

St. Ives Local

FREE

JULY / AUGUST 2024 | ISSUE 57



THE ST IVES BAY MAGAZINE

Experience a day on the Isles of Scilly...

Experience a day on the Isles of Scilly...
28 miles off the coast of Cornwall

from
£35
FLY | SAIL

DOG FRIENDLY
travel from
£11

LOCALS
travel from
£25



DAY TRIP FARES | FROM £35 RETURN
SAIL | PENZANCE
FLY | LAND'S END
BOOK NOW: ISLESOFSCILLY-TRAVEL.CO.UK

ISLES OF SCILLY
Travel



the CABIN beach cafe



Fabulous food, wonderful views, and a very warm welcome all year round

Our cafe and large garden are situated in the lovely little village of Perranuthnoe, overlooking the sea. Some evenings, the cafe becomes the Topsy Crab Bistro, offering great food in a stunning location.

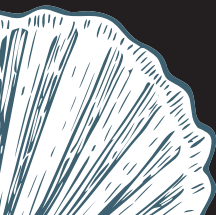


Open 363 days a year for breakfast, lunch, tea, coffee, cake, bistro evenings, pizza nights and Sunday roasts - please check Facebook or contact us for details and to book your table.

The Cabin Beach Cafe, Towan Field, Perranuthnoe, Penzance, TR20 9NE

01736 711733

tipsycrab@thecabinbeachcafe.co.uk



Welcome...

Summer was a long time coming, but now we're enjoying the long sunny days. Whether you're a local or a visitor to St Ives Bay, we wish you happy days basking on our wonderful beaches in July and August.

This issue we welcome a host of new advertisers. Do seek them out and support them. We need our independent local businesses, and there are plenty of specialists out there offering great products and sound advice. There's lots to read this time around. As well as our usual food, art and books pages, and the new Local Life photo gallery, we have features about the Secret Gardens of Lelant, and a new song commemorating the 1939 St Ives lifeboat disaster, to be sung for the first time on Lifeboat Day.

We're also previewing the St Ives September Festival — not long to go now to get your tickets!

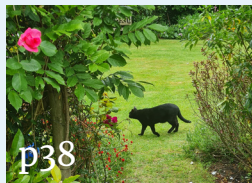


Don't forget, we deliver thousands of copies of St Ives Local to homes and businesses in the St Ives and Hayle postcode areas. Find out more on our website — stiveslocal.uk, now with a property section — follow us on Facebook, Instagram, and X (formerly Twitter), and send us your stories, reports and listings. And if you visit any of our advertisers, tell them you found them via St Ives Local. See you next issue!

Liz and Darren Norbury

Editors

07444 199081 | hello@stiveslocal.uk



Contents

6 and 8	News
12 and 14	Food
20 to 25	What's On
30, 32 and 33	Art
36	Books
38 and 39	Gardens
42	Environment
46	History

COVER SHOT

Porthmeor and Beyond by Anna Clarke
Living in landlocked Warwickshire, mixed media artist Anna Clarke relishes her annual exhibitions in St Ives with her art collective, MACRAGS. She always takes time to reconnect with the landscape, painting her favourite view looking out from the Island. www.annaclarke.co.uk



While we aim to provide a quality publication for local reference, we cannot be held responsible for the services or reputation of any of the advertisers or for any content or advertisements or editorial herein. Reproduction in whole or in part is strictly prohibited without prior written permission from the publishers. The magazines are produced on paper sourced from FSC approved paper mills and printed using vegetable-based inks. They are happy to be recycled, but please pass to a friend first!



Website for bookings
stivesboatservices.com

07582 033757




FOUR SISTERS BOAT TRIPS

CRAFTED COFFEE HOUSE
ST EIA HOUSE, MARKET PLACE ST IVES



LUXURY COFFEE

FOOD





CAKES, CREAM TEA & CROISSANTS

ST IVES NUMBER 1 COFFEE HOUSE



LOWERDECK
OVER 8000 GIFTS & GOODIES INSIDE

MAN CAVE

ST IVES BIGGEST GIFT AND TOY SHOP
- ON THE HARBOURFRONT



- Private hire
- School Runs
- Sightseeing
- Pubs & Clubs
- Restaurants
- Train Stations
- Shopping Trips
- Airport Transfers
- Delivery Service
- Personalised tours
- Personalised tours

Friendly & Professional

Order your A1 Taxi via our app, search 'A1 Cars St Ives' on:








Secure Payments By: **PayPal**

FEATURING CALLBACK | CARD PAYMENTS ACCEPTED | 1-8 SEATER

CALL US AT: 01736 79 77 00
WWW.A1CARSSTIVES.CO.UK



Just Desserts

St Ives' famous ice cream shop!
Find us on Wharf Road

Star Awards presented to community heroes



Left to right outside the Guildhall: mace bearer Paul Bates, deputy mayor Ken Messenger, Tony Mason, Josh Rogers, Liz Angus Noall, Janet Mitchell, Christine Chard, mayor Johnnie Wells, and mace bearer Raymond Bridgewater

St Ives Town Council has presented certificates to five very worthy winners of its St Ives Star Awards, recognising those doing amazing things in the community.

There was a great response to the call for nominations, and it proved difficult for the judging panel to make a final decision, selecting just a few winners. They are:

- Tony Mason: for achievements in preserving and celebrating local heritage and culture.
- Liz Angus Noall: for tireless local charity fundraising through her Liz's Quizzes.

- Josh Rogers: for work with children and young people.
- Rupert Manley: for achievements in protecting and enhancing the local environment.

There was also a special posthumous award for Jim Hodge, in recognition of his acts of bravery and services to the people of St Ives. Collecting the award was his daughter, Janet Mitchell. Jim had many death-defying adventures underground maintaining the water supply to St Ives, as well as supervising the local reservoir.

VE show at Hayle Memory Cafe

Female vocal trio The Ritzy Belles ut on a great show when Hayle Memory Cafe staged a special VE Day celebration at Hayle Rugby Club. There was fish and chips to start the afternoon and tea and cake during a break in the performance.

Hayle Memory Cafe has grown enormously from its foundation in 2017. It meets on the first and third Mondays of the month, from 2pm to 4pm, at the rugby club and is a valuable meeting point for those with memory problems, their families,



and carers. Sessions are free to attend, but donations are welcome.

For more information, call 07513 221066.

There is also a St Ives group which meets on the first and third Thursdays of the month at Carbis Bay Memorial Hall.



C BAY SALON

Colour & Creativity

C Bay Salon is in the heart of Carbis Bay. We invite you to come and enjoy the warm and cosy atmosphere of our friendly salon.



ENJOY 10% OFF

Exclusive Offer for New Customers

Call to book on **01736 804252**

quote 'St Ives Local' to receive your discount or email salon@gannetstives.co.uk

Terms & Conditions:

Available to end December 2024 to first time customers only. Subject to availability at time of booking. No cash alternative.

The Gannet, St Ives Road, Carbis Bay, St Ives, Cornwall, TR26 2SB



The Halsetown Inn

Our rural inn just outside St Ives is the perfect place to escape the hustle and bustle, and enjoy locally sourced food in a warm, inviting atmosphere. Our restaurant has wooden beams and bags of character, and we have a cosy bar with a roaring fire in winter. And our patio is a perfect sun trap – ideal for those warm Cornish summer days!

Follow our Facebook page to keep up to date with our events.

The Halsetown Inn, Halsetown, St Ives, TR26 3NA

Tel: 01736 697258

www.halsetowninn.com



Located next to the Leisure Centre

Funded places available from 9 months old



Enquire now

Stives@daisyfaysnursery.co.uk

www.daisyfaysnursery.co.uk

01736 695168

Food Intolerance Testing

IBS? Bloating? Digestive issues?
Skin problems? Joint pain?
Tiredness? Headaches?

The NHS fully acknowledge the impact food has on health.

Take a non-invasive, pain free food intolerance test and make a fresh start to better health.

Pop up clinics in St Ives, Truro, & Penzance.

Scan here or text

07590 321421

or phone

01736 793497



Parking available at Edward Hain

The Edward Hain Centre is making parking spaces available behind its premises, on a daily or weekly basis. Proceeds go to the centre to help with its upkeep and running costs. The cost is £10 per day or £50 for a week. The cost is £10 per day or £50 for a week. A code is needed for entry, so once it is booked, a space is guaranteed. To book, contact Phil at the centre via info@edwardhaincentre.org.uk

Major recognition for Hayle florist



Rebecca Nicholas, of Flowertime at The Big Pink Tree, has been named one of National Florist Day's 100 Faces of Floristry 2024. She works with husband Mark at the Penpol Terrace, Hayle, business. The competition, organised by The Florist magazine, was designed as a way of highlighting people in the floristry industry who go the extra mile or who do something awesome, in terms of design, kindness, or "sheer gutted determination".

A new autumn arts festival is being planned for Hayle



Make a date in your diary for a new arts event taking place in October in Hayle. Reflections of Hayle: Telling Our Yarns will feature a variety of workshops, an art gallery showcasing local talent, and a weekend filled with music, theatre, and delicious food.

The theme centres around collecting stories of Hayle from across the generations. The aim is to gather memories and experiences from residents, to create a unique piece of artwork that reflects Hayle's rich history and vibrant culture.

Hayle Town Council projects and events officer Julie Baldwin said: "This exciting event is being organised by local arts-based businesses and artists who are passionate about celebrating and fostering the creative spirit of Hayle. They are dedicated to bringing the community together through engaging and interactive cultural experiences. "We are looking for enthusiastic individuals to help deliver this exciting event. Whether you're an artist, musician, or food vendor, we want to hear from you. One of the highlights is our collaborative crochet project, and we're asking for people to crochet objects on various themes, as well as simple squares. Don't miss this chance to immerse yourself in the vibrant world of local arts and culture. Be a part of something amazing!"

Reflections of Hayle: Telling Our Yarns takes place over the weekend of 4th to 5th October. Contact julie.baldwin@hayletowncouncil.net to get involved. Hayle Town Council's website and social media channels will carry more information as it is announced, including details about collection boxes for crocheted items.



July 2nd - July 30th • Free to view
St Ives Museum Centenary Exhibition
 This exhibition celebrating the centenary of St. Ives Museum showcases some of the many varied exhibits and cherished cultural treasures which can be found at the museum.



August 1st • 1pm - 1:45pm & 3pm - 3:45pm • £6
Tales of Captain Killigrew
 Captain James Killigrew, pirate, privateer, swashbuckler has found his way to St Ives to share some tales of his adventures across the seven seas. From sea monsters to mermaids, sea battles to sea storms he has seen it all whilst at the helm of his trusty ship Eagle.



August 31st • 10am - 12pm & 2pm - 4pm • £10.00 • Ages 7+
Kev F Sutherland's Comic Art Masterclass
 Kev F Sutherland has written and drawn for Beano, Doctor Who and Marvel comics, and now makes graphic novels adapted from Shakespeare. Now he'll teach you how easy it is. Learn everything he knows, so you could leave school and steal his job!



Every Wednesday • 10:45am - 11:15am • Free
Rhyme Time
 Join us for our beloved Rhyme Time, a cherished tradition, happening every Wednesday. Delight in an interactive session filled with songs and music, expertly led by Mark and Fred, as they entertain your children from 10:45 to 11:15.



f **@stiveslibrary**
i **@visitstives**
 St Ives Library & Visitor Information Centre
 Gabriel Street
 TR26 2LX
 Open Mon - Sat • 09:30 - 16:00
 01736 796297
 info@visitstives.org.uk
 stivestowncouncil-cornwall.gov.uk



St Ives Town Council

Cornish Riviera Holidays

Cornish Riviera Holidays is celebrating 40 years of providing high quality holiday accommodation from visitors across the country and, indeed, around the world! From a central office within the Guildhall complex in Street-an-Pol, St Ives, Andy Dale and Matt Hellyer, supported by office manager Debbie Gill, have been running the company since 2022, when they purchased it from the Armstrong family.

The duo have more than 60 properties on their books, the majority of which are in the St Ives area, although they are looking to expand further into West Cornwall. Andy had worked for the company for 11 years before taking on running the operation. He has a background working in tourism in Truro and St Ives after gaining a degree in tourism management. Matt has a background in property sales.



For many years, Cornish Riviera Holidays published a huge brochure listing all its property. Now everything is online.

Holidaymakers can browse the accommodation available at cornishrivieraholidays.co.uk and this site takes them all the way through the booking process, culminating in payment. This is especially convenient, of course, if visitors are coming from overseas. Of all the most frequent visitors, there are still big numbers from Germany, where the



novels of Rosamund Pilcher, who was born in Lelant, and who wrote stories set locally, are hugely popular.

