rehearsals from 6.30pm to 8.30pm at Carbis Bay Memorial Hall. New members are always welcome. No auditions required, just enjoy singing. For more information, phone Lynda on 01736 796832 / 07871 805526, email [sichoir@btinternet.com](mailto:sichoir@btinternet.com) or visit [stivescommunitychoir.org.uk](http://stivescommunitychoir.org.uk)

### Hayle Lions

Meet at 7pm, second Tuesday of the month, at the Passmore Edwards Institute. Supporting the community with local and individual issues. If you think you can help, pop along to a meeting. [e-clubhouse.org/sites/hayle/](http://e-clubhouse.org/sites/hayle/)

### St Ives Jazz Club

Western Hotel, St Ives, 7.30pm. Guest bands every second Tuesday of the month. Big Kettle Jazz (line music) every other Tuesday. [facebook.com/StIvesJazzClub](http://facebook.com/StIvesJazzClub)

### Liz's Quizzes

At Polmanter Touring Park, 8.30pm. Booking is advised via the St Ives Liz's Quizzes Facebook group.



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**www.endrianyoga.com**

## WEDNESDAYS

### Little Ones on the Beach

9.30am-10.30am in term time. Fresh air and a chance to play in the dunes while making new friends. [haylelightandlife.co.uk/little-ones](http://haylelightandlife.co.uk/little-ones)

### Beachfit

Outdoor fitness session on the beach in Hayle, 9.30am. [beachfitcornwall.com](http://beachfitcornwall.com)

### Steeple Woodland Nature Reserve

Work party: all welcome to take part in light exercise with like-minded people. Meet by the wooden gate on Steeple Lane at 9.30am. Tools and gloves provided. Wear clothing suitable for the weather conditions. More details from Giles on 07527 287543, at [steeplewoods.org](http://steeplewoods.org) and on Facebook.

### Artisan Market

At The Island Centre, 10am-4pm.

### Barnoon Arts

Sketchbooking St Ives. Outdoor sketching around St Ives, 10.30am-12.30. [barnoonarts.uk](http://barnoonarts.uk)

### St Ives Community Foodshare Kevrenna Social Club

At St John's in-the-fields Church, 10.30am-12.30pm. A social place to chat, play board games, swap clothes, and share recipes, skills, and recycling ideas. Refreshments provided. [kevrannastives.co.uk/foodshare/](http://kevrannastives.co.uk/foodshare/)

### Rhyme Time

At St Ives Library, 10.45am. Thirty minutes of music, singing, and stories for pre-school children.

### DDMix

At Carbis Bay Memorial Hall, 11.45am. An aerobic workout using dance styles from around the world. To book, phone 07719 700993 or email [diversedancemix.martha@gmail.com](mailto:diversedancemix.martha@gmail.com)

### St John's in-the-Fields

Welcome Wednesdays, 2pm-4pm. A warm, safe space to come to.

### Ukulele Club

At St Ives Arts Club, 2pm-4pm. Email Steve at [swmlither@btinternet.com](mailto:swmlither@btinternet.com) if you're interested in learning the ukulele.

### Brownies

At 5pm, St Ives Salvation Army, Wharf Road. Information on 01736 797746.

### St Ives Sailing Club

Meet 5.30pm at the sailing pen (Sloop car park). Dinghies available for experienced sailors. Novices welcome. [stivessailingclub.com](http://stivessailingclub.com)

### 1st St Ives Beavers

Meet from 6.30pm-7.45pm at Ayr Field, St Ives, during term time.

### Liz's Quizzes

At the Bird in Hand, Hayle, 7.30pm. Booking is advised via the St Ives Liz's Quizzes Facebook group.

### Global Wednesdays

At the Western Hotel, St Ives, 8.30pm-11pm. All welcome to an evening of jams and performances celebrating global music.

## THURSDAYS

### Iyengar Yoga

With Lucy Aldridge at Carbis Bay Memorial Hall. 9.15am, general class; 5.30pm, beginners; 7.30pm, general/intermediate class. To book, text 07817 968036. [lucyaldridge.com](http://lucyaldridge.com)

**Yoga and Yoga Dance**

A relaxing class which helps flexibility, designed for the over-40s. Taught by Khalid Beg in Carbis Bay, 10am. Phone 01736 757919 or visit [endrianyoga.com](http://endrianyoga.com)

**CAMEO (Come And Meet Each Other)**

10am-12.30pm at Fore Street Methodist Church, St Ives. Free refreshments (donations to charity).

**Barnoon Arts**

Draw St Ives. See St Ives in a different light, 10.30am-noon. [barnoonarts.uk](http://barnoonarts.uk)

**Table Tennis for the over-50s**

At the Island Centre, St Ives, 10.30am. Phone 07887 368191 or visit [u3astives.co.uk](http://u3astives.co.uk)

**St Ives Memory Café**

At Carbis Bay Memorial Hall, 2pm-4pm, on the first and third Thursdays of each month (but not 2nd May). Music, entertainment, arts and crafts, quizzes, social interaction etc. Phone 07999 239865.

**Carbis Bay Scout Group**

Cubs and Scouts meet at Fenton Hall, Porthrepta car park, Carbis Bay. To find out times, phone Jan White on 07776 328229 or email [janmack56@hotmail.com](mailto:janmack56@hotmail.com)

**St Ives Community Foodshare**

Pick up surplus food at St Ives Rugby Club, 5.30pm. [kevrannastives.co.uk/foodshare/](http://kevrannastives.co.uk/foodshare/)

**St Ives Bridge Club**

At St John's in-the-Fields Church Hall, 6.30pm. Phone Jim Barker on 01736 794134 or visit [bridgewebs.com/stives](http://bridgewebs.com/stives)

**St Ives Male Voice Praise Choir**

The choir meets at Hellesveor Chapel, 7.30pm. They would welcome men interested in singing Christian music. Practice usually lasts just over an hour.

**Café Frug**

A variety of performers and formats, compered by Bob Devereux, first Thursday of the month. 7.30pm (doors open 7.15pm). £4 (£2 members) on the door.

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**Alternative Folk Thursdays**

8.30pm-11pm in the Kettle 'n' Wink bar of the Western Hotel, St Ives.