“We pride ourselves on being local, independent, and family owned,” Andy tells St Ives Local. “We’re a friendly and approachable team.” They try to be affordable, too, not raising prices when demand for St Ives-based holidays soared in the wake of the Covid lockdowns.



The biggest changes in the business’s 40-year existence revolve around what customers can expect from their holiday properties. Bed linen and towels are provided as standard, and at one time that may have been viewed as a luxury in itself. But now visitors expect wifi, of course, and many properties feature machines making that essential of modern living, great coffee.

40 years of experience shines through in the Cornish Riviera Holidays experience, and the business is looking forward with confidence to the next four decades and more. To mark the milestone, the company will be planting 40 trees at St Ives Community Orchard. These will go in the ground during planting season in October and be a lasting dedication to a company that has introduced so many to the delights of St Ives and contributed so much, directly and indirectly, to the local economy.



Cornish Riviera Holidays is celebrating its 40th birthday this year! Established in 1984, as a genuinely local independent agency we offer the personal local touch that our national, corporate-owned competitors have lost. We are proud to be a family-owned business based in St Ives, offering full holiday property management at competitive rates.

We are currently expanding our property portfolio and would like to take the opportunity to offer you a no-obligation appraisal.

Call **01736 797891** or email **info@cornishrivieraholidays.co.uk** for more information to arrange your appraisal or visit our website at **www.cornishrivieraholidays.co.uk/sil**



St Ives Farmers' Market: Summer shopping

For local folk and visitors alike, St Ives Farmers' Market is the place to shop this summer for vegetables, fruit and flowers grown just a short distance from the town. There's also Cornish fish, freshly-baked bread, honey, jam and sweet treats – and much more, including soap, jewellery and gifts.

Mark Floyd of Herland Roots says: "From our market garden, we have our salad mix, microgreens, cucumbers, tomatoes and spring onions. We're also growing lots of herbs, like basil, coriander and parsley, and we have organic carrots, aubergines, and mushrooms from local farms. There will be lots of lovely fresh fruit – our own raspberries and blackcurrants, and strawberries from other local growers."



- Buy Fudge: sweet treats made in a traditional way
- Cath's Cornish Kitchen: bread, quiches and cakes
- Kyfyth Kernow: jams and preserves
- Quayside Fish: fresh Cornish crab and fish
- Rosewarne Apiary: honey and related products
- Ruby June's Indian Kitchen: curry and accompaniments
- The Little Soap Shed: hand-made soap

St Ives Farmers' Market takes place every Monday between 9.30am and 2pm at the Island Centre.



Mark also looks after the deli stall, which offers a wide selection of local cheeses, olives and truffles, and fermented products like kimchi and kombucha.

Among the seasonal attractions on Rebecca Astrinsky's flower stall are agapanthus, aeoniums, bowls of mixed succulents, Mexican fleabane, geraniums, dahlias, and echinaceas.

Margaret Barrell's art and craft stall includes reproductions of Victorian paintings of St Ives, and her own pictures made using pebbles and sea glass.

Other regular summer stalls at the farmers' market include





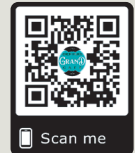
Belgian Bar & Bites

A hidden gem awaits... Tucked away in the St Andrews St Hideaway Quarter, escape the hustle and bustle of St Ives and retreat into a Belgian oasis by the Cornish Coast. Belgium is famed for its incomparable brewing traditions, continuous flow of beer and exquisite wholesome cuisine. Here at the family run Bier Huis, our guests can expect to indulge in these authentic dining and drinking rituals, brought to you in splendid surroundings, by a dedicated and passionate team. Open 12-10pm daily, (check website) you can choose from the largest Belgian Bier collection in Cornwall, with over 75 bottles and 8 draught varieties. On Sundays, expect live music from local artists, 2-4pm, to accompany your journey of Belgian discovery. Bookings recommended through our website, takeaway Bier available all day.

01736 797074

info@bierhuisgrandcafe.co.uk | www.bierhuisgrandcafe.co.uk

16 St Andrews Street, St. Ives TR26 1AH



St Ives

Farmers' Market



Every Monday at the
Island Centre, 2 The Ropewalk,
St Ives, TR26 1SY
From 9.30am - 2.00pm

Fresh local produce all year round.



Herland roots

MARKET GARDEN &
FOOD BOX DELIVERY

scan or search online



Regenerative no dig market garden and food box delivery service based in Gwinear, Hayle and serving the St Ives Bay area.

FRESH PRODUCE

FREE DELIVERY

RECIPES

HONEST FOOD

Recipe: Cornish crab cakes with sweet chilli sauce

Resident St Ives Local chef Daniel Rouncefield, AKA The Cornish Chef, is back. This recipe involves panko breadcrumbs. These are made from a crustless white bread that is processed into flakes and then dried. They have a dryer and flakier consistency than regular breadcrumbs, and as a result they absorb less oil. Panko produces lighter and crunchier tasting fried food. The recipe serves four, with 20 mins prep time and 15 mins cooking.

INGREDIENTS

200g Cornish crab
2 baking potatoes
1 red onion
50g chives
1 lemon, zest
2 eggs
50ml milk
50g flour
150g panko breadcrumbs
Good quality sea salt
Cracked black pepper
1 red chilli
25ml water
85ml white wine vinegar
175g caster sugar
10 ml fish sauce
1/2 clove garlic
1tsp ginger
10g cornflour

METHOD

Peel, quarter, and put the potatoes in a pan with cold water and a pinch of salt. Bring to the boil and cook for 8-10 minutes until soft — when a knife won't hold them up any more. Drain and allow to steam dry. In a mixing bowl, add the crab, diced red onion, chopped chives, lemon zest salt, and pepper, and mix together using your fingers, feeling out for any shell. Mash the potatoes and add to the crab mix. Into 3 bowls put the flour, the egg and milk mix, and the panko breadcrumbs. Make 8 even balls of the mix, and shape



into the traditional fish cake shape. First put into the flour to coat, shaking off any excess, then into the egg wash, allowing any egg to drip off, and finish in the breadcrumbs making sure the whole cake is fully coated. You can shallow fry until the breadcrumbs are golden brown. If possible I prefer to deep fry for 5 minutes at 180°C. When out, put them on kitchen roll to absorb any excess oil. Sprinkle with a little sea salt. For the sweet chilli sauce, mix the water and cornflour together in a bowl or jug. Place all the remaining ingredients in a saucepan and bring to the boil. Once boiling, whisk the water and cornflour solution and boil a for further 1-2 minutes. Remove from the heat and leave to cool. Serve on a bed of leaves with a ramekin of the sweet chilli sauce.

CORNWALL

**Nanny's
Fish Spice**

£5 per pot £4 for a refill

A perfect match for mallios, the famous Cornish pilchard dish.

Mallios

MAKE YOUR OWN CORNISH MALLIOS AND CREATE AN AUTHENTIC ST. IVES EXPERIENCE! FOR THE RECIPE SCAN THE QR CODE

Contact Richard & Nicole to buy 07791 678571



GILBERT'S

BEACH BAR + KITCHEN

Waterside location at the end of
North Quay Hayle.



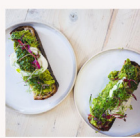
We're here from first light 'till dusk,
always ready to welcome you to our
beach garden and covered terrace.



@gilberts-hayle



BREAKFAST - LUNCH - SMOOTHIE BOWLS
PRIVATE DINING - PRIVATE HIRE
- EAT IN - TAKEAWAY
COCKTAILS



bre.cafe

01736795334 brecafestives@gmail.com
Bre cafe, ventnor terrace, TR261DY

QUAY KITCHEN

a magical location for your
special events.



01872 713815



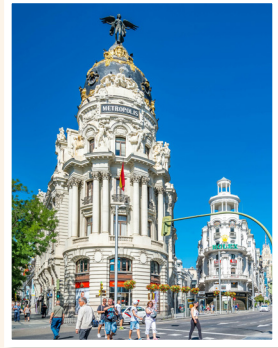
quaykitchenhayle@gmail.com

Liz's Quizzes

Liz Noall is back to tease you with her quiz! As well as trying these questions, you can catch Liz live every week. On Monday, she's at the Castle Inn, St Ives, at 8pm; on Tuesdays, it's Polmanter Touring Park, at 8.30pm; on Wednesdays, she's testing the teams at the Bird in Hand, Hayle, at 7.30pm; on Thursdays, it's the Lifeboat Inn, St Ives, from 8.30pm; and she's at the Royal Standard, Hayle, on Sunday evenings. Book via Liz via St Ives Liz's Quizzes on Facebook. As well as offering big prizes, the quizzes also generate lots of money for charity. At the time of going to press, Liz's charity total had passed £35,000!



1. As well as being the capital, what is the most populated city in Spain?
2. Let Go, in 2002, and Love Sux, in 2022, are the first and most recent albums by which Canadian singer?
3. You would have to love someone very much, so the advertising says, to give them your last what, as in chocolate sweet?
4. In the TV soap Dallas, what was the name of Pam and Bobby Ewing's adopted son?
5. Which Yorkshire town shares its name with a UK bank?
6. If you take the first letter of the last five answers, which month do they spell out?
7. A type of horse carriage in Ireland, how many wheels does a jaunting cart have?
8. In 1610, Galileo discovered the four largest moons of which planet in our solar system?
9. Which late English singer played a character called Vendice Partners in the 1986 film Absolute Beginners?
10. After his abdication, in which country did the former King Edward VIII finally marry Wallis Simpson?
11. The song Never Smile at a Crocodile is from which animated Disney film?
12. The chocolate brand Lindt is based in which European country?
13. Which can manufacturer uses the slogan Sheer Driving Pleasure?
14. In the Tom Hanks film Castaway, what was the name of his volleyball?
15. How many series of the show Pop Idol were made?
16. In money slang, how many pounds is a pony?
17. What kind of acid is found in car batteries?
18. What is the correct name for an auctioneer's hammer?
19. What is the stage name of the singer songwriter Graham MacPherson?
20. What two colours are the stripes on the shirts of Newcastle FC?



Answers on page 54



UNA
UNA ST IVES

**SPA | STAY
EAT & DRINK**

SEASONAL, LOCALLY SOURCED PRODUCE

The Una Kitchen team prepares and serves a wide variety of fare, from the freshest fish and pizzas from our wood-fired Gozney oven and, by popular demand, classic Sunday roasts.

UNA ST IVES, LAITY LANE,
CARBIS BAY, ST IVES, TR26 3HW

📷 📺 📱 | unastives.co.uk



We are a traditional local pub between St Ives and Penzance, which serves great pub grub and offers accommodation. We have a large car park, and welcome motorhomes and campervans. We're very dog-friendly, and we have fantastic views from our large beer garden, with amazing sunsets, as you'll see from our

Facebook page:
 The Engine Inn, Cripplesease.

Tel: **01736 741311**
 Email: engineinncrippleease@hotmail.com
 The Engine Inn, Cripplesease, Nancledra,
 Penzance, TR20 8NF



St Ives Arts Club 
 presents
The Cornish Lark
Nicole Jesseyman

Country
Folk
Sea Shanties

Tickets available
@ St. Ives
Library




 Local Events & Activities
 St Ives Library & Visitor Information
 01736 741311

**Sunday 22nd
September
2.30pm start** 

“Wild the weather and brave the crew”: Remembering the St Ives lifeboat disaster, in words and music

A much-loved poem which commemorates the loss of the St Ives lifeboat on 23rd January 1939 has now been set to music and will be performed for the first time on the town’s Lifeboat Day on 15th August.

The poem, *The Ballad of the St Ives Lifeboat* – John and Sara Eliza Stych, written in 1975 by local lady Patricia Hodge, describes the wild winter’s night when the lifeboat was launched just before 2am to go to the aid of a stricken vessel near Cape Cornwall. Five hours later came the devastating news that the lifeboat had been wrecked on the rocks at Godrevy Lighthouse, and that of its eight crew, William Freeman was the sole survivor.

Composer Katrina Geraghty, who grew up in St Ives, explains how the poem became a song. “I had known of Patricia Hodge’s poem for several years, but it was only in January of this year, when my friend Janet Mitchell – Pat’s daughter – sent a video commemorating the 85th anniversary of the St Ives lifeboat disaster, that the idea of writing a song based on the idea was planted.

“The disaster is a very significant event in the town’s history,” says Katrina. “Every St Ives family was affected, one way or another, and its repercussions were felt down the years. Patricia’s spiritual poem captures perfectly the terror of that night and the fallout in the days that followed. It also carries much hope for the future, and for the generations to come, and recognises humbly and thankfully the bravery and dedication of all those who serve, or have served, in our wonderful RNLI.” Katrina was responsible for music at St Ives School from 2004 to 2015, and has taught both GCSE and A Level music composition. “I have tried to create a song which captures the essence of ballad writing, ie, the telling of the story, which also has a strong Celtic feel, and a memorable tune which people can sing to, if they wish to do so,” she says.



From left: Longstanding member of St Ives inshore lifeboat crew Norman Laity, composer Katrina Geraghty, RNLI St Ives fundraising manager Suzanne Tanner, St Ives Museum curator Andy Smith, and Janet Mitchell, daughter of poet Patricia Hodge.

“When time and space allow, I am planning to develop the song further to include a string quartet, and already have the players lined up, keen to perform.”

Janet, who has known Katrina since their schooldays in St Ives, is immensely proud of her late mother’s poem, which won a national competition. “Katrina’s music has brought the poem to life,” she says. “Every time I listen to it, I feel moved.”

Andy Smith, curator of St Ives Museum, agrees. “The song is so special. The first time I played it, I was at the museum, and I opened the door and looked out at the waves – and I thought about the lifeboat.

“The display about the disaster which we have at the museum is very evocative. We already have a reading of the poem by Brian Stevens available to listen to, but I particularly wanted this musical version, and I hope by next year to run it, if we can, with the film we have about the disaster.”

Suzanne Tanner, fundraising manager of the RNLI in St Ives, says: “The memory of the men who were lost needs to be kept alive for the generations to come. We’re delighted that Katrina is singing the song on Lifeboat Day, especially as this year is the 200th anniversary of the RNLI.”

The Ballad of the St Ives Lifeboat – John and Sara Eliza Stych will be performed at St Ives lifeboat house at 11am on 15th August. It will be available as a CD and a download.

The Ballad of the St Ives Lifeboat – John and Sara Eliza Stych

Twas 1939 on a wild winter's night
 When the maroons went off and began the fight.
 Wild the weather and brave the crew
 Launchers, women and children too.
 "Tis wicked weather Cap'n, don't 'ee go"
 But the call had come and go they'd go.
 The sea it raged and the wind it roared
 And those at home prayed to the Lord.

Morning broke on a restless town.
 Word went out – the boat had gone down.
 Then came the news, one man found
 Please God that all were safe and sound
 But not to be, the rest had drowned!
 Families wept, wives were numbed
 Fathers, brothers, friends and sons
 Gone, gone, gone.



All were lost on that terrible night
 Hard they'd fought and lost the fight.
 The wreck washed up on the Eastern Shore
 Here's one lifeboat would sail no more.
 Tradition ruled such boats must burn
 No eye was dry as she took her turn.

And as long as there are lives to save
 And souls to snatch from a watery grave
 Then there'll be men who'll put to sea
 Whatever the outcome is destined to be.
 And years roll by, boys are men
 New crews fill new boats again.
 And ever will we cry to Thee
 For those in peril on the sea.

Patricia Hodge



Lifeboats

ST IVES LIFEBOAT DAY

Thursday 15th August 10am - 4pm

**COME AND JOIN US AT
 ST IVES LIFEBOAT STATION**

**Grand Raffle • Children's Ride
 Cake Stall • Tombola • Stalls
 Meet the Crew**



The RNLI is the charity that saves at sea

Royal National Lifeboat Institution, a charity registered in England and Wales (209603) and Scotland (SC037736). Registered charity number 20003326 in the Republic of Ireland

What's On July & August

MONDAYS

Little Ones at the Bridge

Toddler Café and Bump to One

At The Bridge, Penpol Terrace, Hayle. Toddler Café runs from 9.30am-10.30am in term time. Bump to One runs from 10.45am-11.45am and is also free. haylelightandlife.co.uk/little-ones

Beachfit

Outdoor fitness sessions on the beach, Hayle, 9.30am. beachfitcornwall.com

Pilates

Carbis Bay, 9.30pm, £6. Suitable for beginners and those struggling with pain or long-term conditions, such as arthritis, but want to exercise in a safe environment with a physiotherapist. Email sheryl@beachsidephysiotherapy.co.uk or phone 07376 601061.

Iyengar Yoga

In the Greta Williams Room, St Ives Library, 9.30am-11am, with Ann Nicol. Drop-in session, all levels welcome. £10.

St Ives Farmers' Market

At the Island Centre, 9.30am-2pm. See feature elsewhere in the magazine.

Barnoon Arts

Open drawing class in St Ives Arts Club, 10am-noon. barnoonarts.uk

St Ives Arts Club

Monday Art Group, 1pm-4pm. Check with the club for spaces as it gets very busy.

Hayle Memory Café

At Hayle Rugby Club, first and third Mondays of the month, 2pm-4pm. For people with memory problems, their families, and carers. Activities, plus tea and eat cakes! Free (but donations welcome). More information on 07513 221066.

Carbis Bay Contract Bridge Club

Carbis Bay Memorial Hall, Trencrom Lane, 2pm-5pm. A friendly local group — beginners welcome. £3 per session (includes tea and biscuits). For more information, call Graham on 01736 762512 or visit carbisbaybridge.co.uk

St Ives Community Foodshare

Pick up surplus food at the Mike Peter Estate car park, St Ives, TR26 2FS, 5.30pm. kevrannastives.co.uk/foodshare/

St Ives Camera Club

St Anta Church Hall, Carbis Bay, 7.30pm. From September to April. For a programme of events, visit stivescameraclub.co.uk

Needles and Pins

St John's Church Hall, 7pm-9pm. A group of sewers who meet each week to chat, drink tea, and work on individual designs or group projects.

Touch Rugby

At Hayle Rugby Club, 7pm. All welcome.

Liz's Quizzes

At The Castle, Fore Street, St Ives, 8pm. Booking is advised via the St Ives Liz's Quizzes Facebook group.

Christian Meditation

At the Lady Chapel, St Ia Church, 7.30pm-8.15pm. Visitors and newcomers welcome. stiveschurch.org.uk

Local Vocalz

At Hayle Methodist Church, 7.30pm. A friendly, 45-strong mixed four-part choir singing popular songs, from classics to pop. No audition necessary. First month free. Email pluing@tiscali.co.uk or call 01736 754225.

Towednack Church

Bellringing practice, 7.30pm-9pm. New and returning ringers always welcome. Excellent tuition available. For more information, email marypjones50@gmail.com or phone 01736 794750.

TUESDAYS

Beachfit

Outdoor fitness sessions on the beach in Hayle, 6.45am. beachfitcornwall.com

Bay Fitness and Yoga

Early morning outdoor fitness and yoga, overlooking Porthmeor Beach, 8.30am. @bayfitnessyoga on Instagram.

St John's in-the-Fields

Morning prayer, 9am. stiveschurch.org.uk

DDMix

At Carbis Bay Memorial Hall. 9.45am: Yogascope — yoga moves to music. 10.30am: Move It of Lose It (for the over-60s). 11.30am: Diverse Dance Mix – aerobics. An aerobic workout using dance styles from around the world. To book, phone 07719 700993 or email diversedancemix.martha@gmail.com

Wild Tiddlers

Baby and toddler group which meets weekly in term time, 10am-11.30am, at St John's Church vicarage garden. All under-fives welcome — no need to book. stiveschurch.org.uk

St Ives Community Orchard

Volunteer to help look after 30 acres of land, 10am-noon. stivesorchard.co.uk/volunteer

Barnoon Arts

Watercolours. Weekly standalone class, 10.30am-12.30pm. barnoonarts.uk

St Ives History Walk

A two-hour walk around exploring many facets of local history. Meet by the Barbara Hepworth sculpture at the Malakoff. £5 (children free), cash only. No need to book.

St Ives Community Foodshare

Pick up surplus food at the Palemon Best car park, St Ives, 12.30pm. kevrannastives.co.uk/foodshare/

St Ives Knitting Group

Café Art, Royal Square, St Ives, 3pm-4.30pm. Come along for knit and a natter — all welcome. Refreshments available.



Contemporary Gallery & Classes
Westcotts Quay, St Ives TR26 2DY
www.barnoonarts.uk

Salvation Army

Meal and worship at the Wharf Road base, 5pm. salvationarmy.org.uk/st-ives

Stammtisch German-speaking group

Meets once a month (not always on the same Tuesday) at West Cornwall Golf Club. For details, phone Birte Hosken on 01736 798408 or email birtehosken@yahoo.co.uk

St Ives St John Ambulance

Meets upstairs in the Island Centre, Island Road, 6pm-8pm in term time, for five- to 18-year-olds. sja.org.uk

1st St Ives Cubs

Meet from 6.30pm-8pm at Ayr Field, St Ives, during term time.

St Ives Community Choir

Rehearsals from 6.30pm to 8.30pm at Carbis Bay Memorial Hall. New members are always welcome. No auditions required, just enjoy singing. For more information, phone Lynda on 01736 796832 / 07871 805526, email sichoira@btinternet.com or visit stivescommunitychoir.org.uk

Hayle Lions

Meet at 7pm, second Tuesday of the month, at the Passmore Edwards Institute. Supporting the community with local and individual issues. If you think you can help, pop along to a meeting. e-clubhouse.org/sites/hayle/

St Ives Jazz Club

Western Hotel, St Ives, 7.30pm. Guest bands every second Tuesday of the month. Big Kettle Jazz (line music) every other Tuesday. facebook.com/StIvesJazzClub

Liz's Quizzes

At Polmanter Touring Park, 8.30pm.
Booking is advised via the St Ives Liz's Quizzes Facebook group.

WEDNESDAYS

Little Ones on the Beach

9.30am-10.30am in term time. Fresh air and a chance to play in the dunes while making new friends. At Ferry Beach, North Quay, Hayle. haylelightandlife.co.uk/little-ones

Beachfit

Outdoor fitness session on the beach in Hayle, 9.30am. beachfitcornwall.com

Pilates

Carbis Bay, 9.30pm, £6. Suitable for beginners and those struggling with pain or long-term conditions, such as arthritis, but want to exercise in a safe environment with a physiotherapist. Email sheryl@beachsidephysiotherapy.co.uk or phone 07376 601061.

Steeple Woodland Nature Reserve

Work party: all welcome to take part in light exercise with like-minded people. Meet by the wooden gate on Steeple Lane at 9.30am. Tools and gloves provided. Wear clothing suitable for the weather conditions. More details from Giles on 07527 287543, at steeplewoods.org and on Facebook.

Artisan Market

At The Island Centre, 10am-4pm.

Barnoon Arts

Sketchbooking St Ives. Outdoor sketching around St Ives, 10.30am-12.30pm. barnoonarts.uk

St Ives Community Foodshare Kevranna Social Club

At St John's in-the-fields Church, 10.30am-12.30pm. A social place to chat, play board games, swap clothes, and share recipes, skills, and recycling ideas. Refreshments provided. kevrannastives.co.uk/foodshare/

Rhyme Time

At St Ives Library, 10.45am. Thirty minutes of music, singing, and stories for pre-school children.

St John's in-the-Fields

Welcome Wednesdays, 2pm-4pm. A warm, safe space to come to.

Ukulele Club

At St Ives Arts Club, 2pm-4pm. Email Steve at swmlither@btinternet.com if you're interested in learning the ukulele.

Brownies

At 5pm, St Ives Salvation Army, Wharf Road. Information on 01736 797746.

St Ives Sailing Club

Meet 5.30pm at the sailing pen (Sloop car park). Dinghies available for experienced sailors. Novices welcome. stivessailingclub.com

1st St Ives Beavers

Meet from 6.30pm-7.45pm at Ayr Field, St Ives, during term time.

Liz's Quizzes

At the Bird in Hand, Hayle, 7.30pm. Booking is advised via the St Ives Liz's Quizzes Facebook group.

Global Wednesdays

At the Western Hotel, St Ives, 8.30pm-11pm. All welcome to an evening of jams and performances celebrating global music.

THURSDAYS

Bay Fitness and Yoga

Early morning outdoor fitness and yoga, overlooking Porthmeor Beach, 8.30am. [@bayfitnessyoga](https://www.instagram.com/bayfitnessyoga) on Instagram.

Iyengar Yoga

With Lucy Aldridge at Carbis Bay Memorial Hall. 9.15am, general class; 5.30pm, beginners; 7.30pm, general/intermediate class. To book, text 07817 968036. lucyaldridge.com

Pilates

Carbis Bay, 9.30pm, £6. Suitable for beginners and those struggling with pain or long-term conditions, such as arthritis, but want to exercise in a safe environment with a physiotherapist. Email sheryl@beachsidephysiotherapy.co.uk or phone 07376 601061.