**FRIDAYS****Beachfit**

Outdoor fitness sessions on the beach in Hayle, 9.30am. [beachfitcornwall.com](http://beachfitcornwall.com)

**Toddlers Group**

At the Salvation Army, Wharf Road, St Ives, 9.30am. Information on 01736 797746.

**Penderleath Community Woodland**

Work session 10am-noon at Penderleath community woodland, near Cripplesea. All welcome. Park at Giew Mine, Cripplesea, and cross road. On first Saturday of the month the session switches to that day (2pm-4pm). No Friday session that week.

**Hayle Farmers' and Craft Market**

At Phillack Church Hall, 10am-1pm. Phone 01736 755005 or email [gilliandawkins1@gmail.com](mailto:gilliandawkins1@gmail.com) or [jackie@renfree.com](mailto:jackie@renfree.com)

**Coffee morning**

At St Ives Arts Club theatre, 11am-12.30pm. Open to all members and their guests.

**Craft Hive**

At St Ives Library, second Friday of the month, 11am-1pm, £3. Bring your work in progress and enjoy a cuppa, craft, and chat.

### Friday Arts Club

At St Ives Arts Club, 1pm–3.30pm. £1.50 per session — members only.

### Trencrom Ladies' Club

At Lelant Village Hall on the second Friday of each month, 2pm–4pm. Time for tea and a chat after talks — all welcome. Members £1, visitors £3. 01736 753720.

### St Ives Community Foodshare

Pick up surplus food at the Palemon Best car park, St Ives, 5.30pm. [kevrannastives.co.uk/foodshare/](http://kevrannastives.co.uk/foodshare/)

### St Ives Girls' Skate Night

5.30pm–7.30pm at the Palemon Best Recreation Area, second Friday of the month. All wheels, levels, and ages welcome. Facebook/Instagram: @girlsskatestives

### St Ives St John Ambulance

At the Island Centre, Island Road, for adults aged 18 upwards, 7pm–9pm. [sja.org.uk](http://sja.org.uk)

### Youth Club

At 7.30pm, St Ives Salvation Army, Wharf Road. 01736 797746.

### Songwriters' open mic Fridays

8.30pm–11pm in the Kettle 'n' Wink bar of the Western Hotel, St Ives.

## SATURDAYS

### FOSIL (Friends of St Ives Library)

Super Saturdays on the first Saturday of every month in St Ives Library, 10am–noon. Different theme every month. All welcome. Drinks and cakes provided.

### Barnoon Arts

Draw St Ives. See St Ives in a different light, 10.30am–noon. [barnoonarts.uk](http://barnoonarts.uk)

### Bellringing

In the tower (ground floor) of St Uny Church, Lelant, 11am–12.30pm. Practices



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on the first and third Saturdays of the month. Come and have a taster session. All welcome, from age ten to 80-plus (children must bring a parent/guardian). More information: 01736 793201.

### St Ives Tennis Club

Free beginners' and improvers' sessions for members, and non-members with a TR26 postcode, between 2pm and 4pm (weather permitting). Rackets available. Call 07413 449338 for further information, or just turn up. New members welcome. [clubspark.lta.org.uk/StIvesTennisClub](http://clubspark.lta.org.uk/StIvesTennisClub)

### St Ives Sailing Club

Meet 12.30pm at the sailing pen (Sloop car park). Dinghies available for experienced sailors. Novices welcome. [stivessailingclub.com](http://stivessailingclub.com)

## SUNDAYS

### St Ia Church

Holy Communion, 8am (second and fourth Sunday of the month). 9.45am Sung Eucharist, every Sunday.

### St John's in-the-Fields

Morning service, 11.15am. Wild Church, a service for all ages, 3pm.

### Hope Community Church

Morning service, 10.30am, at Lelant Community Hall. Pastor Rodney Orr 01736 798530.

**Fore Street Methodist Church**

Morning service, 10.30am. All welcome.  
William Thomas 01736 799762.

**St Ives Community Orchard and Nature Reserve**

Volunteer to help look after 30 acres of land,  
11am-1pm. [stivesorchard.co.uk/volunteer](http://stivesorchard.co.uk/volunteer)

**St Ives Community Foodshare**

Pick up surplus food at St Ives Rugby Club,  
11.30am. [kevrannastives.co.uk/foodshare/](http://kevrannastives.co.uk/foodshare/)

**OTHER EVENTS****National Garden Scheme**

**18th May, 1st and 22nd June**

Trelan, Wharf Road, Lelant TR26 3DU open  
2pm-6pm. £6, children free. Home-made  
teas. Parking Dynamite Quay (disabled  
parking on driveway)

**8th and 9th June**

Tresithney, Bowl Rock, Lelant TR26 3JE  
open 10.30am-4.30pm. £5, children free.  
Home-made teas. Limited parking, book  
via [ngs.org.uk/cornwall](http://ngs.org.uk/cornwall). Ideally, park at a  
distance.

Both gardens welcome groups at other  
times by appointment. See website.

**Secret Gardens of St Ives**

**22nd and 23rd June**

1pm-5pm both days. Tickets £7.50  
(under-16s free), valid both days.  
Available from Colenso, and also from a  
stall on Hain Walk during the event (cash  
only). In aid of St Ives Community Fund  
and St Ives Foodshare

**St Ives Old Cornwall Society**

**13th May**

Never To Be Seen Again: Tony Mason  
presents a montage of videos of St Ives  
events, including historic images.

## One two, one two... Calling live music venues

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for our online guide

Email [hello@stiveslocal.uk](mailto:hello@stiveslocal.uk)  
Message 07444 199081



**24th June**

Midsummer Day bonfire on top of  
Carnstabba Hill, Halsetown. 8pm,  
community singing; 9pm, bonfire lit.  
Parking at the base of the hill — do not  
park at Halsetown Inn. Bring a torch and  
wear sensible clothing.

Normal meetings are at the Memorial Hall,  
Carbis Bay, 7pm. Annual membership £10,  
casual attendance £2.

**St Ives U3A**

**7th May**

Talk on The Kehelland Trust by Sally  
Pyner.

**21st May**

Talk: From Rejection to OBE, by Floyd  
Steadman.

**4th June**

Talk on a traditional solution to modern  
ocean pollution, by Adam James Collins.

**18th June**

AGM, plus cream tea.

Meetings are at Carbis Bay Memorial Hall,  
2pm.

[u3astives.co.uk](http://u3astives.co.uk)

Please email What's On entries for May and June to [hello@stiveslocal.uk](mailto:hello@stiveslocal.uk) by 5th  
June. Keep an eye on our website — [stiveslocal.uk](http://stiveslocal.uk) — for up-to-date listings.

# A trip back in time marks a special anniversary for St Ives Museum

St Ives Museum is celebrating its centenary with the creation of a self-guided walk designed to highlight the town's fascinating history. There are 16 stops on the Centenary Town Trail, each focusing on a specific event or an aspect of the heritage of St Ives, which together cover every decade since the museum first opened in 1924.

These include the VE Day celebrations of 1945; HMS Wave running aground off Westcotts Quay in 1952; and the opening of Tate St Ives in 1993.

The trail was officially launched by Nev Meek, president of the Federation of Old Cornwall Societies, who described the creation of the collections at St Ives Museum over a period of 100 years as "a wonderful achievement". He said it was always a pleasure to come to St Ives, birthplace of the Old Cornwall movement. The president was welcomed by St Ives mayor Johnnie Wells, who said the museum was a fascinating place. "I learn something new every time I come here," he said. The date of the launch was 10th April - anniversary of the birth in 1873 of Robert Morton Nance, co-founder of both St Ives Museum and St Ives Old Cornwall Society and Grand Bard of Gorsedh Kernow. In the 1920s, he and fellow founder members of the Old Cornwall Society began collecting artefacts and objects which were in danger of disappearing, as traditional industries such as fishing, farming and mining began to change and die out. Their aim was to "gather the fragments that are left that nothing be lost". This first collection was housed in a cellar below a sail loft in Pudding Bag Lane, but the collection grew larger, and eventually the museum was moved to its current location in Wheal Dream, overlooking Bamaluz beach.

Peter Garratt, assistant curator at the museum and organiser of the Centenary Town Trail, said: "We are very fortunate to live in a place with such a rich heritage, and promoting the range and quality of our collection is a fitting way to celebrate our 100th anniversary.

"We know how proud the town is of its museum, and we were delighted by the co-operation from local businesses who agreed to host the 16 stops on the trail. We have great stories to tell, and hopefully seeing the trail at so many different locations will encourage visitors to come and find out more at the museum. We also have a wonderful new art exhibition this year called Capturing the Light, covering the period 1885 to 1914, as well as new displays of Cryséde dresses and Troika pottery."



From left: Nev Meek (president of the Federation of Old Cornwall Societies), Jonny Nance (grandson of St Ives Museum co-founder Robert Morton Nance), Peter Garratt (St Ives Museum assistant curator) Andy Smith (St Ives Museum curator) and Johnnie Wells (St Ives mayor).

Posters at each stop on the trail allow visitors to access more information about each item via the museum website [www.stivesmuseum.co.uk](http://www.stivesmuseum.co.uk) or using the Bloomberg Connects digital guide.

Further events to celebrate St Ives Museum's centenary will be announced in the coming months. For more information contact Peter Garratt at [wd2.stivesmuseum@gmail.com](mailto:wd2.stivesmuseum@gmail.com) or phone 07884 492485.



## ST. IVES MUSEUM

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01736 796005 [WWW.STIVESMUSEUM.CO.UK](http://WWW.STIVESMUSEUM.CO.UK)

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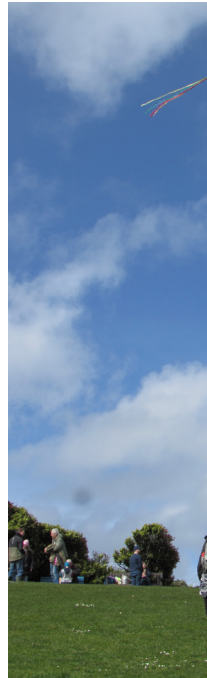
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Local  
by



Clockwise from top left: St Ives Library staff on World Book Day; Good Friday Boating at Consols Pool; St Ives Archive open day at the Market House; Hayle Business Week networking event at Cove Cafe; the Michael Praed retrospective at Penwith Gallery; Cornwall's Chocolate Cove at the first Hayle Monthly Food and Craft Market; beer at the Penzance Brewing Co tap takeover at the Pilchard Press Alehouse; and a family enjoying Kite Fest on The Island





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fe



If you'd like your event featured in Local Life, drop us a line via [hello@stiveslocal.uk](mailto:hello@stiveslocal.uk) or call or message on 07444 199081



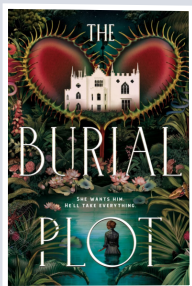
## Book Review

by Alice Harandon, manager of St Ives Bookseller

### The Burial Plot by Elizabeth Macneal

£18.99 (published 6th June)

A spellbinding Gothic thriller about murder and manipulation. London, 1839. With the cemeteries full, and money to be made in death, tricksters Crawford and Bonnie survive on wicked schemes and ill-gotten coin. But one blistering evening, their fortunes turn – a man lies in a pool of blood at Bonnie's feet and now she needs to disappear



...  
The Independent Bookshop edition has beautiful sprayed edges!



### August Blue by Deborah Levy

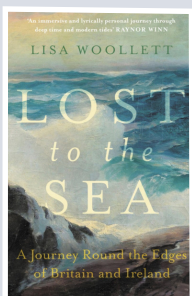
£9.99 (published 16th May)

This dazzling portrait of melancholy and metamorphosis uncovers the ways in which we seek to lose an old story, find ourselves in others, and create ourselves anew. This was a staff favourite last year in hardback!

### Lost to the Sea by Lisa Woollett

£20 (published 9th May)

On a series of coastal walks, Lisa Woollett takes us on an illuminating journey, bringing to life the places where mythology and reality meet at the very edges of Britain and Ireland. From Bronze Age settlements on the

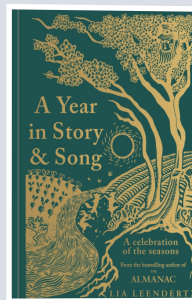


Isles of Scilly and submerged prehistoric forests in Wales, to a Victorian amusement park on the Isle of Wight and castles in the air off County Clare, Lisa draws together archaeology, meetings with locals and tales from folklore to reveal how the sea has forged, shaped and often overwhelmed these landscapes and communities.