Yoga and Yoga Dance

A relaxing class which helps flexibility, designed for the over-40s. Taught by Khalid Beg in Carbis Bay, 10am. Phone 01736 757919 or visit endrianyoga.com

Barnoon Arts

Draw St Ives. See St Ives in a different light, 10.30am-noon. barnoonarts.uk

Table Tennis for the over-50s

At the Island Centre, St Ives, 10.30am. Phone 07887 368191 or visit u3astives.co.uk

St Ives Memory Café

At Carbis Bay Memorial Hall, 2pm-4pm, on the first and third Thursdays of each month. Music, entertainment, arts and crafts, quizzes, social interaction. 07999 239865.

Carbis Bay Scout Group

Cubs and Scouts meet at Fenton Hall, Porthrepta car park, Carbis Bay. To find out times, phone Jan White on 07776 328229 or email janmack56@hotmail.com

St Ives Community Foodshare

Pick up surplus food at St Ives Rugby Club, 5.30pm. kevrannastives.co.uk/foodshare/

St Ives Bridge Club

At St John's in-the-Fields Church Hall, 6.30pm. Phone Jim Barker on 01736 794134 or visit bridgewebs.com/stives

St Ives Male Voice Praise Choir

The choir meets at Hellesveor Chapel, 7.30pm. They would welcome men interested in singing Christian music. Practice usually lasts just over an hour.

Café Frug

At St Ives Arts Club. A variety of performers and formats, compered by Bob Devereux, on the first Thursday of the month. 7.30pm (doors open 7.15pm). £4 (£2 members) on the door.

Alternative Folk Thursdays

8.30pm-11pm in the Kettle 'n' Wink bar of the Western Hotel, St Ives.



**Yoga and Yoga Dance
in Carbis Bay and Hayle**
Flexibility in your 40s - and beyond

- Improves flexibility and strength • Promotes relaxation
- Relieves stress • Increases bodily awareness

Khalid has been teaching yoga since 2003, and is a member of the British Complementary Medicine Association (BCMA)

Tel: 01736 757919 / 07979 606851
www.endrianyoga.com

FRIDAYS**Beachfit**

Outdoor fitness sessions on the beach in Hayle, 9.30am. beachfitcornwall.com

Toddlers Group

At the Salvation Army, Wharf Road, St Ives, 9.30am. Information on 01736 797746.

Pilates

Carbis Bay, 9.30pm, £6. Suitable for beginners and those struggling with pain or long-term conditions, such as arthritis, but want to exercise in a safe environment with a physiotherapist. Email sheryl@beachsidephysiotherapy.co.uk or phone 07376 601061.

Penderleath Community Woodland

Work session 10am-noon at Penderleath community woodland, near Crippleasease. All welcome. Park at Giew Mine, Crippleasease, and cross road. On first Saturday of the month the session switches to that day (2pm-4pm). No Friday session that week.

Hayle Farmers' and Craft Market

At Phillack Church Hall, 10am-1pm. Phone 01736 755005 or email gilliandawkins1@gmail.com or jackie@renfree.com

Welfare Benefits Advice

Free advice on the first Friday of every month, 10.30am-1.30pm, at the Edward Hain Centre. To book an appointment email centremanager@edwardhaincentre.org.uk or drop into the centre.

Coffee morning

At St Ives Arts Club theatre, 11am–12.30pm.
Open to all members and their guests.

Craft Hive

At St Ives Library, second Friday of the month, 11am–1pm, £3. Bring your work in progress and enjoy a cuppa, craft, and chat.

Friday Arts Club

At St Ives Arts Club, 1pm–3.30pm. £1.50 per session — members only.

Trencrom Ladies' Club

At Lelant Village Hall on the second Friday of each month, 2pm–4pm. Time for tea and a chat after talks — all welcome. Members £1, visitors £3. 01736 753720.

St Ives Community Foodshare

Pick up surplus food at the Palemon Best car park, St Ives, 5.30pm. kevrannastives.co.uk/foodshare/

St Ives Girls' Skate Night

5.30pm–7.30pm at the Palemon Best Recreation Area, second Friday of the month. All wheels, levels, and ages welcome. Facebook/Instagram: @girlsskatestives

St Ives St John Ambulance

At the Island Centre, Island Road, for adults aged 18 upwards, 7pm–9pm. sja.org.uk

Youth Club

At 7.30pm, St Ives Salvation Army, Wharf Road. 01736 797746.

Songwriters' open mic Fridays

8.30pm–11pm in the Kettle 'n' Wink bar of the Western Hotel, St Ives.

SATURDAYS

Bay Fitness and Yoga

Early morning outdoor yoga and fitness, overlooking Porthmeor Beach, 8.30am. @bayfitnessyoga on Instagram.

Barnoon Arts

Draw St Ives. See St Ives in a different light, 10.30am–noon. barnoonarts.uk

FOSIL (Friends of St Ives Library)

Super Saturdays on the first Saturday of every month in St Ives Library, 10am–noon. Different theme every month. All welcome. Drinks and cakes provided.

Bellingring

In the tower (ground floor) of St Uny Church, Lelant, 11am–12.30pm. Practices on the first and third Saturdays of the month. Come and have a taster session. All welcome, from age ten to 80-plus (children must bring a parent/guardian). Information on 01736 793201.

St Ives Tennis Club

Free beginners' and improvers' sessions for members, and non-members with a TR26 postcode, between 2pm and 4pm (weather permitting). Rackets available. Call 07413 449338 for further information, or just turn up. New members welcome. clubspark.lta.org.uk/StIvesTennisClub

St Ives Sailing Club

Meet 12.30pm at the sailing pen (Sloop car park). Dinghies available for experienced sailors. Novices welcome. stivessailingclub.com

SUNDAYS

St Ia Church

Holy Communion, 8am (second and fourth Sunday of the month). 9.45am Sung Eucharist, every Sunday.

Hellesveor Methodist Chapel

Service 10.45am. At the junction of the B3311 and the B3306 (TR26 2HW). Free parking. Disabled access. A warm welcome to all.

St John's in-the-Fields

Morning service, 11.15am. Wild Church, a service for all ages, 3pm.

Hope Community Church

Morning service, 10.30am, at Lelant Community Hall. Pastor Rodney Orr 01736 798530.

Fore Street Methodist Church

Morning service, 10.30am. All welcome. William Thomas 01736 799762.

St Ives Community Orchard and Nature Reserve

Volunteer to help look after 30 acres of land,
11am-1pm. stivesorchard.co.uk/volunteer

St Ives Community Foodshare

Pick up surplus food at St Ives Rugby Club,
11.30am. kevrannastives.co.uk/foodshare/

OTHER EVENTS**Family Fun Day****12th August**

At the Palemon Best Recreation Ground and St Ives Skate Park. Includes the St Ives Library bus, poetry session, sea shanty workshop, and lots more, Brig your own picnic. Time to be confirmed (check with the Library team).

Friends of the Towans**2nd July**

A guide butterfly walk around Upton Towans led by butterfly specialist and Friends of the Towans trustee Dick Goodere, 11am-2.30pm.

15th July

Guided glow-worm walk at Upton Towans with local resident and glow-worm enthusiast Carol Rumble, 9.45pm-11pm. For more information and to book a place, email friendsofthetowans@gmail.com or message or call on 07393 522875.

St Ives Raft Race**3rd August**

St Ives Harbour, 6pm.

Combined Church in St Ives

Community hymn singing in the open air by the fishermen's lodges, at 6.30pm on the second and fourth Sunday evenings in July and August. If wet, in Fore Street Methodist Church.

Cornish Artists Market**10th August**

At St Ives Salvation Army, Wharf Road.
Celebrating Cornish artists.

Fore Street Methodist Church**21st July**

Annual Harvest of the Sea service, 10.30am.

Action for Children - Kernow Connect




Join us for a couple of hours, for an exciting session of Football Golf and Penwith Pitch and Putt! Kick your way around the 9 hole course, through the various challenging obstacles. Come along and join in the fun! Please wear comfortable, suitable, outdoor clothing and footwear for the weather.

Open to young people in the Hayle area.
Scan the QR code to book a place:
<https://www.smartsurvey.co.uk/s/NB4P12/>

Open to ages 11-19 (25 SEND)

August 8th 2024
2:00pm - 4:00pm

PENWITH
Pitch & Putt

Penwith Pitch and Putt, Chenhalls Road, St Erth, Hayle. TR27 6HJ


St Ives Community Choir**6th July**

Garden Party at Carbis Bay Memorial Hall, hosted by the choir, 2pm.

St Ives Old Cornwall Society**August**

Crying The Neck celebration at Trewey Farm, Zennor, hosted by the Mann family. Date to be confirmed (dependent on crop growth).

St Ives U3A**2nd July**

Introduction to the National Animal Welfare Trust, with Amy Hall.

16th July

Famous Faces quiz. Meetings are at Carbis Bay Memorial Hall, 2pm. u3astives.co.uk

Please email What's On entries for July and August to hello@stiveslocal.uk by 5th August. Keep an eye on our website — stiveslocal.uk — for up-to-date listings.

St Ives September Festival: New faces and old favourites

Some things old, some things new – and maybe even a few things “borrowed” – will be features of the 2024 St Ives September Festival.

The focus of the 15-day festival of music and arts will inevitably be slightly different this year, with the Guildhall – home to a galaxy of stars over recent years – unavailable, as it undergoes major renovations. The temporary loss of the town’s largest venue posed challenges for the organisers but with an inspiring response from other venues, the festival will once again be jam-packed with attractions.



Ray Lewis

New for 2024, the big name at St Ia Church is Ray Lewis, former lead singer of the Drifters, who will bring down the curtain on this year’s festival on Saturday 28th September. There was also early demand for tickets at the Arts Club to see legendary Cornish songwriter Harry Glasson, writer of the modern-day anthem, Cornwall My Home, with singer-songwriter Will Keating. You’ll have to be quick – if tickets haven’t already sold out! The Arts Club will also host four screenings of Catch the



Celtic Ensemble



Tru Foxes

Wind: St Ives In the 60s, this year’s new offering from award-winning Newlyn-based film-maker and director Diana Taylor.

At the Mariners Gallery in Norway Square, ARKangel – Katherine and Alan Clark – return with their new show, Cider With Rosie, as they follow up last year’s As I Walked Out with another take on a Laurie Lee classic.

Festival newcomers at St Ia Church are Fleetwood Mac tribute band Tango In the Night, progressive world folk trio Trouble Notes, and Cornwall indie-pop singer Daisy Clark, who memorably entertained world politicians at the 2021 G7 summit in St Ives.

Rue and her band will make their Festival debut at the Arts Club, where Martyn Barker, Winter Mountain, Du Glas, Our Atlantic Roots, Baldrick’s Plan, and St Ives’ own Carly and Sven and Nicole Tesseyman all return along with comedian Rob Barratt.

Festival favourites appearing at St Ia this year include St Ives singers Molly Hocking, 2019 winner of ITV’s The Voice, and Bailey Tomkinson and her band The Locals, the Celtic Male Ensemble, who sold out the church last year, shanty singers Bryher’s Boys and fast-rising Cornwall folk-pop duo True Foxes.

The festival will burst into life on 14th September, with the first of two vibrant Saturday afternoons of Aspects Holidays-sponsored street entertainment, featuring many regular festival features, including 15 lunchtimes of free music and poetry in Norway Square, Open Studios, St Ives Rotary’s Spot The Artist charity painting sale, talks, walks, workshops and more all returning.

For the latest festival information and ticket booking online, visit www.stivesseptemberfestival.co.uk

ST IVES SEPTEMBER FESTIVAL

2024

Sept 14th-28th



15 DAYS OF MUSIC AND ARTS

Live music : Street Entertainment : Poetry

Films : Walks : Talks : Workshops

Open Studios : Spot The Artist : Exhibitions

Ray Lewis (ex-Drifters), Harry Glasson and Will Keating, The Regalos, Winter Mountain, True Foxes, Our Atlantic Roots, ARKangel's Cider With Rosie, Tango In The Night (Fleetwood Mac Show), Trouble Notes, Rue, Bailey Tomkinson, Molly Hocking, Nicolas Meir World Group, Du Glas, Bryher's Boys, Baldrick's Plan, Celtic Male Ensemble, St Ives Entertains, Daisy Clark, Green Diesel, Martyn Barker, Cork an Barbor, Samba Cambada, Pensans Morris, Boudica, Hevva, Carly and Sven, Nicole Tesseyman, Hokum Boys, Lore and Lament, Spaven Mor, Crimson Tide, Boilerhouse, Pam and Noel Betowski Rob Barratt PLUS the new film CATCH THE WIND: ST IVES IN THE 60s... and much more



**MANY FREE EVENTS including
2 Saturdays of Street Entertainment,
15 lunchtimes of open-air poetry and
music and 3 Saturday marathon
music sessions**



INFO AND TICKETS AT www.stivesseptemberfestival.co.uk



Local
by



Clockwise from top left: D-Day commemoration —The Island illuminated in the evening, and the proclamation in Cornish at the war memorial by St Ives Town Council mace bearer Raymond Bridgewater; Andrew Chivell (team manager) and Paul Hurrell (groundsman) receive an award from the Cornwall Referees Society recognising the excellent hospitality shown to match officials at Hayle Rugby Club; Hayle Business Network meets at the Cove Cafe;



cal
fe



mayor Johnnie Wells and councillor Sinead Macnamee at the opening of a new water-free, chemical-free toilet at St Ives Skate Park; exhibits at Leach Pottery celebrating John Bedding's 60-year career; and a mermaid waves at the Spring Fayre at Una, Carbis Bay.

If you'd like your event featured in Local Life, drop us a line via hello@stiveslocal.uk or call or message on 07444 199081



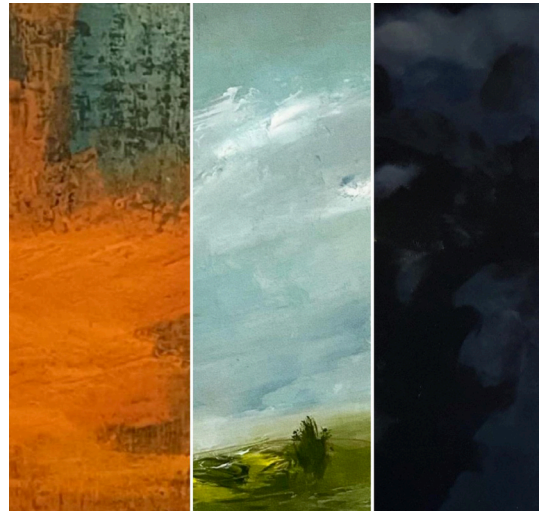
The Far Flung Collective: North, east, south, west

“We’re inviting people to contemplate lines of connectedness of sky, sea and earth, all converging at this corner of the British Isles”. This is the intent of the Far Flung Collective – three creatives who are staging an exhibition in St Ives in August.

The works created by Mary Scott, Bev Campbell and Briony Jenkins range from mesmerising abstractions of Cornish coasts and rocks, to snatches of birdsong captured in oils, and Scottish skies as broad as they are deep.

What brings the three artists together is a common concern for the natural environment. “In our own ways, we capture our emotional response to the skies and the land, to what lives there, and to what lies beneath,” says Mary. “Our work is about the sense of awe that we encounter in the natural world – and the need to treasure and preserve it.”

These themes are shaped partly by the backgrounds of the three artists. Mary is a former geologist, influenced by time, depth and space, who now lives and paints in St Ives. Bev taught in prisons, with students deprived of natural light and sound. Briony trained as a graphic artist, has been a cover



artist for books, and has lived in both large cities and a rural setting.

The trio met at Newlyn School of Art.

“The lines that connected us were a love of abstraction and of the elements uniting our work and giving it synergy,” says Mary.

“We chose the name Far Flung because the three of us work from north-east Scotland; Bristol and Devon; and Cornwall. We are delighted to be together again in west Cornwall – its rich backdrop of sea, skies, birdlife and earth will provide a truly inspirational setting for our show.”

Lines of Connection opens on Saturday 10th August at the Crypt Gallery at the Mariners’ Church, and runs until Friday 23rd August, from 10am to 5.30pm each day.

Inspiration from the landscape of Zennor

From 13th to 21st July, local artists Caroline Marwood and Kerry Grant will be at Zennor Village Hall exhibiting paintings influenced by the beautiful, ancient and mythical landscape which surrounds the venue.

Watercolour and collage artist Kerry has created a series of paintings that depict the mystical tale of the famous Mermaid of Zennor, as well as images from around the village and coastline at Zennor Head.

Mixed media artist and printmaker Caroline will be exhibiting her encaustic wax paintings of the paleolithic landscapes and her very popular digital paintings. Kerry and Caroline will also be running a variety of art workshops, including basic



watercolour painting skills, creative collage and en plein air painting on the clifftop.

No experience is necessary, and all materials and refreshments are provided.

Find out more at tickettailor.com/events/cornwallartworkshops

ST IVES SCHOOL
OF PAINTING

ART CLASSES

FOR BEGINNERS, IMPROVERS, ARTISTS, CHILDREN...EVERYONE!

Step into our historic studios and be inspired

Escape the everyday and get creative.
Small friendly groups and professional tuition.
An ideal addition to your holiday itinerary!

SUMMER SESSIONS

Wed & Thurs 10am – 1pm
Fri KIDS 10am – 12.30pm

WEEKLY LIFE DRAWING

Thurs 6.30pm – 8.30pm
Sat 10am- 1pm

ALL MATERIALS PROVIDED

BOOK ONLINE or CALL

schoolofpainting.co.uk

Porthmeor Studios, Porthmeor Beach

01736 797180

Young artists at the Penwith Gallery

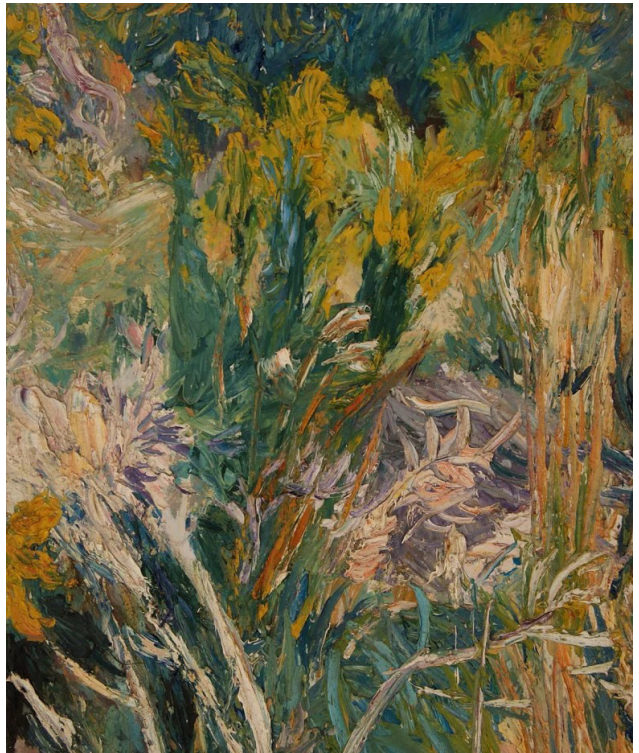
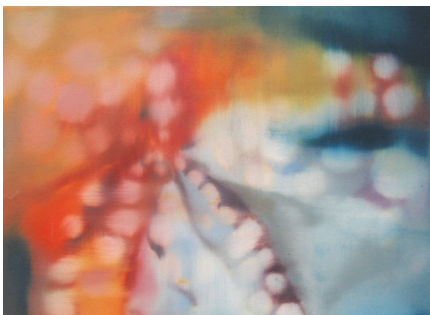


The Young Penwith Artists scheme is now in its third year, and two of the talented youngsters it supports have exhibitions coming to the Penwith Gallery, in St Ives, from 26th July.

Imogen Allen grew up in Zennor, and her work explores the energetic terrain of our conscious and subconscious experience through the physical language of colour, shape and gesture. Her paintings are luminous, meditative portals of reflection.

Ellie Brown is a sculptor whose artistic journey is marked by a deep connection to the female form, the landscapes that have inspired them, and the sculptors encountered along the way.

Imogen Allen's *Lumen* and Ellie Brown's *Light on her Skin* open in the Studio Gallery and the Sculpture Courtyard respectively on Friday, 26th July, at 5.30pm, and run until Saturday, 24th August. The preview is at 5.30pm on 26th July, and all are welcome.



A Painter's Odyssey

An exhibition of paintings and drawings by artist Ray Atkins is to be held at Belgrave St Ives to coincide with the publication of a new 160 page monograph about the artist's life and work, written by Peter Davies.

Atkins is primarily a plein-air painter working outside, often on an epic scale, to immerse himself physically and emotionally in the landscape. Large boards are staked-down on location often for days (or even weeks) at a time letting the weather and environment help shape the work.

Ray Atkins was born in Exeter, Devon in 1937. He studied at Bromley College of Art in Kent and

at the Slade School of Fine Art. Atkins was inspired by Frank Auerbach and worked for a time in Auerbach's studio. Atkins' first teaching post was at Reading University in 1965, and his first one-person exhibition at the Whitechapel Gallery, London in 1974. A teaching post at Falmouth Art School in 1974 was followed by a thirty-four year stay in Cornwall where Atkins painted the extraordinary landscape of the China Clay country around St Austell. He moved to France in 2009.

Ray Atkins, *A Painter's Odyssey*, is at the Belgrave Gallery, Towednack, until 8th July.

ART, EXHIBITIONS, WORKSHOPS

Anima Mundi

Until 13th July

Judith Nangala Crispin: Ascending Beings

Efrat Merin: The Other Side of Paradise

19th July-31st August

Arthur Lanyon: Snail's Pace

Street-an-Pol, St Ives

animamundigallery.com

Belgrave Gallery

Until 8th July

Ray Atkins: A Painter's Odyssey

Higher Bussow Farm, Towednack

belgravestives.co.uk

Leach Pottery

Until 8th September

John Bedding: 60 Years On

20th July-18th August

Ellie Woods: An Apprenticeship

Higher Stennack, St Ives | leachpottery.com

New Craftsman Gallery

Until 28th July

Sarah Woods: Land and Light

Maria Kristoferson: Ceramics

10th August-6th September

Emily Powell: Sunshine and Full Flowers

Matthew Chambers: New Ceramics

24 Fore Street, St Ives

newcraftsmanstives.com

Penwith Gallery

Until 20th July

Imogen Rorke: Chaos and Calm

Richard Holliday, Shelley Thornton, and

Graham Black

Until 24th August

Members' Summer Exhibition

26th July-24th August

Associate Members' Summer Exhibition

Imogen Allen: Lumen

Ellie Brown: Light on Her Skin

30th August-28th September

Stephanie Sandercock

Then and Now: Six Corsham Alumni

30th August-2nd November

Members' Autumn Exhibition

Back Road West, St Ives | penwithgallery.com

St Ives Society of Artists

3rd-9th August

Taking Space

10th-23rd August

Mary Scott

25th-30th August

Little Picture Show: Affordable Art in St Ives

Jenny Shaw-Browne and 25 guests.



Emily Powell, at the New Craftsman Gallery from 10th August

31st August-6th September

Deb Ramsey Trease

Norway Square, St Ives | stisa.co.uk

St Ives Arts Club

29th June-5th July

Suzanne Stobb

6th-12th July

Mike O'Sullivan

13th-26th July

Christine Brunnock and Chris O'Reilly

27th July-2nd August

Julie Doyle

3rd-9th August

Caroline Barroclough

10th-16th August

Caroline Marwood

17th-23rd August

Sam Reese

24th-30th August

Alan Holmes

Westcotts Quay, St Ives |

stivesartsclub.org

St Ives School of Painting

A huge range of workshops and courses for all levels of artist. See page 31.

Porthmeor Studios, Back Road West, St Ives | schoolofpainting.co.uk

Tate St Ives

Until 29th September

Beatriz Milhazes: Maresias

Until 5th January, 2025

Mark Rothko: The Seagram Murals

Porthmeor Beach, St Ives | tate.org.uk



Jo Downs

HANDMADE GLASS

BEAUTIFUL FUSED GLASS
WALL INSTALLATIONS AND
INTERIOR PIECES AT OUR
STUNNING ST IVES GALLERY.
ALL HANDMADE IN THE
HEART OF CORNWALL.

10% OFF ANY PURCHASE OVER £50*
WITH CODE IV10 WHEN YOU PRESENT

THIS ADVERT IN OUR
ST IVES GALLERIES ONLY.

*NOT AVAILABLE IN CONJUNCTION WITH ANY
OTHER OFFERS, EXCLUDES WORKSHOPS AND
COMMISSIONS

5 MARKET HOUSE, MARKET PLACE,
ST. IVES

JODOWNS.COM



BOOK A FREE

CONSULTATION

Everyone has their own reason to create a bespoke
piece of jewellery. From inspiration to budget,
we will take everything into account

KIRSTYBRIDGEWATER.COM

KIRSTY BRIDGEWATER

AUTHENTIC DESIGNER MAKER

Based in Markethouse, St Ives, Kirsty Bridgewater Jewellery offers exquisite, handmade jewellery crafted with passion.