### A Year in Story and Song: A Celebration of the Seasons by Lia Leendertz

£10 (published 9th May)

A captivating collection of stories and songs that celebrate the seasons – perfect to treasure all year long, from the author of the much-loved yearly Almanac.



### Moonstone by Laura Purcell

£16.99 (published 23rd May)

Mysterious deaths, claw marks raking the doors, and the nights are pierced by the howls of a creature that sounds almost ... otherworldly. Should Camille be more afraid of what's hiding in the woods – or her own heart? A haunting gothic romance for young adults.



St Ives Bookseller, 2 Fore Street, St Ives, TR26 1AB. The shop is open seven days a week. Books can be ordered, and are often delivered in 24 hours. Tel: 01736 796676; email: stivesbookseller@mabecronbooks.co.uk; Twitter: @stivesbooks



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# The changing seasons in St Ives, at Porthgwidden and Porthmeor

A new series of landscape and interior work, painted by artist Martha Holmes in 2023 and earlier this year, are coming to the New Craftsman Gallery in St Ives. St Ives and The Studio draws upon both the soft colours of the land and sea surrounding the port, and the warmer, richer hues of compositions created within the artist's studio.

Martha's landscape works were painted during long days spent documenting the seasonal shift from winter to spring, and the arrival of longer, lighter days, from a hut at Porthgwidden. Working on both board and linen, using broad applications of colour and freely applied marks, Martha has paired the greens of The Island with the vivid blues and soft whites of Porthmeor beach in a semi-abstracted way that captures the delicate changes in colour evident throughout the coastal landscape.



Spring Morning from the Beach Hut

Alongside these works is a new series of paintings informed by time spent at the Porthmeor studios in the summer. With a direct view of Porthmeor beach from the studio window, Martha explored layers of her studio's internal space against the backdrop of external landscape.

Martha's exhibition, with ceramics by Akiko Hirai, runs at New Craftsman Gallery from 25th May to 21st June.

## ART, EXHIBITIONS, WORKSHOPS

### Anima Mundi

Until 18th May

Miles Cleveland Goodwin:

In The Belly of the Beast, Searching for a Heart

24th May-13th July

Arthur Lanyon: Snail's Pace

Street-an-Pol, St Ives |

animamundigallery.com

### Leach Pottery

Until 19th May

Colour and Movement: Spring group show

25th May-8th September

John Bedding: 60 Years On

Higher Stennack, St Ives |

leachpottery.com

### New Craftsman Gallery

25th May-21st June

Akiko Hirai: New work

Martha Holmes: St Ives and the Studio

24 Fore Street, St Ives |

newcraftsmanstives.com

### Penwith Gallery

Until 15th June

Members' Spring Exhibition

Until 11th May

Mary English and Martyn Perryman: ceramics and paintings.

Michael Praed: a Retrospective Exhibition

17th May-15th June

Iona Sanders: One Day

Tom Leaper: Big Country

21st June-20th July

Imogen Rorke

Richard Holliday, Shelley Thornton, and Graham Black

21st June-24th August

Members' Summer Exhibition

Back Road West, St Ives |

penwithgallery.com

# Vibrant paintings inspired by the sea and a love of wild swimming

As St Ives-based artist Heather McAlpine prepares for her inaugural solo exhibition at the Crypt Gallery, aptly titled *Immerse*, she has undertaken the challenge of painting her largest canvas to date, a monumental 2m by 1.7m. Her paintings embody the essence of St Ives' unique colour palette, and reflect not only the striking visual aspect of the ocean, but also the sensory and emotional experiences that come with it.

Heather was born in Stirling, Scotland, and her creative journey led her to London, where she earned an MA from the Royal College of Art. After 16 years of living and painting in Vancouver, Canada, fate guided her to the rugged shores of Cornwall, where she has found solace and inspiration for the past eight years. She now works from her studio in historic Downalong, nestled in between three of her favourite beaches.

The exhibition promises an immersive experience into Heather's world, reflecting her deep affinity for the sea, wild swimming and the immersive process of painting itself. The exhibition will



include a range of paintings, from her small 'captured moments' on paper to her large, semi-abstract expressive canvases.

**Immerse** is at the Crypt Gallery, Norway Square, St Ives, TR26 1NA from Saturday 11th to Friday 17th May, 10am-5pm daily. Private View 11th May, 4pm-7pm.

## St Ives Society of Artists

Until 7th June

Spring Open Exhibition

Until 10th May

Francesca Owen

11th-17th May

Heather McAlpine

18th-31st May

Bath Society of Artists

1st-7th June

Tanya Krzywinska and Friends

8th-14th June

David Gainsford

15th-21st June

Emily Woodard

22nd June-5th July

Hani Mroz and Friends

Norway Square, St Ives | [stisa.co.uk](http://stisa.co.uk)

## St Ives Arts Club

Until 3rd May

Terry Hattie

4th-10th May

Pamela Mulholland

11th-24th May

Sharon and Simon

25th-31st May

Jon Lavan

1st-7th June

Mandy Kness

8th-14th June

Cynthia and Clare

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# Trevena Cross Nurseries diary: Pop some plants on your patio

by Lucy Wickes

As I write this in April, we're enduring relentless rain, so I have everything crossed that you're reading this on a warm, dry spring day! Despite the weather, patio season is in full swing at Trevena Cross, and May and June promise colour bursting from every bench.

From Geraniums to Begonia Semperflorens, Verbenas to Impatiens, Argyranthemums to Bidens, Petunias to Marigolds, there is a plant and colour to suit every pot, trough, basket, bed and border, in every garden. All our patio plants are grown on site in the nursery, which ensures they remain very economical buys, at less than 97p per plant (£3.85 per pack). Many of them promise colour well into winter, too, assuming they avoid heavy frosts!

Perennials are also travelling en masse from the nursery to the garden centre now, along with plenty of spring and early summer flowering shrubs and trees. As we head into summer, plenty more 'ready planted' pots and baskets become available at the centre, ready to provide instant impact to outside spaces. These are convenient buys for those without the time, confidence, or inclination to plant up their own.



Having said that, the team at Trevena Cross are always on hand to offer expert planting advice, and a confidence boost, alongside the exceptional plants they have nurtured from seed or cutting. And there are lots of bargains to be had, with half-price plant benches promising plenty of regularly-changing treats and tempting buys.

Trevena Cross also has some new outdoor living range options, with pieces not available in previous years. Be it a metal bench, a companion set, an arbour or a swing seat, the garden centre has your outdoor comfort and style needs covered, should you be looking to add something new to your alfresco space this year!

In addition to the seasonal colour and widespread eruptions of growth at this time of year, the centre's more exotic plants fit in superbly with the longer, warmer days. It's possible to imagine yourself in a sub-tropical paradise in the presence of large specimen palm trees and olive trees, among others. These 'wow-factor' specimens are imported (and certified disease and pest free) from sustainable sources in Europe – often Spain or Italy – just once or twice per year. This is for practical reasons, as it would take many decades to grow anything close to these specimens here in Cornwall!

Enjoying its first spring and summer season is the Palm Tree Bistro. The team are really enjoying hand picking salad and veg from the nursery for the bistro kitchen. It has been so satisfying to embrace the 'grow your own' concept, and deliver 'land to plate', daily – the freshest produce possible! The team – and customers – are also loving the newly-opened outdoor tiki hut, which offers quicker takeaway options for customers to enjoy on the go or in the outside undercover seating area – bliss!



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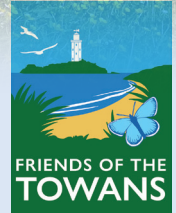
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# Out on the Towans

Springing into summer

*by Sara Dowler, Friends of the Towans Volunteer Coordinator*



As we head into late spring and early summer the Towans are truly springing to life with a riot of colour, as the wildflowers burst into flower and butterflies emerge.

Look out for the distinctive pyramidal orchid – with its bright pink pyramid-shaped flower spike, it's a beautiful burst of colour, and fairly easy to see once you start looking. The rare silver-studded blue butterfly is another treat to see – a beautiful flash of blue as they flutter about their business.

Another favourite of mine is hearing the distinctive call of the skylarks. These birds can have up to four broods a year, and because they make their nests on the ground in grassy areas, they are easily disturbed by inquisitive and enthusiastic dogs. If you're out with your dog at this time of year, you can help nesting skylarks by keeping your dog close to you so they're less likely to run ahead and scare these enigmatic birds. Adders, with their distinctive black zigzag marking down their back, are another reason to keep your dog close by. As I mentioned last time, these reptiles, along with lizards, often bask in the sun on short grass or bare ground in spring, and have been known to bite dogs if they feel threatened.



Over the autumn and winter our practical conservation sessions have focused on cutting scrub – woody bushes and trees, such as gorse and blackthorn. On these sessions, volunteers have

carried out over 400 hours of conservation work, including cutting over 550 square metres of scrub at sites on Gwithian Towans and St Gothian Sands – a great achievement! Reducing scrub cover allows more light in and encourages the dune grassland plants to regenerate, creating a better balance of wildflowers, bare ground, insects and other wildlife.

With the change in seasons there will be a change in focus to our activities. We'll be doing less hands-on practical conservation work, and spending more time looking at the amazing plants and wildlife of the Towans. We'll be running a mix of guided walks looking at the different types of wild creatures, carrying out survey work at specific areas of the Towans and recording what we find there, along with running occasional practical conservation sessions. There are also regular monthly beach cleans, organised by Save our Sand, a sub-group of Friends of the Towans.

**To find out about our activities and events, and how you can get involved, visit Friends of the Towans on Facebook, email [friendsofthetowans@gmail.com](mailto:friendsofthetowans@gmail.com) or visit [www.friendsofthetowans.org.uk](http://www.friendsofthetowans.org.uk)**





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## Recipe: Mackerel fillets with an Asian salad and honey-soy dressing

Resident St Ives Local chef Danny Rouncefield, AKA The Cornish Chef, is back. "This recipe is more to show you how to get the best cookery on a fillet of fish, and that it shouldn't be a scary thing to cook," says Danny. "With a few simple tips, you can cook fish like the professionals."

### INGREDIENTS

4 medium mackerel fillets  
1/4 red cabbage  
1 carrot  
50g coriander  
1/2 cucumber  
1 red onion  
1 bunch spring onions  
50ml soy sauce  
50ml olive oil  
1tsp honey  
1/2 lime for garnish  
20g butter  
Good quality sea salt  
Cracked black pepper

### METHOD

For the salad, finely shred the red cabbage. Taking a few of the leaves at a time will help to make slicing finer. Grate the carrot. Roughly chop the coriander — you don't want to go too fine as this will bruise the leaf, so keep it quite coarse. Cut the cucumber into quarters lengthways. Remove the seeds, just leaving the firm part, and slice on the diagonal to get thin strips. Peel and halve the red onion and slice. Remove any dead leaves from the outside of the spring onions and cut on the diagonal, much like the cucumber.

Toss everything together in a bowl. For the dressing, whisk the soy sauce and honey together while drizzling in the olive oil. Leave in the fridge until it is needed. Cut the lime into thirds ready for garnishing. Cookery of fish can be daunting, but with a few simple steps and tricks it can be simple. This method will work for any fillet or portion of fish.



First, you want to lay the fillets skin side down on some kitchen roll. This will help to create a crispier skin. Find a pan where all the fillets fit without touching each other or going up the sides. If you have to, use 2 pans as it will make the cookery easier. Preheat the pan to a medium high heat and drizzle a little olive oil. Once the oil starts to shimmer you know it is ready. One at a time, place the fillets skin side down into the pan, holding them down for 5 or so seconds to stop them curling up. Once you see that it doesn't want to curl you can let go and repeat with the other fillets. Season the flesh side with good quality sea salt and cracked black pepper. Turn the pan down to a medium heat to have more control and time.

Starting with the first fillet you put in the pan, you should see the flesh start to change colour, going white. This will start from the outside of the fish and continue into the middle. You are looking for a small island in the centre of the mackerel that is still raw. At this point, starting with the first fillet that went into the pan, turn each one over. Add a small knob of butter and turn off the heat. Add a little pinch of salt to the skin for that extra crisp. The residual heat will melt the butter and finish cooking that last centre part without over-cooking the fish.

### TO SERVE

Make a bed of the salad, drizzle with the dressing, and top with the mackerel and a fresh wedge of lime.