Custom Design: Collaborate with us for bespoke jewellery tailored to your style.

Repairs & Polishing: Restore and revitalise your jewellery to its former glory.

Plating: Enhance your pieces with premium rhodium and gold plating.

Remodelling: Transform old existing jewellery into contemporary treasures.

Permanent Jewellery: Enjoy getting a welded on bracelet with your friends and loved ones.

Engraving: Personalise your jewellery with custom engraving.

Bespoke Pieces: Elevate your style with exclusive designs.

Exclusive Offer: Visit us in-store and present this advert for 10% off your purchase. Limited editions available only in-store.



Carbis Bay Holidays

— in St Ives —



Luxury self-catering holidays in St Ives and Carbis Bay

Experience our spectacular hand-picked collection of holiday homes in St Ives and Carbis Bay.

For more information about booking your perfect stay in the bay, get in touch with our friendly local team today.

carbisbayholidays.co.uk | 01736 809675

Book Review

by Alice Harandon, manager of St Ives Bookseller

The Last Giant of Marazion
by Suzanna Hubbard
£13.99 (signed copies available while stocks last)

There is one giant left living on St Michael's Mount, and he is hungry – very hungry! After pasties and ice creams and ginger beer, he turns his eye to the town of Marazion. But one little girl will help put everything right.



textile artist Ekta Kaul explores the history of the kantha tradition, and looks at how the kantha spirit is inspiring artists today.

13 Ghost Cornish Stories ed. By Joanne Ella Parsons and Marie Macneill

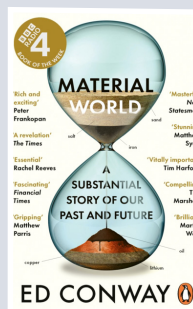
£16.99
Thirteen ghostly tales from 13 Cornish authors to send chills up your spine on a warm sunny day. A mix of bestselling and debut writers means there is something for everyone in this collection.



Life-size Ocean Animals by Sophy Henn

£8.99 (published 4th July)
This interactive non-fiction adventure features life-size illustrations of some of the world's smallest and largest ocean animals and invites children to think about how

they compare with these wonderful creatures. Go face to face with a turtle, see how you'd look with megalodon teeth, dive down for a peek at an anglerfish, and open the fold-out pages to discover a gigantic spider crab!



Material World by Ed Conway
£10.99 (published 1st August)

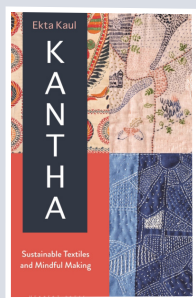
Sand, salt, iron, copper, oil and lithium. These are the six most crucial substances in human history. They took us from the Dark Ages to the present day. But most of us take them completely for granted. Ed travels the globe to reveal the true marvel

of these substances, following the mind-boggling journeys, miraculous processes and little-known companies that turn the raw materials we all need into products of astonishing complexity.

Kantha: Sustainable Textiles and Mindful Making by Ekta Kaul

£22

The word 'kantha' refers to both the style of running stitch, as well as the finished cloth: quilted textiles made from multiple layers of cast-off cloth, traditionally embroidered with threads pulled out from the borders of old saris and dhotis. In this richly illustrated book,



St Ives Bookseller, 2 Fore Street, St Ives, TR26 1AB. The shop is open seven days a week. Books can be ordered, and are often delivered in 24 hours. Tel: 01736 796676; email: stivesbookseller@mabecronbooks.co.uk; X: @stivesbooks



Flowertime @
The Big Pink Tree, Hayle.
West Cornwall's Local
Florist & Gift Shop
01736 757006

We deliver beautiful Flowers daily to
Penzance, St Ives, Camborne, Helston,
Redruth, Hayle & villages in West Cornwall.
We provide gorgeous flowers for every life
event from the happy times through to the
sad time where flowers speak
a 1000 words
www.wesendflowers.co.uk



10% off
Jellycat in
Store when
you show
this advert



ST.IVES MUSEUM

CAPTURING THE LIGHT
ST. IVES ARTISTS 1885 - 1914

APRIL - OCT 2024

ST IVES MUSEUM
WHEAL DREAM, ST IVES, TR26 1PR
01736 796005 WWW.STIVESMUSEUM.CO.UK

MONDAY - FRIDAY 10:30AM - 4:30PM SATURDAY 10:30 AM - 3:30PM

CORNISH TECH HOUSE & VAPE

- ✓ Brand New and Refurbished Phones at reasonable prices without any contract
- ✓ We repair all major brands within 30 minutes.
- ✓ Great collection of Vapes and liquid.



Cornish Tech House & Vape
1 Tregenna Place, St Ives, TR26 1SB
01736 602836

Secret Gardens of Lelant: Roses, lemon trees, and a model railway

by Liz Norbury

The sun shone down on Lelant on a glorious June day, when the owners of 12 village gardens opened their gates to guests. The Secret Gardens of Lelant, an annual fundraising event for the village hall, gives eager visitors the chance to explore gardens not usually open to the public – from sweeping lawns and mature trees in the grounds of Victorian villas, to traditional cottage gardens in the heart of the village, and wide open spaces and architectural planting surrounding contemporary waterfront houses.

“People say thank you to us for opening our garden, but we love it,” says Andrew Hicks, who lives with his wife Anne in Church Road. “We get to meet people we’ve never met before and chat to people we already know. Lelant is a lovely community.” Features of Andrew and

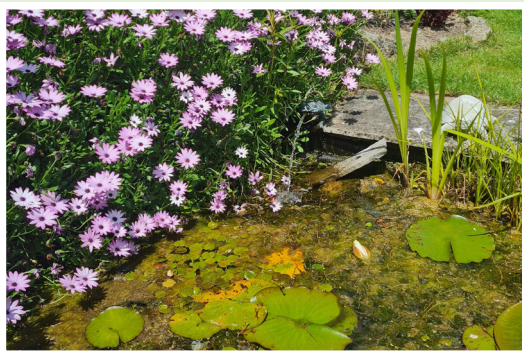


Anne’s garden include a lily pond, a vine – “it makes lovely grape juice” – and an array of yellow, crimson and pale pink roses sharing space with self-seeded wildflowers.



The brilliant red geraniums climbing the wall by the front door have been particularly successful this year. “Aren’t they stunning?” says Andrew with satisfaction. A lemon tree normally thrives in this sunny garden, but the wet winter proved to be a challenge. “It lost a lot of leaves in the winter, but it’s come through, and there are plenty of flowers and a few lemons on it now.”

David Jones’ lemon tree is also making up for lost time, producing its first blooms after a quiet start. His lush cottage garden, with its abundant multicoloured borders and immaculate lawn, is, he admits: “a lot of work





– but I enjoy it”. When David and his wife Ann came to live at The Saltings 30 years ago, they planted a copper beech branch which is now a magnificent tree towering over the garden. The main drawback of living close to the banks of the Hayle Estuary is an occasional unwelcome four-legged guest, says David. “Once, I’d just planted up a border when a badger destroyed all the plants – they ended up broken on the lawn!”



This isn’t a problem likely to face Amanda and Charles Lilley in their Middle Eastern-style courtyard garden at Saltings Reach, which has a miniature pool and fountain, mature palms and citrus trees – including another Lelant lemon tree which suffered in the winter, but is now in bud. The lime tree, though, is very prolific.

“Last year, I had to put a lot of limes in the freezer and look for any recipe I could find which uses lime!” says Amanda. “The pomegranate plant came from our previous home in Oxfordshire, where it never flowered, but since we’ve been here, we’ve had two flowers, which are like red pompoms. I’m now



determined to produce a pomegranate!” The garden’s dominant colour is a restful green, but Amanda also adores damask roses. “They have a wonderful scent,” she says.

Mary Hayes would agree with that. “I never buy a rose without a scent,” she says. “Why would you? And I love other plants with a perfume, like jasmine.” A huge variety of plants thrive in Mary’s sheltered, secluded garden in Vicarage Lane. Her husband Nick helps with the gardening – but his great passion is for his model railway, and visitors to the garden were able to see it in action. He’s often asked how long it took him to build it. The answer? “A lot of time – and I keep doing more bits!” Mary has a similar attitude to the garden. She speaks for many gardeners when she says: “There’s always room for another plant”.



Trevena Cross Nurseries diary: An abundance of summer colour

by Lucy Wickes

Summer is filled with exuberant colour, and not just from plants. Light, sunny days bring out a positive energy in people that puts everyone in a good mood for plenty of outdoorsy days. However you choose to spend those days, Trevena Cross can help you make your 'outdoor room' the ultimate place to be – whether with bright perennials, a comfortable new bench, the warmth of an authentic chiminea or fire pit, or a calming water feature.

As we transition into high summer, patio plants come into their own, creating magical displays, which are then complemented by a multitude of perennials of all heights, shapes, forms and colours.

Trevena Cross Garden Centre owner Graham Jeffery says: "We have lots of summer colour around, ready to fill any gaps in the garden, be it with summer-flowering perennials or shrub staples. We're making it accessible to all, too, with lots of changing special offers on perennials (and other plants) at the front of the shop, all grown on site here in our nursery, and varying perennial pot sizes available, from 2L up to 7.5L as standard. We always plant up 'ready-to-go'



pots and baskets in the nursery too, so it couldn't be easier for the non-gardener, or those looking for a colour boost."

Perennials are always a highlight of the summer months, and with such variety, there really is something for everyone, and something to suit every location, whether it's a sunny spot, shade, or a dry area of the garden. The flowering displays only become more impressive as the summer progresses, and the team at Trevena Cross work hard to create colour co-ordinated displays around the centre to help inspire visitors to visualise what might work well in their own garden.

As we head into mid-August, spring-flowering bulbs hit the shelves and it's time to start planning for the seasons ahead! But let's not wish summer away too soon. Here's a final piece of summer advice from Graham:

"Don't forget to water! Don't assume that a quick summer shower is enough to penetrate your plants and keep them well hydrated. Water quickly evaporates on hot, dry days, and your plants will likely require a daily soaking, especially those in pots or troughs. Early morning or evening is best, outside core sunshine hours. Don't forget to plan for time away from home too, like summer holidays. An automatic irrigation system is often a great solution, or calling upon friendly neighbours to ensure you don't return to sorry looking pots!"

Of course, a summer visit to Trevena Cross isn't complete without a trip to the Palm Tree Bistro – grab a menu and choose from a feast of dishes, or check out the daily specials. Alternatively, grab a sandwich or a pasty from the 'light bites' takeaway Tiki Hut in the outdoor undercover area. Eat or drink on the go, or pull up a seat to enjoy your lunch in the undercover area amongst the flowers. Perfection!



Trevena Cross, Breage, Helston, TR13 9ND
01736 763880 | trevenacross.co.uk



Beautiful gardens start right here...



Grown with passion and expertise...

Masses of seasonal colour, creating the ultimate summer sensation, plus show-stopper specimen palm and olive trees transporting you to a sub-tropical paradise. Nationwide delivery available.



Visit the Palm Tree Bistro on site, celebrating quality Cornish ingredients, some grown in the nursery!

Less than 30mins from St Ives, TR13 9ND

01736 763880 | trevenacross.co.uk

Out on the Towans

Making the most of the summer days

by Sara Dowler, Friends of the Towans Volunteer Coordinator



July and August usually see the Towans in full summer mode, with plants and animals trying to make the most of the long day length and warm weather to reproduce and build up a food store to see them through the winter months.

Alongside this, the Towans are also busy with us humans out and about in full force. Right now, I'm also feeling the fleetingness of summer and find myself wanting to make the most of this burst of light, warmth and summer energy! It feels such a contrast to the cold, stormy days of winter, when you have to pay so much more attention to get just a little glimpse of wildlife.

After our guided bird and plant walks in June, I've been inspired to really try and slow down, so I can take a closer look at all that's around. It's so easy to get caught up in rushing from place to place, and not really noticing our surroundings and much of the amazing wildlife which we're so lucky to have on our doorstep.



On our rush to the beach, it's easy to take the Towans for granted – but they are an important place in their own right. Most of Cornwall has acidic soil, derived from the underlying granite. By contrast, the dunes have calcareous soil, made from lime-rich shell sand. This nutrient-poor soil supports a much greater diversity of plants – over 300, one-fifth of all Cornwall's plant species, growing on less than 2% of Cornwall's land area!

This diversity of plants goes on to support a wide diversity of insects, birds and mammals – and you can come explore some of this amazing wildlife with us:

On Tuesday 2nd July, we have a guided butterfly walk at Upton Towans. One-fifth

of the UK's most protected butterfly species can be found on the Towans and we hope (weather permitting!) to see some of them, especially the stunning silver-studded blue butterfly. Then on Monday 15th July, we have a guided glow-worm walk. This curious little creature is actually a small beetle, and to me, they seem quite magical, being able to make their own light! It's the flightless adult females that do most of the glowing, climbing up tall plant stalks to produce a green light to attract a flying male to mate with.

Other wildlife to watch out for over the summer include the red and black six-spot burnet and cinnabar moths; the yellow and black striped cinnabar moth caterpillars, which are often found feeding on ragwort plants; the tiny bursts of orange of small copper and gatekeeper butterflies; the larger orange of dark green fritillaries; and in late July and August, the dazzling common blue butterflies. In the plant world, you'll see the almost other-worldly, blue-tinged spiky globe-shaped flowers of sea holly, and the striking blue viper's bugloss flowers, which grow around disturbed ground, particularly rabbit burrows.

To find out about our activities and events, and how you can get involved, visit Friends of the Towans on Facebook, email friendsofthetowans@gmail.com or visit www.friendsofthetowans.org.uk





- Coffee & Cake
- Breakfast Lunch Dinner
- Sunday Carvery
- Weddings
- Functions & Events
- Under 5's Soft Play

01736 808754

For prices & opening times, please see www.coastbeachside.co.uk



Join us for stunning panoramic views of **St Ives Bay** from the terrace of our restaurant & bar



WELCOMING NON-RESIDENTS

Soft play drop-in sessions
Wednesdays 9am to 1pm
Senior lunch club
Fridays 12pm to 3pm

Coast Kitchen-Bar-Terrace,
Beachside Holiday Park,
Hayle, Cornwall, TR27 5AW






N O U R I S H

P A N T R Y T O P L A T E

HOME MADE CAKES
SAVOURY FOOD • DRINKS
WHOLEFOOD • VEGAN FOOD
REFILL SHOP • AND MORE

Unit 7-8, The Old Foundry Chapel,
Chapel Terrace, Hayle. TR27 4AB

ula

CLOTHING & LIFESTYLE




Shop online at www.ula.online



The Old Foundry Chapel
11-13 Chapel Terrace,
01736 755543

#SHOPLOCAL

Follow us to keep up-to-date with events and special offers

@ulaclothing






Sandy Shores

Gifts for all occasions
with love from Cornwall

£5 off all purchases over £50 with this voucher.

Find us along with lots of other fabulous shops at The Old Foundry Chapel in Hayle, or if you live further afield shop Cornish gifts at www.sandyshoresgifts.co.uk






THE COPPERHOUSE CLINIC

5 Market Square, Hayle, Cornwall. TR27 4EA. T: 01736 757524

www.thecopperhouseclinic.co.uk



GAIT ANALYSIS

LOWER LIMB
BIOMECHANICS

LAB MADE
PRESCRIPTION
ORTHOTICS

HCPC REGISTERED

CHIROPRACTIC

GCC REGISTERED

CHIROPODY

&

PODIATRY

LASER
TREATMENTS

HCPC REGISTERED



Coastal Ear Health

Ear wax removal
The Old Stennack School, St Ives
Audiologist with 25 years experience

£35 for one ear | £50 for both
£20 Ear health check

Free follow ups if needed
Home visits available



📞 Call Becky 07766 590729

🌐 www.coastalearhealth.co.uk

Reach more local customers in 2024



Book for our next issue, including
September Festival details, and reach
thousands households and businesses

📞 07444 199081

✉ hello@stiveslocal.uk

Bay Fitness and Yoga: Exercise sessions in the summer sun

Bay Fitness and Yoga consists of father and son team, Sean and Harry Sims.

Both are qualified gym instructors and personal trainers, and Sean has been teaching yoga since 2019. After re-locating to St Ives, they have been promoting their unique brand of exercise throughout the town, and are looking forward to a busy summer.

"When you live in such a beautiful part of the country, it makes sense to spend as much time outside as possible, and there is something very special about being part of a yoga class or fitness session when you're surrounded by the sights and sounds of nature," says Sean. "Harry and I are both passionate about giving as many people as possible the opportunity to participate

in physical activity, and to enjoy the potential health benefits to both body and mind that can come as a result.

"We have had such a positive response from the local community, and have been given the chance to run outdoor sessions from some of the town's most picturesque locations, including Tregenna Castle Resort, and above West at Porthmeor Beach. What better way to start your day than a strength and conditioning or yoga class in the sunshine overlooking the beach, followed by a nutritious breakfast at West?"

Locals and visitors: To join a session, or to ask about 1-2-1 or private groups, contact Sean via Instagram [@bayfitnessandyoga](#) or on **0777 1717218**.



yes
you can
with
Slimming
World



TUESDAY

Hayle

Hayle Day Care Centre
Commercial Road, TR27 4DE
3.30pm, 5.30pm & 7pm
Tel: Carole 07742 972714

WEDNESDAY

Hayle

Hayle Rugby Club,
Marsh Lane, TR27 4PS
9.30am & 11am
Tel: Anna 07714 784032

WEDNESDAY

St Ives

St John in the Fields Church
Parc An Stamps, TR26 2HG
5.30pm & 7pm
Tel: Trisha 07813180075

FRIDAY

Carbis Bay

Carbis Bay Memorial Hall
Trewartha Estate, TR26 2TA
8am & 9.30am
Tel: Trisha 07813180075

SATURDAY

Leedstown

Leedstown Village Hall
Carsize Lane TR27 6FJ
7.30am, 9am or 10.30am
Tel: Susie 07813523072

read Abby, Joe and Sapphire's stories here
slimmingworld.co.uk

Slimming[®]
-WORLD-
touching hearts, changing lives

St Ives Archive: Cryséde – silk frocks made on the Island

by *Jan Harris*

I could never understand why some people made such a fuss about a dress factory on the Island, here in St Ives. How on earth could that be interesting? Well, I've recently taken the trouble to look into this subject – and I hope you find it as fascinating as I now do!

It was suggested to me that the opening of the Cryséde factory meant that young women in both St Ives and Newlyn (where Cryséde started) had something more interesting – exciting even – to do than working in local shops or gutting fish. I remember one of our neighbours, who lived in Parc Bean, using a treadle sewing machine. Her feet went 'like the clappers'. Only recently I discovered that she had learned her trade working at Cryséde in the 1930s and early 1940s.

The Cryséde story began with the opening of a workshop in Newlyn in 1918 by Alec Walker, son of a Yorkshire mill-owner. In 1912, Alec had been given a small, rundown mill by his father, and he began producing silk garments, which he continued to do when he moved to Newlyn. The Cryséde company was founded in 1921. The fabrics produced gained a national reputation, and after Alec employed his friend, Tom Heron, as manager of the company, it went from strength to strength.

In 1926, the company transferred to larger premises on the Island. An article in the St Ives Times wrote of the arrival as "this interesting and wonderful factory", and expressed a hope that the town would extend a hearty welcome to the firm. This they did, with girls desperate to work there, especially as staff facilities were excellent. By 1930, there were around 120 employees.



Working in the Cutting Room

The dyeing and finishing of the silk was carried out using old pilchard tanks, specially adapted – and thoroughly cleaned, one would hope! Alec's designs were printed using wooden blocks, approximately a foot square. This was a delicate and time-consuming process, which explains why the garments were so expensive.

Alec often went to nearby villages to make sketches to convert into patterns. Designs also featured ballet dancers, flowers, birds and dogs. Later, the company took on George Criscuolo as another designer, and he created many new styles. The garments were sold countrywide, including in Bond Street in London, and through mail-order catalogues.

Sadly, Cryséde went into liquidation in around 1940. Alec Walker's first marriage had ended in 1929; in 1933 he married again and moved back to Yorkshire, but this marriage also ended in divorce. He then moved to Falmouth, where he died in 1964.

Currently, there are exhibitions of Cryséde garments at St Ives Museum, Hayle Heritage Centre and the Royal Cornwall Museum in Truro. Penlee House Gallery and Museum in Penzance always has some of the clothes on display, as a permanent celebration of this very special company.



St Ives Archive is based at Wesley Methodist Church, St Ives Road, Carbis Bay, St Ives, TR26 2SF. For information about current opening hours, phone 01736 796408, email admin@stivesarchive.org, or visit www.stivesarchive.org. The Archive opened in 1996 and is staffed by volunteers. We are always looking for people to join our enthusiastic team – there are opportunities to learn new skills, carry out research, assist visitors and take part in fundraising events. We offer a valuable service for anyone wishing to obtain historic information about the town. The Archive holds over 35,000 photographs and numerous documents covering fascinating subjects such as art, maritime heritage, tourism and traditional customs, and we also have extensive resources relating to the history of St Ives families. Why not come and visit us?

Registered charity number 1136882

ANIMAL VETS



- Family run practice established more than 30 years
- **24 hour emergency service**
- see our website www.animalvets.co.uk for exact details
- Excellent Pet Health Club available for cats, dogs and rabbits
- Full range of the modern equipment
- Full surgical and medical facilities



We have relocated from Carbis Bay to larger premises in Lelant. We have the same phone number and opening times.

18 Fore Street Copperhouse Hayle, TR27 4DY Tel: **01736 755 555**
 Units 1 & 2 Trevenwyth Rural Workshops, St Ives Road, Lelant, TR26 3EU
Tel: 01736 796088
www.animalvets.co.uk



Troubled with ear wax or poor hearing?

Ear Love provides safe and effective removal of ear wax. Professionally trained and fully insured, using the latest microsuction equipment.

Located in Hayle, at Coastal Aesthetics Clinic.
 Contact for information and prices:

07907 932024

Ear love-lorna
ear-love@hotmail.com



ST IVES FOOTCARE

We care for your feet

- Corns & calluses
- Hard skin removal
- Fungal treatment
- Thickened nails
- Nail cutting
- Toenail reconstruction
- Toenail recorection
- Medi-Pedi available



CLINIC every Tuesday 12 - 5pm

St Ives RFC, TR26 1ER (FHP registered, SAC. Dip)
 To book appointment, call: **07946 117 007**
 or E: stivesfootcare@outlook.com (& home visits)



Our community is working hard to provide affordable rental flats at Old Vicarage Flats in Street an Pol

And our new project is acquiring **Bible Christian Chapel** to provide affordable workshop studios in St Peter's Street

For further information, find us at 1a Bedford Road or visit www.stivesclt.org.uk

This checklist will help you to avoid nasty surprises

By Rob Bullock


Whether you're a homeowner or a landlord, late summer is a great time for property maintenance. Undertaking repairs now will save you time and money in the long run. Here are some August property tasks to wrap up summer.

Taking stock, making plans, calling a professional or visiting the DIY store will make sure your property is in tip top condition for later in the year. The first thing to do is take stock. Have a good look around your property, get up high and get down low. Carefully inspecting your home or let now will save a lot of effort and cost in the long run. Carefully inspect the pipes in your property, checking for leaks and making sure any that are in exposed places are well insulated. Getting a professional to give your property the once over now could save a lot of money later. Damp is bad for your property, for your health, and the health of tenants. Take the time to repair any issues with air vents. Make sure any extractor fans are working properly and make sure that your air bricks are clear. Repairing a broken or damaged slate or tile is a small job now, but if it is not done it can cause a big problem. Make sure your roof is moss free as this will slow down water exiting, and make sure any gutters are free of dirt and detritus. Chimneys always get a battering from the weather. Check cowls, brick or stonework and mortar. Water and damp can easily get into a property, but by checking the state of your exterior walls, the brick or stonework, your windows and doors, you can a step ahead of any problems. Many jobs are easy and straightforward and a trip to the DIY store can keep cost




low. But a registered professional who has years of experience could also save you in the long run.


• Visit our new property section on our website: stiveslocal.uk/property



CROSS
Estates



Estate Agents St Ives
T: 01736 793939
CROSSESTATES.CO.UK





Hire Linen Service

Are you ready for the holiday let season?



**CONTACT
US
TODAY**



**PRICES START
FROM - £6.49
FOR A
COMPLETE SET
OF BEDDING!**

01209 204640
07773 940520

hayley@ljlaundryservices.co.uk
hirelinen@ljlaundryservicesltd.co.uk
Whatsapp - 07773 940520
Instagram - ljlaundryservices
Facebook - LJ Laundry Services LTD



www.hearingservicescornwall.co.uk

Get back the Real sounds of life

**FREE
TV STREAMER**
with every Oticon
Real purchase
by quoting
OTTV



With Oticon Real, you get a hearing aid that works more like how your brain works because it has learned through experience - instantly adapting to changes, keeping you at your best wherever life takes you.