# Reaching for the Skies

by Laura Tucker

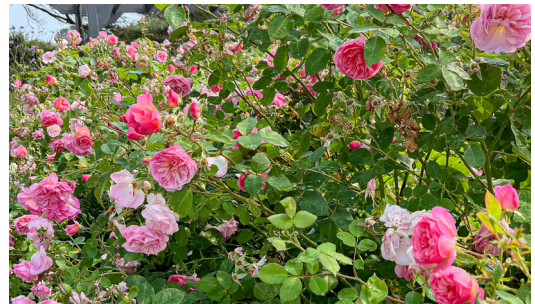
Two local artists are generously opening their gardens for charity. Nick Williams and Caroline Marwood have strikingly similar stories. Both moved into properties with neglected gardens over 12 years ago and gradually embarked on a journey of discovery, hacking their way through the tangle of overgrown vegetation, sleeping-beauty style! Little by little the bones of the gardens were revealed and at the same time their enthusiasm for gardening took root. Neither had a master plan, rather both gardens developed organically. Nick and Caroline are now self-confessed obsessive gardeners, working from studios in their gardens, from which they draw inspiration. Their studios will be open along with the gardens.

The microclimate of Trelan, Nick's garden, allows him to grow a huge range of tropical plants, which have become Nick's great passion. Visitors will feel like they're in a luxuriant, jungle paradise. Reaching for the skies are the towering purple flower spikes of the Giant Echiums, which soar majestically 12-15 ft high. A natural amphitheatre has become the Sunken Garden, providing a calm, secluded space amongst the lush planting.



*Echiums at Trelan*

Tresithney, Caroline's garden, is steeped in history. Situated on St Michael's Way, the ancient pilgrimage footpath linking Lelant to St Michael's Mount and enjoying beautiful views up to Trencrom Hill, an Iron Age Hill Fort, this garden is definitely on the wild-side. Visitors will appreciate the sense that countless people have passed through this special place over the centuries. Caroline's garden has evolved naturally into separate areas; a series of granite paths meander through the Dell, there is a beautiful rose garden, a potager, fernery, vegetable & soft fruit areas.



*Roses at Tresithney*

## **Trelan, Wharf Rd, Lelant TR26 3DU**

open Sat 18 May, Sat 1 & Sat 22 June 2-6pm.  
Admission £6, children free. Home-made teas.  
Parking at Dynamite Quay. Disabled parking on the drive.

## **Tresithney, Bowl Rock, Lelant TR26 3JE**

Open Sat 8 & Sun 9 June 10.30am – 4.30 pm  
Admission £5, children free. Home-made teas.  
Due to limited parking, visitors arriving by car must pre-book via the website. Ideally, please park at a distance and make the final part of the journey on foot. No need for walkers to pre-book.

Both gardens welcome group visits, at other times, by prior arrangement with the owners, please see website for contact details.



For full opening details of these gardens and many others opening in Cornwall for the National Garden Scheme this summer, please go to [ngs.org.uk/cornwall](http://ngs.org.uk/cornwall)

Every visit supports the work of these essential health and nursing charities.



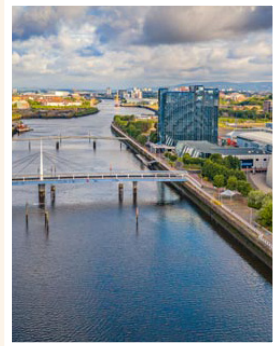
The National Garden Scheme is a registered charity in the UK, number: 1112664

## Liz's Quizzes

Liz Noall is back to tease you with her quiz! As well as trying these questions, you can catch Liz live every week. On Monday, she's at the Castle Inn, St Ives, at 8pm; on Tuesdays, it's Polmanter Touring Park, at 8.30pm; on Wednesdays, she's testing the teams at the Bird in Hand, Hayle, at 7.30pm; on Thursdays, it's the Lifeboat Inn, St Ives, from 8.30pm; and she's at the Royal Standard, Hayle, on Sunday evenings. Book via Liz via St Ives Liz's Quizzes on Facebook. As well as offering big prizes, the quizzes also generate lots of money for charity. At the time of going to press, Liz's charity total had passed £32,000!



1. In the American version of The Apprentice, who was the original hirer and firer?
2. In which year did Marathon chocolate bars change their name to Snickers?
3. Score is another name for what number?
4. According to the nursery rhyme, where was Simple Simon going when he met the pieman?
5. Thanks to its overseas territories, which country has the most time zones of any country in the world?
6. How many times zones does it have?
7. Which Scottish city lends its name to a type of fruit cake?
8. The River Ganges is sacred in which religion?
9. In Olympic weightlifting, what colour are the 25kg weight plates?
10. Which famous literary character inhabits a castle near the Borgo Pass in the Carpathian mountains?
11. Who was described as dirty in the title of a 1988 Michael Jackson hit?
12. The Clyde is the second longest river in which country of the UK?
13. The name of what type of Italian cake can be literally translated as Tony's bread?
14. The Bass Strait separates Tasmania from which country's mainland?
15. In which decade was Nautilus, the USA's first nuclear submarine, launched?
16. What goes before the word Canada in the title of Canada's national anthem?
17. What do the C and the A stand for in YMCA?
18. In the USA, which sport is referred to as the national pastime?
19. Who succeeded Peter Capaldi to become the 13th Doctor in Doctor Who?
20. How many people are there in a tug of war team?



Answers on page 46



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## Energy efficiency in Cornish homes can boost health and wellbeing

**Homeowners in Cornwall can now apply for lower-cost loans to fund energy saving home improvements. The Green Home Improvement Scheme aims to fill the gaps for those who are ineligible for grants. Homeowners and private landlords can apply, however it is not open to owners of properties used as holiday lets or second homes.**

Cornwall Council has appointed the Lendology CIC (community interest company) to run the pilot scheme, which has been funded by the Cornwall and Isles of Scilly Good Growth Fund. The Green Home



improvement Loans Scheme has received £518,254 from the UK Government through the UK Shared Prosperity Fund.

“Poor energy efficiency in homes can impact on health and wellbeing, as well as costing more to heat,” said Olly Monk, Cornwall Council’s cabinet portfolio holder for housing. “Finding the money for improvements to make our homes more energy efficient, healthier to live in and cheaper to run is a problem for many.