Oticon Real hearing aids are available from Hearing Services Cornwall.

**FREE HOME VISITS covering Cornwall –
call 0787 218 3742 now to book your appointment!**

Local Independent Hearing Aid Audiologist – Richard Bunce
0787 218 3742 | ears11@sky.com

Home visits plus appointments also available:

- Every Wednesday - Cornish Podiatry Clinic, 138/140 Alexandra Road, St Austell, PL25 4QJ
- Every Thursday, Kernow Ear Health, Wilyams House, 63b Fore Street, St. Columb, TR9 6AJ



Wootton Improvements

PROPERTY MAINTENANCE

We Specialise In:

Carpentry, General Building, Landscaping
& All Aspects of Glazing Repairs & Installation

Based in Lelant, St Ives

CALL FOR A FREE QUOTE AND ADVICE

T: 01736 339 294 M: 07902 857 658

woottonimprovements@outlook.com



Your Trusted Local Installer



Windows



Doors



Conservatories

St. Ives
Windows
Doors & Conservatories



Call Graham & Paul today
on **01736 798964** or visit
www.stiveswindows.co.uk



Coffee Time Puzzles

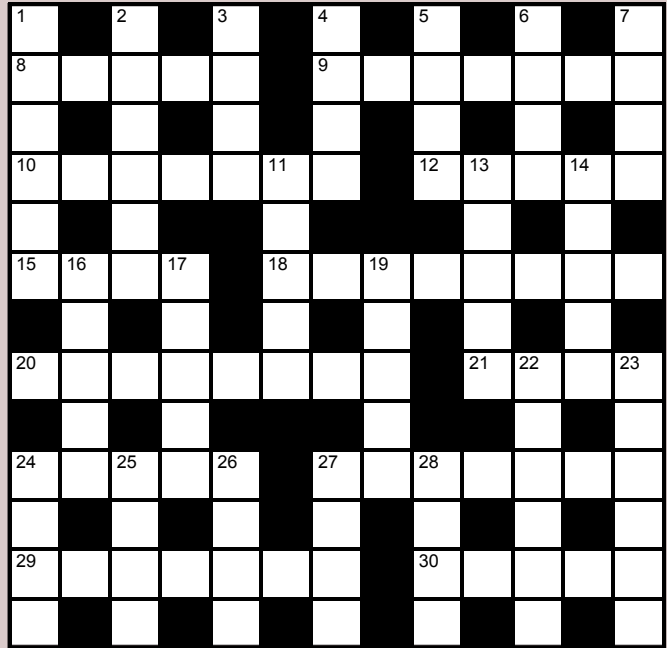
Quick Crossword

Across

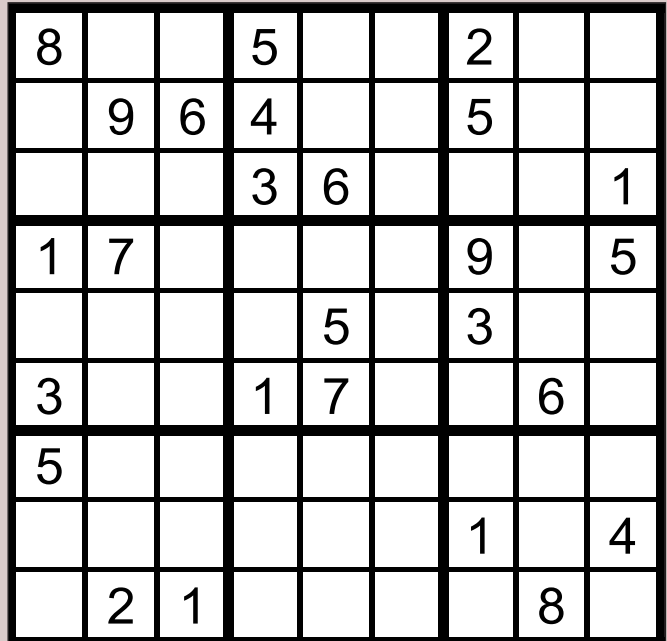
- 8 Diminish (5)
- 9 Lie (7)
- 10 Swift horse (7)
- 12 Member of the nobility (5)
- 15 60% of us live here (4)
- 18 Ghosts (8)
- 20 Breaks (8)
- 21 Masticate (4)
- 24 Residence (5)
- 27 Shutting (7)
- 29 Israeli financial centre (3,4)
- 30 Foot-operated lever (5)

Down

- 1 Species of goose (6)
- 2 Largest Western Samoan island (6)
- 3 Speciality food shop (4)
- 4 Undoing (4)
- 5 Stump (4)
- 6 Sound of feline contentment (4)
- 7 At that time (4)
- 11 Passageway (5)
- 13 Ancient Mexican (5)
- 14 Corpulent (5)
- 16 Indian form of address (5)
- 17 Behaved (5)
- 19 Artist's support (5)
- 22 Coiffure (6)
- 23 Move back and forth (6)
- 24 Against (4)
- 25 Sole (4)
- 26 Covetousness (4)
- 27 Guinea pig (4)
- 28 Exclamation of mild dismay (4)



Sudoku



Saints
funeral services

Local Independent Family Business



- Private Church & wake facilities
- Religious/Non Religious Welcome
- Pre-Paid Funeral Plans

St Ives & Hayle
01736 447070
www.saintsfunerals.co.uk



Sweet Williams Florist



Why not treat your loved one to something special?
We design beautiful bespoke bouquets and arrangements,
which can include balloons, teddy bears and chocolates,
for that little something extra!
Delivery available.

Mobile: 07928 100690
Landline: 01736 740644
Email: rasmear16@gmail.com
www.sweetwilliamsflorist.com



TP Wills & Probate.
Wills and Estate Planning Consultants.

**“Where there is a will there
is a way to protect your family”**

* WILLS * TRUSTS
* ADVICE FOR SENIOR CITIZENS
* POWER OF ATTORNEY
* PROBATE ADVICE
* CARE FEE PROTECTION

Call on
**07775 933764 or
01736 851142**




**Confidence to Care for
all your Legal Needs**

CVC
Solicitors

- Residential Property
- Commercial Property
- Wills, Probate & Trusts
- Inheritance & Tax Planning
- Landlord & Tenant
- Matrimonial
- Dispute Resolution
- Employment Advice
- Leases
- Statutory Declarations

enquiries@cvc-solicitors.co.uk Tel: 01736 362362 or 795456
www.cvc-solicitors.co.uk Monday-Friday 9am-5pm
Offices at St Ives, Penzance & Hayle Free Client Parking in St Ives

CLEANIMAGE

**Commercial, domestic and
environmental cleaning service.**

Carpets & Upholstery - Full house cleans
Kitchen extraction systems - Kitchen cleans
Holiday let cleaning and weekly waste collection
After build cleans

t: 01736 757812 m: 07867 576826
ian@cleanimage-ipc.co.uk
www.cleanimage-ipc.co.uk

Crossword Answers

Sudoku Answers

1	C		2	S		3	D		4	R		5	S		6	P		7	T
8	A	B	A	T	E				9	U	N	T	R	U	T	H			
	N		V		L				I			U		R		E			
10	A	R	A	B	I		11	A	N		12	B	13	A	R	14	O	N	
	D		I		I							Z		B					
15	A	16	S	17	A		18	S	P	E	C	T	R	E	S				
		A		C		L		A			E		S						
20	S	H	A	T	T	E	R	S		21	C	22	H	E	23	W			
		I		E				E				A			A				
24	A	B	25	O	D	26	E		27	C	L	O	S	I	N	G			
	N		N		N			A			O		R		G				
29	T	E	L	A	V	I	V		30	P	E	D	A	L					
	I		Y		Y		Y			S		O		E					

8	1	3	5	9	7	2	4	6
2	9	6	4	1	8	5	7	3
7	4	5	3	6	2	8	9	1
1	7	4	6	8	3	9	2	5
6	8	9	2	5	4	3	1	7
3	5	2	1	7	9	4	6	8
5	6	8	9	4	1	7	3	2
9	3	7	8	2	6	1	5	4
4	2	1	7	3	5	6	8	9

Liz's Quizzes, answers

1. Madrid; 2. Avril Levigne; 3. Rolo; 4. Christopher; 5. Halifax; 6. March; 7. Two; 8. Jupiter; 9. David Bowie; 10. France; 11. Peter Pan; 12. Switzerland; 13. BMW; 14. Wilson; 15. Two; 16. 25; 17. Sulpheric; 18. Gavel; 19. Suggs; 20. Black and white.

Local Directory

Arts and culture					
Barnoon Arts	21	Herland Roots	13	Legal services	
Nicole Tesseyman	17	Jus' Desserts	5	CVC Solicitors	53
St Ives Museum	37	Nanny's Fish Spice	14	Leisure	
St Ives School of Painting	31	Nourish	43	Four Sisters Boat Trips	5
St Ives September Festival	27	Quay Kitchen	15	Motoring	
Builders' Merchants		Salt Kitchen Bar	15	Hayle Car Wash & Valeting	7
Ocean Supplies	55	Una	17	Pets	
Charities		Funeral Directors		Animal Vets	47
Kernow Connect	25	Saints Funerals	53	Professional services	
RNLI	19	Hairdressing		L J Laundry Services	49
Childcare		Carbis Bay Salon	7	Property	
Daisy Fays Nursery	7	Health and Fitness		Cross Estates	48
Community organisations		Coastal Ear Health	44	Shopping	
St Ives Community Land Trust	47	Copperhouse Clinic	44	Cornish Tech House and Vape	37
St Ives Library	9	Ear Love	47	Jo Downes	34
Floristry		Endrian Yoga	23	Kirsty Bridgewater	34
Flowertime	37	Sean Sims	45	Lowerdeck	5
Sweet Williams	53	Slimming World	45	Makers Boutique	43
Food and Drink		St Ives Food Intolerance	7	Sandy Shores	43
Beachside	43	St Ives Footcare	47	St Ives Farmers' Market	13
Bier Huis Grand Café	13	Holiday accommodation		Ula Clothing & Lifestyle	43
Bre	15	Carbis Bay Holidays	35	Taxis	
The Cabin Beach Café	3	Cornish Riviera Holidays	11	A1 Cars	5
Crafted	5	Homes and Gardens		Travel	
Engine Inn	17	Clean Image	53	Isles of Scilly Travel	2
The Fish Shed	48	CTG Windows	51	Wills and Estate Planning	
The Halsetown Inn	15	Trevena Cross	50	TP Wills and Probate	53
		Wootton Improvements	50		



OCEAN SUPPLIES LTD
ST IVES



Your Local Independent Builders Merchant. Trade & General Public Welcome.

We stock a large variety of building materials at competitive prices.

**Timber - Decking - Fence panels - Decorative aggregates -
Plumbing Electrical - Ironmongery - Tools and more...**

Free delivery direct to your door.

Workwear Showroom.

Workwear & Safety Footwear

CARHARTT - SCRUFFS - DICKIES - OCEAN MARINE WEAR - BASE

Visit or give us a call today.

01736 796564

Ocean Supplies (St Ives) Ltd

Unit 2A | Penbeagle Industrial Estate

St. Ives | Cornwall TR26 2JH



www.oceansuppliesltd.com



the fish shed.

Bringing fresh, local, sustainable seafood back to the beach in St Ives. Bold and inventive flavours with a unique cocktail menu and wine list to match.

Follow our social media accounts or visit our website for more information on events, opening hours and to book a table.



Sample menu.

Salt and pepper nuts
Gordal olives
Prawn crackers / sweet chilli
Local Oyster / yuzu ponzu / jalapeño / ikura
Prawn cocktail / XO Marie rose
Sea trout pastrami / gherkin ketchup
Smoked mackerel scotch egg / rhubarb ketchup

Soy glazed Pork cheek / lobster bisque / gala apple
Fish tikka kofta / gochugaru slaw / coriander wild garlic / flatbread
Battered octopus / 'chip shop' curry sauce
Korean fried hake burger / bbq sauce / gochugaru slaw / brioche bun
Cornish plaice / wild garlic cafe de paris butter
The no fish finger sandwich / seaweed tartare sauce

Sides:

Cheesy chips / grated manchego / truffle
Smashed cucumber salad / wakame / furikake
Grilled hispi cabbage / miso / sesame
Crispy Miso potatoes / XO cocktail sauce



Porthmeor beach
St Ives
TR26 1JZ



www.thefishshedstives.co.uk