With funding from the Shared Prosperity Fund we’re able to introduce this pilot loan scheme to help residents pay for improvements which are costly to introduce but save money in the longer term.

“We want to help make Cornish homes warmer, healthier, more energy efficient and kinder to the planet.”



In Cornwall half of homes do not have access to mains gas, and so most rely on oil, LPG or electric night storage heating. Many homes are not suitable for air source heat pumps without expensive energy efficiency measures. Housing across Cornwall contains a significant proportion of ‘hard to treat’ solid wall properties which are more difficult to insulate (there are estimates that 30% of all dwellings in Cornwall have solid walls). More than half of homes are also not connected to the mains gas supply and are therefore forced to rely on more expensive forms of heating.

To find out more about eligibility, visit [lendology.org.uk/partners/view/](http://lendology.org.uk/partners/view/)

[cornwall-council/](http://cornwall-council/) or call 01823 461099.

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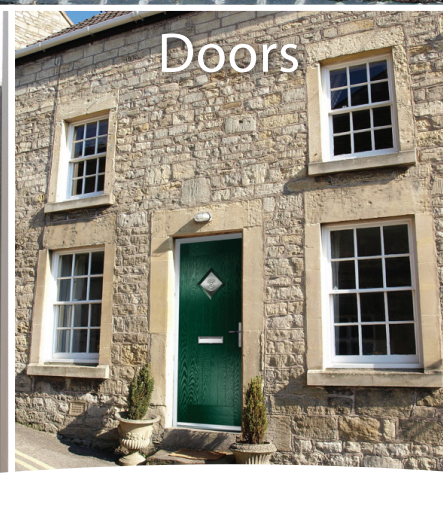
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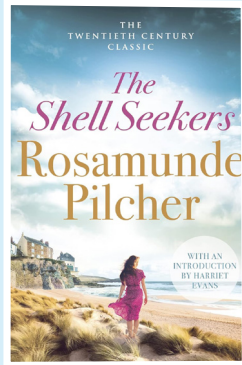
## St Ives Archive: Cornish folk who found fame

by Elaine Pearce

I am a member of the Archive's family history group, which helps people who come to ask us about their ancestors who originally came from the St Ives area. Some were fisherman who sailed to Ireland, where they met their future wives and brought them back to St Ives. Others achieved success far from home.

Sir John Quick was born at Trevail, Towednack, in 1852. Both his parents were called Quick, and his cousins lived in Trevessa Farm nearby. John left Cornwall at the age of two, when his family emigrated to Bendigo in the new colony of Victoria, Australia. Bendigo was the epicentre of a gold rush, which attracted many Cornish people. They built their own "Little Cornwall" community, so John grew up still among the Cornish. John attended Melbourne University before becoming a newspaper reporter, later going into law and politics, and eventually becoming a federal judge. After his death in 1932, a fountain was erected in his memory in Bendigo, and a street was named after him. There is also a plaque near his birthplace in Towednack.

Rosamunde Scott was born in 1924 in the centre of three houses, called Chila Cita, in Abbey Hill in Lelant. She began writing when aged seven, and by the age of 18 had had her first short story published. She married Graham Hope Pilcher and they moved to Dundee, where she



Trevail, birthplace of Sir John Quick

continued writing stories for women's magazines. Her first novel as Rosamunde Pilcher was *Secret to Tell* in 1955, and she went on to enjoy international success with her books, many of her were centred around Porthkerris, her fictional name for St Ives.

The Archive also has information about famous people born elsewhere in Cornwall, such as Andrew Pears, from Mevagissey who went to London to open a hairdressing salon in the 1790s. He also produced soap with a gentle perfume, especially for ladies, and the business grew and prospered throughout the Victorian period, when the famous actress Lillie Langtry appeared in the company's advertising campaigns. Pears' Soap, now part of Lever Brothers, is still popular more than 200 years after it was created.

If you're interested in finding out more about your Cornish family history, do come and see us.



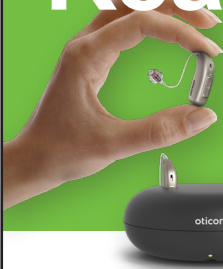
St Ives Archive is based at Wesley Methodist Church, St Ives Road, Carbis Bay, St Ives, TR26 2SF. For information about current opening hours, phone 01736 796408, email [admin@stivesarchive.org](mailto:admin@stivesarchive.org), or visit [www.stivesarchive.org](http://www.stivesarchive.org). The Archive opened in 1996 and is staffed by volunteers. We are always looking for people to join our enthusiastic team - there are opportunities to learn new skills, carry out research, assist visitors and take part in fundraising events. We offer a valuable service for anyone wishing to obtain historic information about the town. The Archive holds over 35,000 photographs and numerous documents covering fascinating subjects such as art, maritime heritage, tourism and traditional customs, and we also have extensive resources relating to the history of St Ives families. Why not come and visit us?

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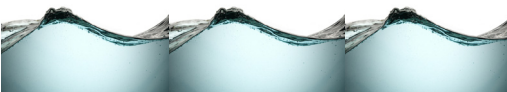
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# Coffee Time Puzzles

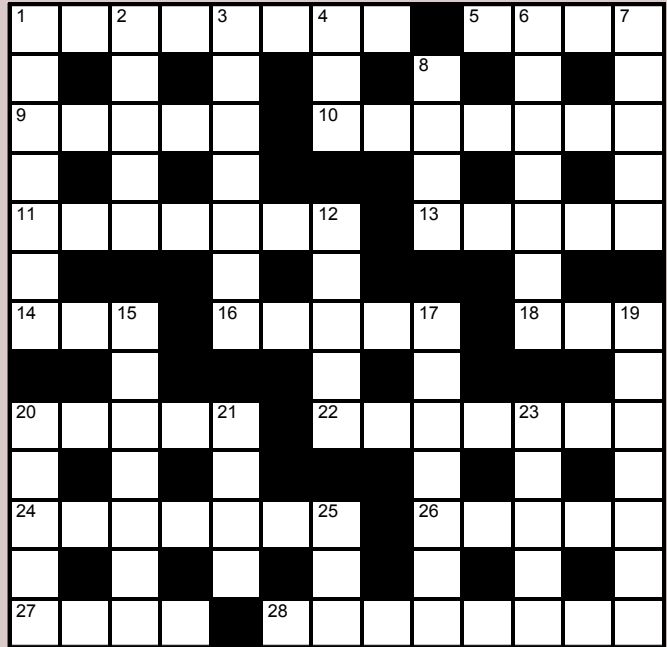
# Quick Crossword

**Across**

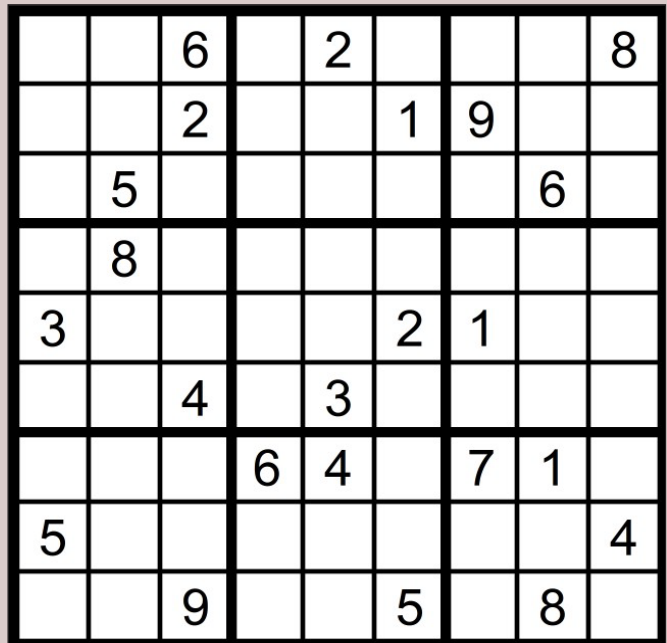
- 1 Roomy (8)
- 5 Image of a deity (4)
- 9 Borders (5)
- 10 Cushion for kneeling (7)
- 11 Dog of mixed breed (7)
- 13 Shouts (5)
- 14 17th letter of the Greek alphabet (3)
- 16 Overzealous (5)
- 18 Little drink (3)
- 20 Science of logic, quantity, shape and arrangement (Abbr.) (5)
- 22 Loss of memory (7)
- 24 Makes journeys (7)
- 26 Young hooter (5)
- 27 A great deal (4)
- 28 Frenzied rush (8)

**Down**

- 1 Cooking vessel (7)
- 2 Inert elemental gas (5)
- 3 Underwriter (7)
- 4 Exclamation of disgust (3)
- 6 Draws aimlessly (7)
- 7 Finds pleasing (5)
- 8 Wan (4)
- 12 North African oil state (5)
- 15 Survive (7)
- 17 "Raiders of the Lost Ark" actor --- Elliott (7)
- 19 Chatter (7)
- 20 Broken rock for road repairs (5)
- 21 Killed (4)
- 23 Find the answer (5)
- 25 Posed (3)



# Sudoku



All Answers on page 46

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# Crossword Answers

# Sudoku Answers

1	S	P	A	C	I	O	U	S		5	I	D	O	7	L		
	T		R		N			G		8	A		O		I		
9	E	D	G	E	S			10	H	A	S	S	O	C	K		
	A		O		U					H		D			E		
11	M	O	N	G	R	E	12	L		13	Y	E	L	L	S		
	E				E			I					E				
14	R	H	O		15		16	R	A	B	I	D		18	S	I	P
			U					Y			E						R
20	M	A	T	H	21	S		22	A	M	N	E	23	S	I	A	
	E		L		L						H		O				T
24	T	R	A	V	E	L	25	S		26	O	W	L	E	T		
	A		S		W			A			L		V				L
27	L	O	T	S			28	S	T	A	M	P	E	D	E		

9	1	6	7	2	3	5	4	8
8	4	2	5	6	1	9	3	7
7	5	3	8	9	4	2	6	1
1	8	7	9	5	6	4	2	3
3	9	5	4	8	2	1	7	6
6	2	4	1	3	7	8	5	9
2	3	8	6	4	9	7	1	5
5	6	1	2	7	8	3	9	4
4	7	9	3	1	5	6	8	2

## Liz's Quizzes, answers

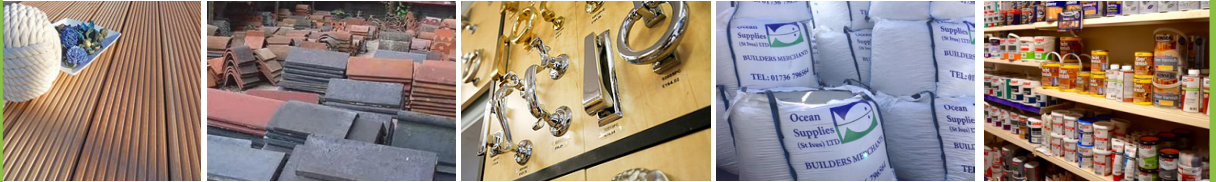
1. Donald Trump; 2. 1990; 3. 20; 4. The fair; 5. France; 6. 12; 7. Dundee; 8. Hinduism; 9. Red; 10. Count Dracula; 11. Diana; 12. Scotland; 13. Panatton; 14. Australia; 15. 1950s; 16. O; 17. Christian Association; 18. Baseball; 19. Jodie Whittaker; 20. Eight.

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## Sample menu.

Salt and pepper nuts  
Gordal olives  
Prawn crackers / sweet chilli  
Local Oyster / yuzu ponzu / jalapeño / ikura  
Prawn cocktail / XO Marie rose  
Sea trout pastrami / gherkin ketchup  
Smoked mackerel scotch egg / rhubarb ketchup

Soy glazed Pork cheek / lobster bisque / gala apple  
Fish tikka kofta / gochugaru slaw / coriander wild garlic / flatbread  
Battered octopus / 'chip shop' curry sauce  
Korean fried hake burger / bbq sauce / gochugaru slaw / brioche bun  
Cornish plaice / wild garlic cafe de paris butter  
The no fish finger sandwich / seaweed tartare sauce

### Sides:

Cheesy chips / grated manchego / truffle  
Smashed cucumber salad / wakame / furikake  
Grilled hispi cabbage / miso / sesame  
Crispy Miso potatoes / XO cocktail sauce



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